



# VAPING ADDICTION SOON TAKES HOLD OF THEM

Vapes can contain nicotine and may quickly become harmfully addictive for children and young people. Affecting their mood, their mental health, and their sleep.



Get the facts at  
[www.pha.site/vaping](http://www.pha.site/vaping)



Public Health Agency [www.publichealth.hscni.net](http://www.publichealth.hscni.net)