

Our plan for the next 4 years from 2017 to 2021



What is this plan about?



We are called the **Public Health Agency**.



We work to make sure **everyone** in Northern Ireland can be healthy and have a good life.



At the moment, this is not always happening.

For example, some people are less healthy than others.



Some good work has been done to change this. But there is much more to do.

This plan is about the things we will work on in the next 4 years.



There are other big plans that we need to think about as well.

For example, some plans about health called:

- Health and Wellbeing 2026: Delivering Together
- Making Life Better



We asked lots of people what they thought before we made this final plan.

What will we work on?



There are **5** main things that we want to happen.

We will start work on these things in the next 4 years.



We will work with lots of other people and groups to do this.

For example, people who get healthcare and carers.



We will check how our work is going and what needs to change.

We will use good information to help us know how we are doing.



Now you can find out about the 5 things and how we will make them happen.

1. All children and young people have the best start in life



Things we will work on:

- Helping all children and young people to be healthy and happy.



This means having good healthcare and information for all children and young people and their families and carers



- Helping children and young people early on, while they are young.

This will help them have a better life later on.



- Good tests to check that pregnant mothers and babies are healthy.



Things we will work on:

- Better support for parents and carers to give their children the best start in life.



- Stopping children and young people from getting ill.

For example, by making sure they get injections to stop them getting some illnesses.



- Helping schools and nurseries to be healthy and safe from germs.

2. All older people have a healthy and good life

Things we will work on:



- Helping older people have a better and healthier life.

For example, there may be better ways to help older people meet new friends or look after their health at home.



- Making sure older people get the right mental health care if they need it.



- Making sure older people get the right injections and tests to check their health and stop them from getting ill.

3. Everyone can have a long and healthy life

Things we will work on:



- Helping people look after their health.

For example, by giving people better information about how to be healthy.

And doing more to help people be healthy. For example, to stop smoking, keep fit and look after their bodies.



- Finding out any health problems early on.

For example by making sure people can have tests to check their health.

And helping more people know about the tests they can have



- Helping people feel happy and well so they don't have mental health problems.

4. Healthcare is good and safe for everyone

Things we will work on:



- Making sure people who get healthcare and carers have a big say about healthcare in Northern Ireland and how to make it better.



- Making sure staff have the right skills to work with everyone in this way.



- Helping to stop MRSA and other infections.

MRSA is like an illness. People can get it in places like hospitals or care homes.



- Sharing good information and helping people work in the best way.

5. We work in the best way

Things we will work on:



- Making sure we can act straight away if something big happens.

For example, if lots of people get ill with the same thing at once



- Giving our staff the support they need at all times.



- Using good information to help us know what to do.

And helping to get new information when we need to.

Things we will work on:



- Having enough staff to do our work.
- Making sure staff have the right skills.



- Working in the best way we can and making good decisions.



- Giving the public and other people good information about our work.

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