

# Needle and Syringe Exchange Service



### What is it?

The Needle and Syringe Exchange Service is a free, confidential service for people who inject drugs. You can get new, sterile injecting equipment through the service. This reduces your risk of catching viruses, like HIV and hepatitis B and C, which are spread by contact with infected blood. The service also disposes of used equipment safely, which reduces the risk of other people coming into contact with these viruses via used needles or syringes. Most services are run through community pharmacies.

## Who can use it?

If you inject drugs of any sort, you can use a needle and syringe exchange service. This includes opioids, steroids, stimulants and tanning solutions. You do not have to commit to any treatment to use the service, although the staff will be happy to help you access other services at any time if you want.

## What else does the service do?

The service can offer advice, information and support to help you reduce your risk of harm from injecting. If you have needs in other areas, such as housing, alcohol use, mental or physical health problems, it can also help you to access other support services.

## What can I expect at an exchange?

You will be treated in a respectful manner at all times by all staff and your exchange will be confidential. It is also expected that you will behave in a respectful way towards staff and other clients at all times.

You can get advice or written information on:

- blood borne viruses
- safer injecting
- hepatitis B immunisation
- overdose prevention
- naloxone (a medication which can save lives by reversing the effects of opioid overdose)

You can get sterile needles and syringes for injecting, and associated materials, such as condoms, citric acid, sterile water and swabs, along with sharps containers (cinbins) for returning used equipment in.

Needle exchange providers will work with you to make sure you have enough equipment for your needs. If you want more than one pack or extra needles because you live far away and find it hard to get to the pharmacy, or because you are getting packs for friends, then tell your pharmacist so they can give you extra packs.

If you don't plan to use all the equipment in a pack, please tell your pharmacist so they can open it and you can take only what you need. This saves you having to dispose of what you don't use, and also saves money because expensive equipment is not being thrown away.

It is really important that you return your needles so they can be disposed of safely. Before bringing them to the pharmacy, put them in your small black cinbin, and make sure it is properly sealed.

## Where is my nearest service?

There are 21 pharmacy-based services currently operating across Northern Ireland – find one in your



area below. Pharmacies that provide this service will have a window sticker on display.

#### Pharmacies funded by PHA to provide needle exchange

Belfast				
Chemist Connect	TA Maguire Ltd			
(Self-select model)	(Self-select model)			
59 High Street	3 Beechmount Avenue			
Belfast	Belfast			
BT1 2AB	BT12 7NA			
Tel: 028 9023 1002	Tel: 028 9032 0590			
South Eastern				
<b>Clear Pharmacy</b>	Gordons Pharmacy			
42 Newtownards Road	31 Market Street			
Bangor	Downpatrick			
BT20 4BP	BT30 6LP			
Tel: 028 9127 1820	Tel: 028 4461 2014			
Gordons Pharmacy	Gordons Pharmacy			
54-56 Bow Street	2A Regent Street			
Lisburn	Newtownards			
BT28 1BN	BT23 4LH			
Tel: 028 9267 4747	Tel: 028 9181 3217			

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Boots the Chemists	Boots the Chemists
Ballymena Health Centre	2-12 Queen Street
Cushendall Road	Harryville
Ballymena	Ballymena
BT43 6HQ	BT42 2BB
Tel: 028 2531 3140	Tel: 028 2564 5994
Boots the Chemists	Boots the Chemists
Abbeycentre, Longwood Road	8 High Street
Newtownabbey	Antrim
BT37 9UH	BT41 4AN
Tel: 028 9036 5910	Tel: 028 9446 2224
<b>Boots the Chemists</b>	Boots the Chemists
26-28 Church Street	5-7 James Street
Coleraine	Cookstown
BT52 1AR	BT80 8AA
Tel: 028 7035 6666	Tel: 028 8676 6176
Southern	
Northern Pharmacies Ltd	Boots the Chemist
Brownlow Health Centre	15 Scotch Street
Craigavon	Armagh
BT65 5BE	BT61 7BY
Tel: 028 3834 1462	Tel: 028 3752 3199
<b>McKeagney's Pharmacy</b> John Mitchel Place Newry BT34 2BP Tel: 028 3026 2606	

Western	
Lloyds Pharmacy	Superdrug
1 Ebrington Terrace	Ferryquay Street
Derry/Londonderry	Derry/Londonderry
BT47 6JS	BT48 6JS
Tel: 028 7134 2454	Tel: 028 7126 3334
Lloyds Pharmacy	Gordons Pharmacy
28 Belmore Street	Unit 2, 57-61 Main Street
Enniskillen	Limavady
BT74 6AA	BT49 0EP
Tel: 028 6632 2202	Tel: 028 7776 3438
Mourne Pharmacy (Medicare) 8A Beechmount Avenue Strabane BT82 9BD Tel: 028 7188 5548	

## Can I exchange needles and syringes anywhere other than at a pharmacy?

There are many people injecting drugs who, for a range of reasons, do not use pharmacy needle exchanges. Local outreach teams and Low Threshold services can also provide needle and syringe exchange services, as well as advice and information on reducing your risk of harm from drug or alcohol use. Like the pharmacies, they can also help you to access other support services or treatment.

## Non Pharmacy providers funded by PHA to provide needle exchange

Belfast	
Belfast Drug Outreach Team Drug Outreach Service 159 Durham Street Belfast BT12 4GB Tel: 028 9504 1433	Extern (funded, in conjunction with Belfast City Council, to collect discarded injecting paraphernalia in Belfast) Street Injectors Support Service 3 McKinney Road Newtownabbey BT36 4PE Tel: 028 9033 0433
Extern Community Based Needle Exchange service 9 Rosemary Street Belfast BT1 1QA Freephone: 0800 085 8426	Belfast Inclusion Health Service BHSCT 28 Townsend Street Belfast BT13 2ES

#### Northern

NHSCT Community Addiction Service 105A Railway Street Ballymena BT42 2AF Tel: 028 2531 7162

#### Low Threshold Services funded by PHA

#### **Belfast**

Belfast Drug Outreach Team Drug Outreach Service 159 Durham Street Belfast BT12 4GB Tel: 028 9504 1433

#### South Eastern

Simon Community 2 Flush Park Lisburn BT28 2DX Tel: 074 3575 4307 / 074 3575 4302 / 074 3575 4301

#### Northern

Extern 106 Bridge Street Ballymena BT43 5EP Tel: 028 2565 4012

#### Southern

#### Extern

53 Church Place Lurgan BT66 6HD Tel: 074 2347 4844

#### Western (Consortium)

Derry Area DePaul, Foyle Haven 23a John Street Derry/Londonderry BT48 6JY Tel: 028 7136 5259 / 028 7126 0839

#### Limavady Area

First Housing 28A Bishop Street Derry/Londonderry BT48 6PP Tel: 028 7137 1849

#### Fermanagh and Omagh Areas

Arc Healthy Living Centre 116-122 Sallyswood Irvinestown BT94 1HQ Tel: 028 6862 8741





Telephone numbers can change – if you cannot get through on the numbers listed, you can find contact details for your local service at www.drugsandalcoholni.info in the section "Services near you".



#### **Public Health Agency**

12-22 Linenhall Street, Belfast BT2 8BS. Tel: 0300 555 0114 (local rate). www.publichealth.hscni.net



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