



Calendar of events

A calendar of events to demonstrate action being taken by the Public Health Agency and partners in the statutory, voluntary, community and academic sectors to address health inequalities and the wider determinants of health.

Wednesday 27 October 2010 – Wednesday 24 November 2010

<i>Date and time</i>	<i>Venue</i>	<i>Title, host(s), booking details</i>	<i>Summary</i>	<i>Target audience</i>
Tuesday 26 October 11.00am	Bridge of Hope 164 Duncairn Gardens, Belfast	<p>Title: Inner North Belfast Neighbourhood Renewal community health audit launch</p> <p>Lead organisation(s): Inner North Belfast Neighbourhood Renewal Partnership health sub-group</p> <p>Details: Free</p> <p>Booking: Irene Sherry, Bridge of Hope Tel 028 9074 6737</p>	Launch of the Inner North Belfast Neighbourhood Renewal community health audit. This event will be addressed by a senior Public Health Agency representation. The report looks at health inequalities and how the balance can be redressed.	Community, voluntary and statutory organisations working within a health and wellbeing field.
Wednesday 27 October 9.30am to 4.30pm	Hilton Hotel Lanyon Place Belfast 	<p>Title: Inequalities in health: time for action</p> <p>Lead organisation(s): Led by the Community Development and Health Network (CDHN) in partnership with the Public Health Agency.</p> <p>Details: Free</p> <p>Closing date: 8 October 2010</p> <p>Booking: Caroline McNulty, CDHN 30a Mill Street, Newry, BT34 1EY Tel : 028 3026 4606; Fax: 028 3026 4626 Email: carolinemcnulty@cdhn.org</p>	To demonstrate the effectiveness of applying a community development approach to tackling the root causes of health inequalities in Northern Ireland, and using this to inform the agenda for future action.	This conference will appeal to all workers with a remit for tackling inequalities in health. Participants will include representatives from the community, voluntary and statutory sectors as well as academics, policy makers and local and public servants.
Wednesday 27 October 10.00am to 4.00pm	Church Hall Coalisland	<p>Title: Electric blanket roadshow</p> <p>Lead organisation(s): Southern Health and Social Care Trust and Home Accident Prevention (Dungannon Group)</p> <p>Details: Free</p> <p>Booking: Rebekah Van Scoy, SHSCT 028 3834 4973</p>	Old or damaged electric blankets cause more than 5,000 fires a year. Make sure your electric blanket is safe...Why not book an appointment to have your electric blanket checked? Should your blanket fail the test, you will be given a £15 voucher to go towards the purchase of a new one. There has been a 65% failure rate this year in the Southern Trust.	This event will be of interest to individuals, families and communities across the Southern Trust area who are faced with inequalities in health through disadvantage, ethnicity or disability.

<p>Wednesday 27 October</p> <p>2.00pm</p>	<p>Footprints Women's Centre, Belfast</p>	<p>Title: Launch of Building a Transition Community initiative</p> <p>Lead organisation(s): Footprints Women's Centre</p> <p>Details: Free</p> <p>Booking: Contact Carla Carla@footprintswomenscentre.com Tel 02890923444</p>	<p>This project involves developing part of the grounds at Footprints Women's Centre to grow fruit and vegetables. A local gardener trains local residents with food growing skills and the residents are encouraged to volunteer in the kitchen garden. Produce is used in Footprints Catering Services. This project is one of seven across Ireland which received funding from SafeFood aimed at promoting greater access and availability of healthy food to those on low incomes. Skills learned by the volunteers will also be transferred to their own gardens at home in the Colin Neighbourhood.</p>	<p>Community organisations, health professionals and environmental organisations.</p>
<p>Various dates throughout October and November</p>	<p>Various venues in southern area</p>	<p>Title: REACH Project</p> <p>Lead organisation(s): Southern Area Health and Social Care Trust</p> <p>Details: Free</p> <p>Booking: Local REACH team: Armagh and Dungannon – Ellie Morton Tel: 028 8772 9690 Craigavon and Banbridge – Stephen Dallas Tel: 028 3839 2777 Newry and Mourne – Donna Sloan Tel: 028 3026 1022 Or www.promotingwellbeing.info/reach for more information</p>	<p>The REACH project is funded by Big Lottery Fund to empower and build the capacity of individuals, families and communities across the Southern Trust area who are faced with inequalities in health through disadvantage, ethnicity or disability, to improve their health and wellbeing through interaction with, and improvement of their environment.</p> <p>A series of community lifestyle programmes and other activities will be taking place in localities across the Trust.</p>	<p>BME groups including Travellers.</p>

Wednesday 27 October	Aisling Centre Fermanagh	<p>Title: It's all about me</p> <p>Lead organisation(s): Western Health and Social Care Trust and Me Unltd.</p> <p>Details: Free. Each course will run on consecutive weekday from starting dates listed for eight weeks.</p> <p>Booking: Noreen Kettyles on 07795 096861 Email: info@meunltd.org Or contact Cathy Magowan, Tel: 6634416 cathy.magowan@westerntrust.hscni.net (for Omagh/Fermanagh) or Lee McDermott: Tel: 028 7127 2103 lee.mcdermott@westerntrust.hscni.net (for Derry/Strabane)</p>	<p>Personal development programme to help women carers realise their true potential, be empowered to promote positive change in their lives, including a focus on training, education and employment/self-employment. Help for women to:</p> <ul style="list-style-type: none"> - identify issues hindering personal growth; - develop their very own tailored personal development plan; - access help to implement their plans; - access professional help. 	Adult female carers.
Friday 29 October	Fir Trees Hotel Strabane			
Monday 1 November	North West Volunteer Centre, Bishop Street Londonderry			
Tuesday 2 November	Omagh Enterprise Centre Omagh			
10.30am to 1.00pm				
Thursday 28 October	Newry Market	<p>Title: Newry Home Energy Roadshow</p> <p>Lead organisation(s): Northern Ireland Housing Executive (NIHE)</p> <p>Details: Free</p> <p>Booking: No booking required</p>	<p>NIHE will team up with the Northern Ireland Energy Agency, Action Renewables and the Consumer Council to bring independent advice to shoppers in Newry market. Advice will be offered on energy efficiency, fuel poverty, debt prevention, renewable energy and consumer rights.</p>	General public.
Thursday 28 October 9.30am to 4.30pm	National Children's Bureau Northern Ireland (NCB NI) Belfast	<p>Title: Young person's equality workshop</p> <p>Lead organisation(s): National Children's Bureau Northern Ireland (NCB NI)</p> <p>Details: Free</p> <p>Booking: Gill Hassard, NCB NI ghassard@ncb.org.uk</p>	<p>NCB NI are facilitating a workshop for young people to have the opportunity to explore equality issues and help to design a young person's page for the Equality Commission Northern Ireland website.</p>	Young people living in Northern Ireland aged between 8–18.

Thursday 28 8.30am to 4.15pm and Friday 29 October 9am to 4pm	University of Ulster Magee campus Londonderry	<p>Title: Seventh annual mental health conference: Positive mental health and wellbeing: a world of possibilities</p> <p>Lead organisation(s): University of Ulster</p> <p>Cost: Full £80, student £35</p> <p>Closing date: 18 October 2010</p> <p>Booking: Marie O'Neill, University of Ulster m.oneill@ulster.ac.uk, Tel: 028 7167 5437</p>	The seventh annual mental health conference will provide an opportunity to enhance the wealth of experience and knowledge that is gained through the exchange of ideas with conference delegates, within the mental health field and from the wider network of disciplines working within our schools and communities both statutory and voluntary.	This event will be of interest to workers within the mental health field and from the wider network of disciplines working within our schools and communities both statutory and voluntary.
1, 3, 8, 9, 10, 15, 16, 17, 22,23, 24, 29 November (Various times)	Various venues in southern area	<p>Title: Youth Health Advice Clinics</p> <p>Lead organisation(s): Southern Health and Social Care Trust</p> <p>Details: Free</p> <p>Booking: Laura McDonald Tel 028 3083 4271 Laura.mcdonald@southerntrust.hscni.net</p>	The clinics provide information and advice for young people 25 years of age and under on general aspects of health and sexual health issues and also signposting if necessary.	Young people 25 years and under.
2, 4, 9, 11,17,18 November (Various times)	O' Fiaich Centre Armagh	<p>Title: Programme for young Travellers on the effects of alcohol and drugs on your body</p> <p>Lead organisation(s): Southern Health and Social Care Trust, Promoting Wellbeing Team and partners</p> <p>Details: Free</p> <p>Booking: Deirdre Magill; Tel 028 3083 4271</p>	Delivery of a programme to three specific groups of the Travelling community in Armagh outlining the effects of drugs and alcohol on the body.	Travelling community in Armagh.

1-7 November	Various venues	<p>Title: Northern Ireland Anti-homophobia Week</p> <p>Lead organisation(s): The Rainbow Project</p> <p>Booking: Contact The Rainbow Project for further information, admin@rainbow-project.org tel 028 9031 9030</p>	A week of events for Northern Ireland Anti-homophobia Week	Everyone
Monday 1 November 2.00pm	Belfast City Hall (front gates)	Launch of Anti-homophobia Week and mobile billboard		
Tuesday 2 November	10.30am Belfast 2.00pm Foyle	Launch of homophobic hate crime reporting campaign		
Wednesday 3 November 10.30am	Parliament Buildings, Belfast	A review of Strategy for Cohesion, Sharing and Integration		
Thursday 4 November 7.00pm	North West Regional College, L'Derry	Policing Thru Ur Eyes... looking at hate crime affecting the LGBT Community		
Sunday 7 November 11.00am	Belfast City Hall, Garden of Remembrance	Annual Pink Wreath Ceremony		
Wednesday 3 November 10.00am to 12 noon	Wildfowl Centre Lisnaskea	<p>Title: Feeding under 5s workshop</p> <p>Lead organisation(s): Western Health and Social Care Trust community food and nutrition team for Oak Health Living Centre, Roslea</p> <p>Details: Free</p> <p>Booking: Patricia Flanagan, Oak Health Living Centre, Tel: 028 6775 1913</p>	Practical workshop covering suitable foods, portions, healthy snacks and drinks, picky eaters and vitamin supplements.	Parents and carers of toddlers and preschool children.

<p>Wednesday 3 November</p> <p>9.30am to 1.00pm</p>	<p>NICVA Duncairn Gardens Belfast</p>	<p>Title: Older persons, home accident prevention, winter warmth event</p> <p>Lead organisation(s): Belfast home accident prevention group</p> <p>Details: Free</p> <p>Booking: Ida Ross, Health Improvement Specialist, Belfast Health and Social Care Trust ida.ross@belfasttrust.hscni.net Tel: 028 9056 4991</p>	<p>Event to highlight the aspects of home accident prevention specifically relating to older and vulnerable adults. Event will incorporate information on winter warmth as this relates to mobility issues for older people. Specific aspects include electric blanket testing, falls prevention, fire safety, access to benefits, general home safety and podiatry along with much more information from Age NI and Handy Van service.</p>	<p>Visually challenged, older people, vulnerable adults from disadvantage areas.</p>
<p>Wednesday 3 November</p> <p>1.30pm to 5.00pm</p>	<p>Northern Ireland Housing Executive, Enniskillen</p>	<p>Title: Safe TALK training</p> <p>Lead organisation(s): Western Health and Social Care Trust</p> <p>Details: Free</p> <p>Booking: Deborah Hunter Deborah.hunter@westerntrust.hscni.net Tel 028 7186 5127</p>	<p>Safe TALK is a free three hour training workshop to raise general awareness on how to prevent suicide in our community. The workshop equips participants with the skills to recognise a person with thoughts of suicide, to engage them and then connect them with an organisation or individual who can intervene to help keep them safe.</p> <p>Safe TALK is ideally placed for delivery in a workplace or community setting.</p>	<p>Northern Ireland Housing Executive colleagues</p>

<p>Friday 5 November</p> <p>12 noon to 2.00pm</p>	<p>Carrickfergus Community Drug and Alcohol Advisory Group Carrickfergus</p>	<p>Title: Official opening of Carrickfergus Community Drug and Alcohol Advisory Group (CCDAAG) premises</p> <p>Lead organisation(s): Carrickfergus Community Drug and Alcohol Advisory Group</p> <p>Details:</p> <p>Booking: By invite only</p>	<p>Official opening of new CCDAAG premises.</p> <p>CCDAAG are one of four providers across Northern Ireland that are piloting one stop shop drop in services for young people. They provide information, education, sign posting and referrals particularly in relation to alcohol and drug misuse. As substance misuse is often one outcome of a range of underlying issues this service also provides information/advice and signposting for a range of related issues including but not exclusively:</p> <ol style="list-style-type: none"> 1. Suicide and self-harm 2. Mental health and wellbeing 3. Sexual health 4. Relationship issues 5. Resilience 6. Coping with school/employment <p>This service is funded by the Public Health Agency.</p>	<p>By invite only: Local Council and affiliated members; school and church representatives, staff from a variety of local voluntary and statutory agencies. Public Health Agency (funder)</p>
<p>Monday 8 November</p> <p>9.30am to 1.00pm</p>	<p>Lagan Valley Island Lisburn</p>	<p>Title: Breastfeeding strategy review seminar</p> <p>Lead organisation(s): Public Health Agency and the Department of Health Social Services and Public Safety</p> <p>Details: Free</p> <p>Booking: Contact Lesley Blackstock, Lesley.blackstock@hscni.net Or Tel 028 9031 1611</p>	<p>To build on the Breastfeeding Strategy Review and inform and involve stakeholders in shaping a new strategy. We have invited a well known expert and academic Professor Mary Renfrew from the University of York, to speak on effective interventions to support breastfeeding.</p>	<p>Breastfeeding stakeholders from the statutory, community and voluntary sector.</p>

Monday 8 November 11.00am to 12 noon	Clifton House Belfast	<p>Title: Launch of Belfast Healthy Cities report</p> <p>Lead organisation(s): Belfast Healthy Cities</p> <p>Details: Free</p> <p>Booking: Please email Maura Ahern Maura@belfasthealthycities.com</p>	This event will launch the <i>Climate Change and Health: Impacts, Inequalities and Action</i> publication which gives an introduction into how climate change will affect health, and in particular how it may on one hand offer new opportunities, but on the other entrench inequalities. It also aims to provide a resource for health professionals, by outlining examples of action that can help reduce harm for people and burden on the health sector.	Intersectoral audience: representatives from health; councils; housing; environment; universities; voluntary and community sector.
Monday 8 and 15 November	Drumgor Detached Youth Programme Craigavon	<p>Title: Bounce facilitator training</p> <p>Lead organisation(s): Southern Health and Social Care Trust and Drumgor Detached Youth Programme</p> <p>Details: Free</p> <p>Booking: Maureen McSorley Tel: 028 3752 0555</p>	Bounce is an innovative resource that promotes and supports the development of resilience in young people. This course will provide participants with an opportunity to learn how to use the resource with young people in a range of settings. Issues covered include: communication; competence; relationships and sexual health; avoiding negative outcomes; developing resilience; developing self-esteem; drugs and alcohol misuse.	Detached youth workers.
Tuesday 9 November 9.30am to 1.00pm	Waterfront Hall Belfast	<p>Title: Tackling health inequalities in disadvantaged communities</p> <p>Lead organisation(s): Healthy Living Centre (HLC) Regional Alliance, supported by the Public Health Agency</p> <p>Details: Free</p> <p>Booking: Donna Griffiths Donna.griffiths@hscni.net Tel: 028 9031 1611</p>	This conference will showcase best practice by Healthy Living Centre's in the delivery of health interventions using a community development and health approach. It will demonstrate how HLCs meet health and social care targets and contribute towards a strategy of tackling health inequalities. The conference will demonstrate through case studies the effect of delivery of health services at a neighbourhood level and give practical examples with concrete outputs and outcomes.	Elected representatives, politicians, Assembly Health, Education and DSD Committees, government departments, Health and Social Care organisations, Belfast Health Development Unit, Local Commissioning Corps.

<p>Tuesday 9 November</p> <p>9.30am to 3.30pm</p>	<p>Bready Cricket Club Bready</p>	<p>Title: Cross border road safety day</p> <p>Lead organisation(s): Limavady Road Safety Committee</p> <p>Details: Free</p> <p>Booking: Harry Rutherford, Limavady Road Safety Committee Tel: 07808 363 323</p>	<p>This event is targeted at the 17 to 24 year old age group from both sides of the border, to educate them on a number of road safety issues. The PSNI, Garda, Ambulance Service and Northern Ireland Fire and Rescue Service provide presentations and also the NIFRS provide a cut out demo at a road traffic collision scene using students as the casualties. The day will start with a highway code test and there will also be a number of tests set up for the students to test their skills behind the wheel of a car.</p>	<p>17 to 24 year olds.</p>
<p>Wednesday 10 November</p>	<p>TBC</p>	<p>Title: Launch of road safety pilot programme incorporating high visibility blazers for pupils</p> <p>Lead organisation(s): Western Education and Library Board</p> <p>Booking: N/A</p>	<p>The health and social wellbeing improvement team in the west has funded a new initiative with local schools in Fermanagh. Three schools in Lisnaskea have taken part in a pilot scheme in the introduction of high visibility blazers.</p>	<p>This event is restricted to pupils and staff in participating schools and invited guests only.</p>
<p>Wednesday 10 November</p> <p>10.00am to 1.00pm</p>	<p>Strabane Enterprise Agency Strabane</p>	<p>Title: Brush up your Cook it! skills</p> <p>Lead organisation(s): Community Food and Nutrition Team, Western Health and Social Care Trust</p> <p>Details: Free</p> <p>Booking: Claire Holmes, Claire.holmes@westerntrust.hscni.net tel 028 7188 0221</p>	<p>Recap on Cook it! activities focusing on those that participant's feel less confident about doing during Cook it! programme delivery.</p>	<p>Cook it! Tutors in WHSCT area.</p>

<p>Wednesday 10 November 10.00am to 12 noon</p>	<p>Public Health Agency Ormeau Avenue Unit Belfast</p>	<p>Title: Northern Ireland Statistics and Research Agency (NISRA) briefing for Public Health Agency on the 2010 multiple deprivation Measure.</p> <p>Lead organisation(s): PHA organised. Led by NISRA.</p> <p>Details: Free</p> <p>Booking: Please email Adele Graham Adele.graham@hscni.net</p>	<p>NISRA staff will provide an outline of the recently released multiple deprivation measure for Northern Ireland. This measure has various domains covering income (poverty), employment (or exclusion from the labour market), education, health and disability, crime, access to services and housing/living environment.</p> <p>Particular emphasis will be placed on the health and disability domain reflecting such things as mortality, prescription levels, low birth weights, cancers and hospital admission levels.</p>	<p>PHA staff and interested parties.</p>
<p>Wednesday 10 November 7.00pm to 9.00pm</p>	<p>Millbrook Community Centre Larne</p>	<p>Title: Community health event – older people</p> <p>Lead organisation(s): North Antrim Community Network</p> <p>Details: Free</p> <p>Booking: Veronica McKinley Tel: 028 2177 2100</p>	<p>This community health evening will bring together a range of older people in the Larne council area to hear about the contribution which voluntary organisations make in their communities and to hear how they can maximise benefit uptake.</p>	<p>Older people.</p>
<p>Wednesday 10 and 17 November (Two day course) 10.00am to 4.30pm</p>	<p>The Station Centre Omagh</p>	<p>Title: Chair based exercise course</p> <p>Lead organisation(s): Health Improvement Department, Western Health and Social Care Trust</p> <p>Details: £40</p> <p>Booking: Health Improvement Department, Western Health and Social Care Trust Tel 028 7186 5127 sarah.davidson@westerntrust.hscni.net</p>	<p>Chair based exercise enables and qualifies leaders to devise and deliver a safe and effective exercise programme to the frail and elderly. The programme can also be adjusted to suit people with special needs and people in a hospital setting.</p>	<p>Individuals working within a hospital setting, with older people or people with special needs</p>

<p>Wednesday 10 November</p> <p>9.30am to 12 noon and 1.00pm to 3.30pm</p> <hr/> <p>Thursday 11 November</p> <p>9.30am to 12 noon and 1.00pm to 3.30pm</p>	<p>Bawnacre Centre Irvinestown</p> <hr/> <p>Seminar room Postgraduate Centre Tyrone County Hospital Omagh</p>	<p>Title: Heartstart emergency life support skills course for trained walk leaders in the WHSCT area</p> <p>Lead organisation(s): Western Health and Social Care Trust , Health Improvement Department in partnership with WHSCT/British Heart Foundation community Resuscitation Officers</p> <p>Details: Free</p> <p>Booking: Lesley Finlay, Health Improvement Officer, Health Improvement Department, WHSCT Lesley.finlay@westerntrust.hscni.net Tel 028 7186 5127</p>	<p>Half day Heartstart emergency life support skills course for trained walk leaders organised by the WHSCT Health Improvement Department and delivered by WHSCT/British Heart Foundation Community Resuscitation Officers. Covers CPR, heart attack, choking, bleeding and recovery position.</p>	<p>Trained walk leaders who have completed the one day Walking for health training</p>
<p>Wednesday 10 November</p> <p>9.15am to 1.00pm</p>	<p>Health and Care Centre Newtownards</p>	<p>Title: Safe TALK Workshop</p> <p>Lead organisation(s): South Eastern Health and Social Care Trust</p> <p>Details: Free</p> <p>Booking: Carol Brown Carol.brown@setrust.hscni.net Tel: 028 9151 0275</p>	<p>Suicide alertness for everyone helps all members of your community identify persons with thoughts of suicide and connects them to suicide first aid resources. This training lasts 3 to 3½ hours.</p>	<p>All people living/working within the South Eastern Trust area</p>

<p>Thursday 11 November</p> <p>8.45am to 5.00pm</p>	<p>Sir William Whitla Hall Queen's University Belfast</p>	<p>Title: Taking action on childhood obesity</p> <p>Lead organisation(s): Queen's University Belfast</p> <p>Details: Full fee £60, student rate £35.</p> <p>Closing date: 10 November 2010</p> <p>Booking: www.qub.ac.uk/sites/childhoodobesityconference</p>	<p>The purpose of this one day conference is to explore the issue of childhood obesity from multiple perspectives and to assimilate the best available evidence from research and practice to tackle this major public health concern.</p> <p>The overall theme for the conference is Taking action on childhood obesity, with a focus on innovative interventions that could be used to tackle the issue and improve children's lives.</p>	<p>The conference will be of interest to practitioners, scholars, researchers and policy makers whose work focuses on improving the health of children and tackling obesity in childhood.</p>
<p>Thursday 11 November</p> <p>5.00pm</p>	<p>Colin Glen Trust Belfast</p>	<p>Title: New solutions to old problems – tackling health inequalities in the Colin area</p> <p>Lead organisation(s): Colin Neighbourhood Partnership and South Eastern Health and Social Care Trust</p> <p>Details: Free</p> <p>Booking: Contact Betty McFarlane by Thursday 4 November admin@newcolin.com tel 028 9062 3813</p>	<p>The event has four main components:</p> <ol style="list-style-type: none"> 1) A short lecture from John Simpson, the economist, on tackling health inequalities. 2) An overview of 'the good, the bad and the ugly' in relation to tackling the significant health inequalities in the Colin area over the last decade. 3) A Q&A session with a panel of experts, including Dr Carolyn Harper, Director of Public Health/Executive Medical Director at the Public Health Agency, Hugh McCaughey, CEO of South Eastern Trust, senior HSCB representative and the chair of the Colin Neighbourhood Partnership 4) The launch of the South Eastern Health Inequality Action Plan 2011/12 	<p>Anyone with an interest in learning about reducing health inequalities in deprived areas.</p>

<p>Friday 12 November</p> <p>9.30am to 1.30pm</p>	<p>Greenmount Agricultural College Antrim</p>	<p>Title: Fuel poverty in the health agenda</p> <p>Lead organisation(s): Public Health Agency and National Energy Action NI</p> <p>Details: Free</p> <p>Booking: Angela Gracey Northern.ireland@nea.org.uk Tel: 028 9023 9909</p>	<p>The Public Health Agency and NEA NI's annual fuel poverty seminar. This year's seminar will focus on the health agenda and will help to reinforce the current fuel poverty agenda in light of the recent fuel poverty strategy review.</p> <p>The main aims of the seminar are to:</p> <ul style="list-style-type: none"> • outline the landscape of fuel poverty in 2010; • highlight the hazards to health of living in a cold, damp home; • set out the social, environmental and economic case for tackling fuel poverty; • share the solutions and models of current fuel poverty programmes developing across Northern Ireland. 	<ul style="list-style-type: none"> • Health practitioners including local commissioners, GPs, social services staff and frontline staff; • community organisations, particularly those concerned with the social wellbeing of vulnerable groups; • statutory, voluntary and public sector employees who work directly with communities on issues relating to health inequalities; • elected representatives who have an interest in fuel poverty.
<p>Monday 15 November</p> <p>9.30am to 12.30pm</p>	<p>Belfast City Hall Belfast</p>	<p>Title: Roots of Empathy launch</p> <p>Lead organisation(s): South Eastern HSC Trust and Belfast HSC Trust</p> <p>Details: Free</p> <p>Booking: Eileen Young eileen.young@setrust.hscni.net Tel: 028 9151 0181</p>	<p>The event represents the launch of Roots of Empathy programmes in the South Eastern and Belfast Trust areas. Twenty seven primary schools will have the programme delivered for the first time. Roots of empathy enables the development of emotional literacy and empathy. Outcomes of the roots of empathy programme include reducing aggression and bullying. The event will involve a presentation by Mary Gordon as well as a report on how this is being progressed locally.</p>	<p>Schools, Education and Library Boards, Health and Social Services, early years providers, community and voluntary sector, those interested in early intervention and mental health promotion.</p>

Monday 15 November 9.30am to 2.00pm	Southern Education and Library Board Divisional Youth Office Portadown	<p>Title: B+ Facilitator Training</p> <p>Lead organisation(s): Southern Health and Social Care Trust and SELB</p> <p>Details: Free</p> <p>Booking: Mairead Casey Mairead.casey@southerntrust.hscni.net</p>	<ul style="list-style-type: none"> • B+ Training programme is aimed at promoting positive mental health. It is designed to increase awareness and understanding of issues affecting mental health. • Includes information and practical suggestions for help seeking and supporting yourself and others to maintain positive mental health. • Participants will gain the practical skills, knowledge, awareness and confidence to deliver the three hour B+ training to a wide range of groups. 	<p>Criteria for B+ Facilitators Training</p> <p>Skills and experience</p> <ul style="list-style-type: none"> • experience in the delivery of training; • good communication skills; • good presentation skills; • experience of group work; • ability to facilitate training of a sensitive nature. <p>Commitment and availability Candidates must indicate that they will be in a position to contribute to SHSCT Protect life training by delivering at least two complete B+ modules per year (own groups of young people will count towards this).</p>
Monday 22 November 6.00pm to 10.00pm	Drumgor Detached Youth Work Programme Craigavon	<p>Title: B+ Facilitator Training</p> <p>Lead organisation(s): Southern Health and Social Care Trust and Drumgor Detached Youth Work Programme</p> <p>Details: Free</p> <p>Booking: Maureen McSorley Tel 028 3752 0555</p>		
Monday 15 November 1.30pm to 5.00pm	Lagan Valley Island Lisburn	<p>Title: Health Impact Assessment: a tool to support action for local government on health inequalities</p> <p>Lead organisation(s): Public Health Agency and Institute of Public Health</p> <p>Details: Further information is available on www.publichealth.ie</p> <p>Booking: There is no charge to attend this event however registration is essential. To book your place please contact Leah Friend at Leah.friend@publichealth.ie</p>	The objective of the workshop is to bring people together with an interest in HIA to share experiences and identify opportunities for future HIA work on a collaborative basis. It will provide participants with the opportunity to hear about and discuss how HIA can support action on health inequalities.	Local government and HSC

Monday 15 November 2pm to 4pm	Loughrey College, Cookstown	<p>Title: Maximising access to services, grants and benefits in rural areas</p> <p>Lead organisation(s): Public Health Agency and Department of Agriculture and Rural Development</p> <p>Details: Free</p> <p>Booking: Teresa McGarvey Teresa2.mcgarvey@hscni.net</p>	<p>The Public Health Agency are leading on a regional initiative funded by the Department of Agriculture and Rural Development which focuses on tackling rural poverty and promoting social inclusion through maximisation of access to benefits and support. 4,200 households in the top 30% most disadvantaged rural super output areas across Northern Ireland are being targeted.</p> <p>This is an interim review and forward planning workshop which will highlight key learning from the project to date and will explore the way forward post March 2011.</p>	Project partners, organisations currently leading on the project in local areas and enablers employed by the project to carry out home visits.
Tuesday 16 November 9.30am to 12.30pm	Ballymena Showground, DES Allen Suite Ballymena	<p>Title: Tackling inequalities in health project; Northern area stakeholder engagement event</p> <p>Lead organisation(s): Public Health Agency</p> <p>Details: Free</p> <p>Closing date: Tuesday 9 November 2010</p> <p>Booking: Sharon Corbett Sharon.corbett@hscni.net Tel: 028 2531 1192</p>	<p>This stakeholder event will be used to update key partner organisations on progress to date in identifying and addressing local issues relating to areas of disadvantage and poor health and wellbeing, in order to inform local decision making and action.</p>	Public Health Agency, Northern Health and Social Care Trust, Local Commissioning Groups, local councils and other statutory sector and community and voluntary sector representatives engaged in this programme in the northern area.

<p>Tuesday 16 November</p> <p>10.00am to 4.00pm</p>	<p>Unison, Galway House, Belfast</p>	<p>Title: Promoting Public Health Workshop</p> <p>Hosts: Unison</p> <p>Details: This is a free event open to all and lunch will be provided.</p> <p>Booking: You can register online at http://www.ulearnni.org or book a place by ringing 02890270190</p>	<p>Multi-disciplinary public health has become a major focus of our working lives. The current high priority given to understanding the social determinants of health and well-being and to tackling health inequalities makes public health, 'everybody's business'. This workshop will be of interest to anyone who would like to incorporate public health practice into their current role, it will provide participants with an overview of multidisciplinary public health, incorporating user involvement in practice and developing communication skills. It will be delivered by Sharon Henry, Open University with input from Dr Naresh Chada, DHSSPS.</p>	<p>Health and social care professionals, community workers, staff and volunteers in community/voluntary sector organisations.</p>
<p>Tuesday 16 November</p> <p>2.00pm to 3.30pm</p>	<p>National Children's Bureau Northern Ireland (NCB NI) Belfast</p>	<p>Title: Current considerations for children and young people with HIV</p> <p>Lead organisation(s): NCB NI</p> <p>Details: Free</p> <p>Booking: Claire Adrian, NCB NI cadrain@ncb.org.uk</p>	<p>Emily Hamblin, coordinator of the Children and Young People HIV Network, NCB, will share information on their ongoing work, including details of a new project which will consider the transition of young people living with HIV from children's to adult services.</p>	<p>Policy makers and practitioners with an interest in HIV issues affecting children and young people</p>
<p>Tuesday 16 November and Wednesday 17 November</p>	<p>Verbal Arts Centre Londonderry</p>	<p>Title: Applied Suicide Intervention Skills Training (ASIST)</p> <p>Lead organisation(s): Health Improvement Department, Western Health and Social Care Trust</p> <p>Details: Free</p> <p>Booking: Training Administrator, Health Improvement Department, WHSCT health.improvement@westerntrust.hscni.net Tel: 028 7186 5127</p>	<p>Applied Suicide Intervention Skills Training (ASIST). ASIST provides practical training for caregivers seeking to prevent the immediate risk of suicide.</p>	<p>People concerned about family, friends, community voluntary workers, workers in health, emergency service workers</p>

<p>Wednesday 17 November</p> <p>9.30am to 5.15pm</p>	<p>Island Centre Lisburn</p>	<p>Title: Annual regional sexual health conference</p> <p>Lead organisation(s): Belfast Health and Social Care Trust (in partnership with Public Health Agency)</p> <p>Details: £50</p> <p>Booking: Administration at sexual health team Shealth.team@belfasttrust.hscni.net Tel: 028 9090 0051</p>	<p>Annual event for all those working in the area of sexual health. Focus of this year's conference is women and sexual health, considering teenage pregnancy, HIV and pregnancy, relationship and sexuality in schools, sexual health and mental health, latest update on STIs from GUM Royal Victoria Hospital. National Aids Trust considering psychological support for people living with HIV, leaning disability, sexual abuse. The conference will be a mixture of presentations and interactive workshops.</p>	<p>Regional audience from statutory community and voluntary sectors. Usually participants also come from the Republic of Ireland</p>
<p>Wednesday 17 November</p> <p>1.00pm to 3.30pm</p>	<p>National Children's Bureau Northern Ireland (NCB NI) Belfast</p>	<p>Title: Reflection and debate: cuts in public sector expenditure – the implications for Northern Ireland</p> <p>Lead organisation(s): NCB NI</p> <p>Details: Free</p> <p>Booking: Attendance by invitation only. For further information please contact Claire Adrian, NCB NI cadrain@ncb.org.uk</p>	<p>Sir Paul Ennals, CEO of NCB, and Seamus McAleavey, CEO of NICVA, will lead a seminar aimed at sharing knowledge regarding the impact of the cuts in England, and unpicking issues that Northern Ireland may be dealing with in the future.</p>	<p>Policy makers, practitioners and researchers working at senior level in Northern Ireland.</p>
<p>Wednesday 17 November</p> <p>1.30pm to 4.30pm</p>	<p>Clifton House Belfast</p>	<p>Title: Lecture 8 - Your business is my business: managing knowledge and information effectively</p> <p>Host: Belfast Healthy Cities</p> <p>Details: Free</p> <p>Booking: Caroline Scott caroline@belfasthealthycities.com Tel: 028 9032 8811</p>	<p>This lecture will outline a range of knowledge management techniques that organisations/individuals can use. It will provide an opportunity to hear from organisations that have developed knowledge management strategies and provide practical examples of the application. Key note speaker is Dr Nick Manson, Associate Director Knowledge Management and Clinical Information, South Central Strategic Health Authority, London.</p>	<p>All sectors.</p>

<p>Wednesday 17 November</p> <p>9.15am to 1.00pm</p>	<p>Public Health Agency Towerhill Armagh</p>	<p>Title: Developing Public Health Agency engagement with children and young people</p> <p>Lead organisation(s): Participation network for Public Health Agency</p> <p>Details: Free. Closing date 1 October 2010</p> <p>Booking: Sharon Corbett Sharon.corbett@hscni.net</p>	<p>To inform and consult with Band 6, 7 and 8 staff in relation to the Public Health Agency engagement strategy with a specific focus on children and young people.</p>	<p>This event is specifically for Public Health Agency staff (Bands 6,7 and 8).</p>
<p>Wednesday 17 November</p> <p>4.00pm to 6.00pm</p>	<p>Ulster Hall, Belfast</p>	<p>Title: Supporting life's journeys mentoring and befriending recognition awards ceremony</p> <p>Lead organisation(s): Supporting life's journeys campaign coalition</p> <p>Details: Free</p> <p>Booking: Places at the event are limited. To book a place, please email info@supportinglifesiourneys.org.uk or contact the campaign team on 0161 787 8600</p>	<p>This awards ceremony will recognise the diverse support mentoring and befriending projects, volunteers, funders, commissioners or businesses provide to people as they progress through life's journeys. It is part of a programme of activities marking 2010 as the European year of combating poverty and social exclusion.</p> <p>It will celebrate projects which have been shortlisted for the five Northern Ireland wide awards and announce the winners in each category who will represent Northern Ireland at the national awards in December.</p>	<p>Funders/commissioners and those looking to invest in mentoring and befriending or those looking to find out more about the benefits mentoring and befriending can bring to vulnerable people.</p>
<p>Thursday 18 November</p> <p>9.30am to 12.30pm</p>	<p>Mossley Mill Newtownabbey</p>	<p>Title: Advice 4 Health: Support and benefit maximisation project</p> <p>Lead organisation(s): Public Health Agency, Citizens Advice Bureau and the Northern Area Advice 4 Health steering group</p> <p>Details: Free</p> <p>Booking: Sharon Corbett Sharon.corbett@hscni.net Tel 028 2531 1192</p>	<p>The purpose of this seminar is to share the learning from the Advice 4 Health Project which aims to reduce poverty among the elderly, people with disabilities, people with mental health difficulties, families with young children and those living in fuel poverty. Information will be given on the project's development, implementation, impact to date on clients and partner organisations and its successes and challenges in alleviating poverty.</p>	<p>Health improvement practitioners, statutory organisations, community and voluntary sector representatives with an interest in health improvement, including poverty/fuel poverty.</p>

<p>Thursday 18 November</p> <p>9.30am to 4.30pm</p>	<p>Knockbracken Hall Knockbracken Health Care Park Belfast</p>	<p>Title: Infant mental health conference</p> <p>Host: Belfast Health and Social Care Trust and partners</p> <p>Details: Free</p> <p>Booking: By invitation from Health Improvement Department, BHSCT. For further information contact Katrina Agnew Katrina.agnew@belfasttrust.hscni.net Tel: 028 9056 5421</p>	<p>This conference will feature a keynote presentation from a leading international authority Dr Suzanne Zeedyk on the importance of secure emotional attachment and how this contributes to addressing health inequalities across the life span and throughout all of society.</p> <p>The conference will showcase a number of inspirational local developments to promote security of attachment, empathy and the development of resilience in our children and young people.</p>	<p>Policy makers, commissioners, statutory professionals, voluntary and community sector</p>
<p>Friday 19 November</p> <p>9.30am to 4.15pm</p>	<p>Grosvenor House Conference and Training Centre Belfast</p>	<p>Title: Ireland-Northern Ireland-National Cancer Institute Health Economics Fellowship Conference The value of health economics for future cancer services</p> <p>Lead organisation(s): HSC Research and Development Division of the Public Health Agency</p> <p>Details: Free</p> <p>Booking: Eimear Cowan Eimear.cowan@hscni.net Tel 028 9055 3617</p>	<p>This conference will enable members of the health economics community and those involved in the delivery of cancer services and policy to engage with the work of the current Health Economics Fellows and their academic mentors. The Fellows programme enables the acquisition of doctoral level skills in association with universities throughout the island of Ireland and the National Cancer Institute, USA.</p>	<p>People from a range of backgrounds including: health service management and practice, policy and research</p>

Friday 19 November 2.00pm	Dairy Farm Shopping Centre Belfast	<p>Title: Launch of Colin Suicide Prevention Taskgroup 'Suicide' DVD to mark World Suicide Survivors Day</p> <p>Lead organisation(s): Colin Neighbourhood Partnership</p> <p>Details: Free</p> <p>Booking: Betty McFarlane admin@newcolin.com Tel: 028 9062 3813</p>	The launch of the DVD 'Suicide' aims to mark World Suicide Prevention Day. The DVD highlights the experiences of suicide on families local to the Colin area. We hear and see the stories of the families' experience of their loved one and the moments that celebrate their lives. We then see the devastating impact that suicide has on all of the families. Most importantly the DVD will finish with a real sense of hope as family members explain how they have coped with the devastating loss of their loved one.	People from all sections of the community welcome, especially those bereaved by suicide.
Saturday 20 November 10.30am to 3.30pm	CAFRE Loughry Campus Cookstown	<p>Title: National Survivors of Suicide Day – Families Voices Forum workshop.</p> <p>Lead organisation(s): Family Voices Forum supported by Public Health Agency</p> <p>Booking: Donna Griffiths by email donna.griffiths@hscni.net or tel 028 9031 1611</p>	To celebrate National Survivors of Suicide Day on November 20, the Families Voices Forum plan to organise a workshop for individuals and families bereaved through suicide. The event will be part of a worldwide series of events to mark the day.	Individuals, families and communities bereaved through suicide in Northern Ireland.
Monday 22 November 9.00am to 3.30pm	Mellon County Inn Omagh	<p>Title: Alcohol, suicide and self-harm, making links – identifying pathways</p> <p>Lead organisation(s): Self-Harm Registry (Public Health Agency), CLEAR and Time IVA Change</p> <p>Details: Free</p> <p>Booking: Email: kenda@derryhc.com</p>	This seminar will draw together a range of health care professionals from the community, voluntary and statutory sectors to increase awareness of the links between alcohol, suicide and self-harm and to increase awareness of services available. The seminar will also incorporate a range of workshops to begin the discourse on practical ways agencies can work together to ensure the needs of the individual are met.	Local statutory, community and voluntary service providers within the Western Trust area and CAWT border region areas.

<p>Monday 22 November 6.30pm to 9.00pm and Tuesday 23 November 9.00am to 4.00pm</p>	<p>Stormont Hotel Belfast</p>	<p>Title: Suicide prevention – what works?</p> <p>Lead organisation(s): Contact Youth, Suicide Strategy Implementation Body</p> <p>Details:</p> <p>Booking: Voluntary Sector Evening 22nd £25. Voluntary Sector All Day 23rd £70. Full Fee Evening 22nd £40. Full Fee All Day 23rd £90. Group Rates & Student Discounts available on request</p> <p>Email applications to caroline3@contactyouth.org or Post applications to Caroline King, Contact Youth Counselling, 1st Floor, Lanyon Building, North Derby Street, Belfast BT15 3HL. Please telephone 028 90 744499 for all enquires.</p>	<p>Professor Rory O'Connor, Stirling University, will present the opening address, on the meaning and prevalence of self-harm among young people in Northern Ireland and young people's attitudes to self harm. On Tuesday, Ken Norton, Project Director, Connect, New Hampshire, will speak from his experience developing the community response model for suicide prevention, intervention and 'postvention'.</p> <p>Professor O'Connor will present his self-harm research.</p> <p>Professor Kevin Malone, UCD and St Vincent's University Hospital, and artist/researcher, Seamus McGuinness GMIT, will present their study, entitled <i>Suicide in Ireland: a conversation and journey through loss with science and art</i>. An art exhibition emerged central to the study, portraying the life and times of the loved ones of 62 families. The resulting experiential art installation, The Lost Portrait Gallery, will be on view throughout our two day conference.</p>	<p>GPs, post-primary school principals, heads of pastoral care, gateway social services teams, looked after children's services, youth justice. health, education, forensic and mental health professionals and support groups engaged in suicide prevention.</p>
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Monday 22 and Tuesday 23 November 9.00am to 5.00pm	Health and Care Centre Newtownards	<p>Title: Mental Health First Aid Training (MHFA)</p> <p>Lead organisation(s): South Eastern Health and Social Care Trust</p> <p>Details: Free</p> <p>Booking: Carol Brown Carol.brown@setrust.hscni.net Tel 028 9151 0275</p>	<p>The aims of MHFA are to:</p> <ul style="list-style-type: none"> • preserve life where a person may be a danger to themselves or others; • provide help to prevent the mental health problem becoming more serious; • promote the recovery of good mental health; • provide comfort to a person experiencing a mental health problem. <p>MHFA teaches participants:</p> <ul style="list-style-type: none"> • how to recognise the symptoms of mental health problems; • how to provide initial help; • how to go about guiding a person towards appropriate professional help. 	All people living/working within South Eastern Trust area
Tuesday 23 November 9.30am to 5.00pm	Bawnacre Centre, Irvinestown	<p>Title: Introduction to health improvement</p> <p>Lead organisation(s): Western Health and Social Care Trust</p> <p>Details: Free</p> <p>Booking: Deborah Hunter Deborah.hunter@westerntrust.hscni.net Tel 028 7186 5127</p>	<p>This course gives an introduction to health improvement/promotion. Contents include:</p> <p>Framework for health promotion in Northern Ireland; Overview of the health promotion department; What is health? What is health promotion? Health promotion and the Ottawa Charter; Health education and the model of change; Needs assessment; Evaluation; Evidence base; Effective planning; Partnership working; The community development approach to health promotion; Signposting.</p>	All interested parties working in health improvement.

23–26 November 9.00am to 3.00pm (am and pm sessions)	Roe Valley Leisure Centre Limavady	<p>Title: Beesafe</p> <p>Host: Health Improvement Department, Western Health and Social Services Trust and partners</p> <p>Details: Free</p> <p>Booking: Sarah Davidson, Health Development Department, WHSCT Tel 028 7186 5127</p>	<p>Beesafe is a community safety/accident prevention initiative coordinated by the Health Improvement Department, WHSCT and delivered in partnership with various agencies including Limavady Borough Council, PSNI, Northern Ireland Fire and Rescue Service, DOE, NIE, Divert and North West Regional College and funded by Limavady Community Safety Partnership and Limavady District Policing Partnership.</p> <p>This initiative is designed to equip children with the knowledge and skills to stay safe and to cope effectively should they find themselves in a potentially dangerous situation.</p>	Year 7 year pupils within the Limavady Borough Council area.
Wednesday 24 and Thursday 25 November 9am to 5pm	Cruse Belfast	<p>Title: Applied Suicide Intervention Skills Training (ASIST)</p> <p>Lead organisation(s): South Eastern Health and Social Care Trust</p> <p>Details: Free</p> <p>Booking: Claire Kennedy Claire.kennedy@setrust.hscni.net Tel 028 9250 1373</p>	<p>Helps all kinds of caregivers learn suicide first aid intervention Participants in this training often include:</p> <ul style="list-style-type: none"> • people concerned about family or friends; • counsellors, teachers and ministers; • workers in health, welfare or justice; • community workers; • emergency service workers; • mental health practitioners; • any caregiver. <p>The emphasis of the ASIST workshop is on suicide first-aid, on helping a person at risk stay safe and seek further help. This training is two full days.</p>	All people living/working within the South Eastern Trust area.

<p>Wednesday 24 November</p> <p>9.15am to 1.00pm</p>	<p>Public Health Agency Ormeau Avenue Unit Belfast</p>	<p>Title: Developing Public Health Agency engagement with children and young people</p> <p>Lead organisation(s): Participation Network for Public Health Agency</p> <p>Details: Free. Closing date 1 October 2010</p> <p>Booking: Sharon Corbett Sharon.corbett@hscni.net</p>	<p>To inform and consult with Band 6, 7 and 8 staff in relation to the Public Health Agency engagement strategy with a specific focus on children and young people.</p>	<p>This event is specifically for Public Health Agency staff (Bands 6,7 and 8).</p>
<p>Wednesday 24 November</p> <p>9.00am to 4.30pm</p>	<p>Mossley Mill Newtownabbey</p> 	<p>Title: Meeting the Challenge: Economics and a healthier society</p> <p>Lead organisation(s): Public Health Agency and Department of Health, Social Services and Public Safety</p> <p>Details: Free. Closing date 9 November</p> <p>Booking: www.publichealth.hscni.net</p>	<p>This one-day conference aims to stimulate debate and reflect on action taken to reduce health inequalities, with a focus on economic development and partnership working.</p>	<p>Public health policy makers and practitioners, regional and local government representatives and key policy and decision makers from the private, public, academic, voluntary and community sectors.</p>
<p>Friday 26 November</p> <p>12.30pm to 2.00pm</p>	<p>Holiday Inn, Belfast</p>	<p>Title: Public health: evidence, practice and politics</p> <p>Hosts: UKCRC Centre of Excellence for Public Health Northern Ireland</p> <p>Details: Free</p> <p>Booking: Although the event is free and all are welcome, we would welcome an email to indicate your intent to attend for catering/room capacity purposes. Please contact Roisin Corr at r.corr@qub.ac.uk or 028 90632627 to register attendance.</p>	<p>The Centre of Excellence for Public Health Northern Ireland is one of five Centres of Excellence established across the UK to strengthen research into complex public health issues such as obesity, smoking and health inequalities. The Centres bring together leading experts from a range of disciplines working in partnership with practitioners, policy makers and wider stakeholders to tackle public health issues which are likely to have a significant impact on the health of the nation. http://www.mediator.qub.ac.uk/ms/QTV/PublicHealth_wm.wmv As part of the CoE Seminar Series, Professor Mike Kelly, Director, Public Health Excellence Centre, National Institute for Health and Clinical Excellence (NICE) will be presenting. Further details to be confirmed.</p>	<p>All organisations</p>

