## Older People

Additional tables to accompany the 2012 Director of Public Health Annual Report

June 2013

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This document contains a profile of the elderly in Northern Ireland, their health and well being, morbidity, mortality, lifestyles and circumstances.

It is designed to accompany the main set of Core tables with the Director of Public Health's 2012 annual report by providing more detail on the specific population group that the main annual report focuses on for this particular year. Even at nearly one hundred pages it is by necessity a subset of the information available on elderly.

Much of this data is individually available from other sources and these have been identified in each section so that the reader can access more or potentially updated information if available.

## Note re population estimates :

Since 2011 was the census year there have been several sources of population data available at different points in time as the initial mid year estimates were released, then the census and then a revised mid year estimate based on the census. Rates calculated at various points by organisations may have used slightly different denominators depending on what was available at the time or what level of geography was being used. The impact overall on rates is in most cases small however it can lead to confusion in that the actual numbers being quoted for the population will be marginally different.

Where possible the revised mid year estimates have been used here however where data has been supplied by other organisations or taken from their publications this will not always have been the case. For LCG level data the population estimates have not yet incorporated the 2011 census. This is due in June/July 2013. http://www.nisra.gov.uk/demography/default.asp17.htm

The population projections are still based on 2010 estimates.

## SECTION 1:

- DEMOGRAPHICS -


## POPULATION

1.1 Distribution of $65+$ population, Northern Ireland

Population aged 65 and over as \% of total population by electoral ward, 2011
Northern Ireland

65 + pop as \% of total pop (2011)
Range of \% (No. of wards)
18.58 to 31.51 (116)
15.66 to 18.58 (116)
$\square 13.56$ to 15.66 (116)
11.68 to 13.56 (117)
3.58 to 11.68 (117)

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## POPULATION

### 1.2 Distribution of $85+$ population, Northern Ireland

Population aged 85 and over as \% of total population by electoral ward, 2011

## Northern Ireland



## POPULATION

## $1.365+$ population, trends and projections, 1991, 2011, 2021, 2031, 2041 and 2051, Northern Ireland

| Age band | Population |  |  | Population projections (thousands) |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
|  | $\mathbf{1 9 9 1}$ | $\mathbf{2 0 1 1}$ | $\mathbf{2 0 2 1}$ | $\mathbf{2 0 3 1}$ | $\mathbf{2 0 4 1}$ | $\mathbf{2 0 5 1}$ |  |
| $65-69$ | 65,900 | 83,100 | 92 | 117 | 108 | 120 |  |
| $70-74$ | 53,700 | 63,700 | 83 | 99 | 110 | 103 |  |
| $75-79$ | 42,100 | 50,700 | 68 | 78 | 101 | 95 |  |
| $80-84$ | 27,400 | 36,500 | 46 | 63 | 78 | 89 |  |
| $85+$ | 19,200 | 31,800 | 47 | 72 | 100 | 137 |  |
| Total (65+) | $\mathbf{2 0 8 , 3 0 0}$ | $\mathbf{2 6 5 , 8 0 0}$ | $\mathbf{3 3 5}$ | $\mathbf{4 2 9}$ | $\mathbf{4 9 6}$ | $\mathbf{5 4 4}$ |  |
| NI | $1,607,300$ | $1,814,300$ | 1,919 | 1,987 | 2,026 | 2,048 |  |
| $\mathbf{6 5 +}$ as \% of NI total | $12.96 \%$ | $14.65 \%$ | $17.46 \%$ | $21.59 \%$ | $24.48 \%$ | $26.56 \%$ |  |



## COMMENTARY

- In the last twenty years, the \% population who are aged 65 and over has increased slightly to just over $15 \%$. However projections shown in the table indicate a much larger increase in the next twenty years - in 2031 almost $22 \%$ of the population in Northern Ireland will be aged 65 and over. In forty years, the 65+ proportion of the population is expected to rise from $15 \%$ in 2011 to $26.6 \%$ in 2051.
- In the next twenty years (to 2031), the 65+ population is expected to increase by sixty percent, with the largest increase being seen in the 85+ age group, where an increase of $125 \%$ is expected ( $65-69=41 \%, 70-74=55 \%$, $75-79=53 \%, 80-84=70 \%$ )
- The projections are based on 2010 mid year estimates which slightly understated the elderly population. These will be updated by NISRA to reflect the census.

[^0]
## POPULATION

$1.465+$ population, trends and projections, 1991, 2011 and 2021, Local Commissioning Groups

| Age band | Belfast |  |  | Northern |  |  | South Eastern |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population |  | Pop projections | Population |  | Pop projections | Population |  | Pop projections |
|  | 1991 | 2011 | 2021 | 1991 | 2011 | 2021 | 1991 | 2011 | 2021 |
| 65-69 | 17,700 | 14,500 | 15,300 | 16,000 | 22,300 | 24,500 | 12,100 | 17,900 | 18,800 |
| 70-74 | 14,200 | 12,100 | 13,200 | 12,900 | 17,400 | 22,200 | 10,100 | 12,900 | 18,000 |
| 75-79 | 11,300 | 10,700 | 11,500 | 10,000 | 13,600 | 18,700 | 7,800 | 10,300 | 14,900 |
| 80-84 | 7,600 | 8,500 | 8,400 | 6,300 | 9,800 | 13,200 | 5,400 | 7,500 | 9,700 |
| 85+ | 5,500 | 6,700 | 8,400 | 4,600 | 8,000 | 13,200 | 3,800 | 6,700 | 10,400 |
| Total (65+) | 56,200 | 52,500 | 56,700 | 49,700 | 71,100 | 91,800 | 39,300 | 55,300 | 71,800 |
| LCG Total (all ages) | 354,400 | 334,800 | 342,700 | 400,400 | 460,400 | 489,400 | 298,200 | 348,300 | 365,300 |
| 65+ as \% of LCG total | 15.86\% | 15.68\% | 16.55\% | 12.41\% | 15.44\% | 18.76\% | 13.18\% | 15.88\% | 19.66\% |


| Age band | Southern |  |  | Western |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
|  | Population |  | Pop <br> projections | Population <br> projections |  |  |
|  | $\mathbf{1 9 9 1}$ | $\mathbf{2 0 1 1}$ | $\mathbf{2 0 2 1}$ |  | $\mathbf{1 9 9 1}$ | $\mathbf{2 0 1 1}$ |
| $65-69$ | 11,100 | 15,100 | 17,800 | 9,100 | 12,500 | 15,800 |
| $70-74$ | 9,000 | 11,800 | 15,700 | 7,500 | 9,900 | 13,700 |
| $75-79$ | 7,100 | 9,300 | 12,600 | 5,900 | 7,500 | 10,500 |
| $80-84$ | 4,300 | 6,600 | 8,800 | 3,800 | 5,300 | 7,400 |
| $85+$ | 2,900 | 5,200 | 9,000 | 2,500 | 4,200 | 6,900 |
| Total (65+) | $\mathbf{3 4 , 4 0 0}$ | $\mathbf{4 7 , 8 0 0}$ | $\mathbf{6 3 , 9 0 0}$ | $\mathbf{2 8 , 8 0 0}$ | $\mathbf{3 9 , 5 0 0}$ | $\mathbf{5 4 , 3 0 0}$ |
| LCG Total (all ages) | 290,400 | 362,700 | 411,500 | 263,900 | 300,700 | 317,900 |
| 65+ as \% of LCG total | $11.85 \%$ | $13.18 \%$ | $15.53 \%$ | $10.91 \%$ | $13.14 \%$ | $17.08 \%$ |

[^1]
## COMMENTARY

- In 2011, 15\% of the population in Northern Ireland were aged 65+. However in Belfast, Northern and South Eastern LCG areas, this proportion was much higher, with South Eastern LCG having the highest proportion at $15.88 \%$.
- By 2021, it is expected that South Eastern LCG will continue to have the highest proportion of elderly residents (at 19.66\%); however Western LCG is expected to have the largest increase in 65+ population (37\%). (Belfast $=8 \%$, North $=29 \%$, South East $=30 \%$, South $=34 \%$ ).


## POPULATION

## $1.565+$ population, gender split, 1991 and 2011, Northern Ireland

| Age band | 1991 |  |  | 2011 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male/Female ratio | Male | Female | Male/Female ratio |
| 65-69 | 29,600 | 36,300 | 0.82 | 40,000 | 43,000 | 0.93 |
| 70-74 | 23,000 | 30,700 | 0.75 | 29,600 | 34,100 | 0.87 |
| 75-79 | 16,400 | 25,700 | 0.64 | 22,100 | 28,600 | 0.77 |
| 80-84 | 9,200 | 18,200 | 0.51 | 14,200 | 22,400 | 0.63 |
| 85+ | 4,700 | 14,400 | 0.33 | 9,800 | 22,000 | 0.45 |
| Total (65+) | 82,900 | 125,400 | 0.66 | 115,700 | 150,000 | 0.77 |
| N total | 783,200 | 824,100 | 0.95 | 889,300 | 925,000 | 0.96 |



Source: NISRA, Mid Year Estimates, 1991 and 2011 (http://www.nisra.gov.uk/demography/default.asp17.htm)
Population estimates are shown rounded to the nearest 100, therefore rounded figures may not sum to totals

## COMMENTARY

- The table shows clearly that in all age groups over sixty-five, in both 1991 and 2011, there were more females than males across Northern Ireland.
- Across all ages in Northern Ireland the ratio was almost 1:1 i.e. 1 male to every female. This ratio has changed slightly from 0.95 in 1991 to 0.96 in 2011. However the data indicates that the ratio between male and female decreased with age i.e. there were fewer males to females as age increases.
- The decrease in this ratio is particularly noticeable in the older age bands. In 1991, in the 80-84 age band, there were twice as many females as males, however in 2011; this had decreased to a ratio of less than three females to two males (0.63). In the 85+ age group, in 1991 there were three females for every one male. By 2011 this had decreased to two females for every one male.


## POPULATION

### 1.6 Ethnicity in 65+ population based on Country of Birth, 2011, Northern Ireland

|  | All residents | Northern Ireland | England | Scotland | Wales | Republic of Ireland | Other EU: <br> Member countries prior to 2004 expansion | Other EU: <br> Accession countries 2004 onwards | Other |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Aged 65 to 69 | 82,121 | 74,649 | 2,775 | 782 | 183 | 2,998 | 133 | 71 | 530 |
| \% of all residents | - | 90.9\% | 3.4\% | 1.0\% | 0.2\% | 3.7\% | 0.2\% | 0.1\% | 0.6\% |
| Aged 70 to 74 | 63,479 | 57,355 | 2,143 | 731 | 77 | 2,538 | 109 | 46 | 480 |
| \% of all residents | - | 90.4\% | 3.4\% | 1.2\% | 0.1\% | 4.0\% | 0.2\% | 0.1\% | 0.8\% |
| Aged 75 to 79 | 50,358 | 45,752 | 1,310 | 495 | 68 | 2,168 | 77 | 26 | 462 |
| \% of all residents | - | 90.9\% | 2.6\% | 1.0\% | 0.1\% | 4.3\% | 0.2\% | 0.1\% | 0.9\% |
| Aged 80 to 84 | 36,366 | 32,653 | 968 | 400 | 60 | 1,735 | 80 | 24 | 446 |
| \% of all residents | - | 89.8\% | 2.7\% | 1.1\% | 0.2\% | 4.8\% | 0.2\% | 0.1\% | 1.2\% |
| Aged 85 and over | 31,396 | 27,542 | 1,086 | 425 | 68 | 1,917 | 82 | 16 | 260 |
| \% of all residents | - | 87.7\% | 3.5\% | 1.4\% | 0.2\% | 6.1\% | 0.3\% | 0.1\% | 0.8\% |
| Total (65+) | 263,720 | 237,951 | 8,282 | 2,833 | 456 | 11,356 | 481 | 183 | 2,178 |
| \% of all residents | - | 90.2\% | 3.1\% | 1.1\% | 0.2\% | 4.3\% | 0.2\% | 0.1\% | 0.8\% |
| All ages | 1,810,863 | 1,608,853 | 64,717 | 15,455 | 2,552 | 37,833 | 9,703 | 35,720 | 36,030 |
| \% of all residents | - | 88.8\% | 3.6\% | 0.9\% | 0.1\% | 2.1\% | 0.5\% | 2.0\% | 2.0\% |

## COMMENTARY

- In 2011, just over $90 \%$ of those aged 65 and over were born in Northern Ireland, $4.4 \%$ in other UK countries, $4.3 \%$ in the Republic of Ireland, $0.3 \%$ in an EU country and $0.8 \%$ elsewhere.
- The proportion of the population aged $65+$ born in Republic of Ireland ( $4.3 \%$ ) was much higher than the equivalent figure for all ages ( $2.1 \%$ ), whereas the opposite can be seen in those born in EU countries and elsewhere. This is consistent with the increased numbers of working age residents of EU accession countries who came to Northern Ireland in the last decade.

[^2]
## POPULATION

1.7 Old age dependency ratio, 2011 and projected dependency ratio, 2021, Northern Ireland and Local Commissioning Groups

|  | Northern Ireland |  |
| :--- | ---: | ---: |
|  | Population | Pop projections <br> (thousands) |
| Age band | $\mathbf{2 0 1 1}$ | $\mathbf{2 0 2 1}$ |
| $15-64$ | $1,192,300$ | 1,206 |
| $65+$ | 265,800 | 335 |
| Dependency ratio | 0.22 | 0.28 |



|  | Local Commissioning Groups |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Belfast |  | Northern |  | South Eastern |  | Southern |  | Western |  |
|  | Population | Pop projections | Population | Pop projections | Population | Pop projections | Population | Pop projections | Population | Pop projections |
| Age band | 2011 | 2021 | 2011 | 2021 | 2011 | 2021 | 2011 | 2021 | 2011 | 2021 |
| 15-64 | 221,000 | 225,300 | 299,000 | 305,200 | 226,300 | 224,500 | 236,900 | 258,100 | 198,600 | 200,800 |
| 65+ | 52,500 | 56,700 | 71,100 | 91,800 | 55,300 | 71,800 | 47,800 | 63,900 | 39,500 | 54,300 |
| Dependency ratio | 0.24 | 0.25 | 0.24 | 0.30 | 0.24 | 0.32 | 0.20 | 0.25 | 0.20 | 0.27 |

## COMMENTARY

- The tables indicate that the old age dependency ratio across NI is expected to increase.
- The levels at which the ratio increases across LCGs differs e.g. Belfast is expected to see a slight increase whereas South Eastern expects a larger increase.

 This ratio quantifies the number of persons in a population who are not economically active for every economically active person in that population.
 actually not working


## LIFE EXPECTANCY

### 1.8 Life expectancy at age 65 years, Northern Ireland, 1900-2010

| PERIOD | Male | Female | Gap between <br> Male and Female |
| :--- | :---: | :---: | :---: |
| $1900-02$ | 10.5 | 10.4 | 0.1 |
| $1925-27$ | 11.9 | 12.7 | -0.8 |
| $1950-52$ | 12.1 | 13.5 | -1.4 |
| $1975-77$ | 11.8 | 15.3 | -3.5 |
| $2000-02$ | 15.7 | 18.9 | -3.2 |
| $2001-03$ | 15.9 | 19.0 | -3.1 |
| $2002-04$ | 16.2 | 19.1 | -2.9 |
| $2003-05$ | 16.4 | 19.4 | -3.0 |
| $2004-06$ | 16.7 | 19.6 | -2.9 |
| $2005-07$ | 16.9 | 19.8 | -2.9 |
| $2006-08$ | 17.0 | 19.9 | -2.9 |
| $2007-09$ | 17.2 | 20.0 | -2.8 |
| $2008-10$ | 17.4 | 20.2 | -2.8 |



## COMMENTARY

- Although in 1900-02, the male life expectancy at aged 65 years was higher than the female life expectancy, by 1925-27 and onwards, this had reversed i.e. females have a longer life expectancy.
- Life expectancy for both genders has improved since the start of the $20^{\text {th }}$ century - almost doubling the number of years in females.
- However there still remains a gap between male and female life expectancies - even today. Since 1975-77, the gap between male and female has remained fairly steady with only minor fluctuations.
- However the figures fall short of some EU countries where life expectancy at 65 years is higher particularly in females. For example, in males in 2010, France $=18.9$, Spain $=18.6$, Italy $=18.6$. Figures for females in 2010: France $=23.4$, Spain $=22.7$, Italy $=22.6$.

[^3] Eurostat (http://epp.eurostat.ec.europa.eu/portal/page/portal/eurostat/home)

## LIFE EXPECTANCY

1.9 Life expectancy at age 65 years, Local Commissioning Groups, 2001-2010

| PERIOD | Male |  |  |  |  | Female |  |  |  |  | Gap between Male and Female |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Belfast | Northern | South Eastern | Southern | Western | Belfast | Northern | South Eastern | Southern | Western | Belfast | Northern | South Eastern | Southern | Western |
| 2001-03 | 15.1 | 16.5 | 15.9 | 16.6 | 15.3 | 18.8 | 19.3 | 18.8 | 19.3 | 18.4 | -3.7 | -2.8 | -2.9 | -2.7 | -3.1 |
| 2002-04 | 15.4 | 16.7 | 16.3 | 16.8 | 15.6 | 19.0 | 19.4 | 18.8 | 19.6 | 18.7 | -3.6 | -2.7 | -2.5 | -2.8 | -3.1 |
| 2003-05 | 15.7 | 16.9 | 16.6 | 16.9 | 15.9 | 19.2 | 19.6 | 19.3 | 19.9 | 18.9 | -3.5 | -2.7 | -2.7 | -3.0 | -3.0 |
| 2004-06 | 15.9 | 17.1 | 16.7 | 17.3 | 16.5 | 19.3 | 19.9 | 19.5 | 20.1 | 19.2 | -3.4 | -2.8 | -2.8 | -2.8 | -2.7 |
| 2005-07 | 15.9 | 17.3 | 17.1 | 17.5 | 16.6 | 19.3 | 20.0 | 20.0 | 20.2 | 19.4 | -3.4 | -2.7 | -2.9 | -2.7 | -2.8 |
| 2006-08 | 16.0 | 17.4 | 17.0 | 17.6 | 16.7 | 19.3 | 20.1 | 19.9 | 20.2 | 19.6 | -3.3 | -2.7 | -2.9 | -2.6 | -2.9 |
| 2007-09 | 16.1 | 17.7 | 17.3 | 17.8 | 16.9 | 19.3 | 20.4 | 20.1 | 20.2 | 19.8 | -3.2 | -2.7 | -2.8 | -2.4 | -2.9 |
| 2008-10 | 16.4 | 17.8 | 18.1 | 17.2 | 17.3 | 19.6 | 20.5 | 20.4 | 20.2 | 20.2 | -3.2 | -2.7 | -2.3 | -3.0 | -2.9 |

LCG: Gap in life expectancy (in years) between male and female (2001 to 2010) (non zero axis)


## COMMENTARY

- Although life expectancy is improving in general across all LCGs, there are differences.
- Recent figures (2008-10) suggest life expectancy figures for Belfast LCG were lower for both males and females when compared to the other LCGs.
- The gender gap in Belfast LCG is also the highest compared to the other LCG areas (and has been in the years shown above). However the chart shows that the gender gap in Belfast is steadily reducing. Note the 2008-10 figures for Southern LCG show an increase in the gender gap.

Source: Office for National Statistics via Northern Ireland Statistics \& Research Agency (http://www.nisra.gov.uk/demography/default.asp130.htm)

## LIFE EXPECTANCY

1.10 Period Expectation of life, at 75 years, Northern Ireland, 1982-2010

|  | $\mathbf{1 9 8 0 - 8 2}$ | $\mathbf{1 9 8 5 - 8 7}$ | $\mathbf{1 9 9 0 - 9 2}$ | $\mathbf{1 9 9 5 - 9 7}$ | $\mathbf{2 0 0 0 - 0 2}$ | $\mathbf{2 0 0 5 - 0 7}$ | 2008-10 |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
| Male | 7.45 | 8.08 | 8.50 | 8.77 | 9.29 | 9.93 | 10.42 |
| Female | 9.77 | 10.41 | 11.00 | 11.16 | 11.44 | 12.05 | 12.40 |



## COMMENTARY

- Expectation of life at age 75 years has increased over the last thirty years for both genders.
- In 2008-10, a male aged 75 years could expect to live to 85.4 years, whilst a female may live to 87.4 years.
- In this time period, male life expectancy has increased by 2.97 years and female life expectancy by 2.63 years.
- There remains a gap between males and females (1.98 years in 2008-10), although this gap has decreased slightly since 1980-82 (gap=2.32 years).

Source: NISRA, Demography and Methodology Branch (Life Tables) (http://www.nisra.gov.uk/demography/default.asp130.htm)
Period life expectancy at a given age for an area is the average number of years a person would live, if he or she experienced the particular area's age-specific mortality rates for that time period throughout his or her life. It makes no allowance for any later actual or projected changes in mortality. Most quoted life expectancy figures are period based.

## LIFE EXPECTANCY

1.11 Healthy/Disability free Life Expectancy at age 65 years by year and gender, Northern Ireland, 2000-02 - 2008-10

| Gender/Year |  | LE | HLE-3 ${ }^{1}$ | Lower 95 per cent confidence interval | Upper 95 per cent confidence interval | HLE- $3^{1}$ as a proportion of LE (\%) | HLE-5 ${ }^{2}$ | Lower 95 per cent confidence interval | ```Upper 95 per cent confidence interval``` | HLE-5 ${ }^{2}$ as a proportion of LE (\%) | DFLE | Lower 95 per cent confidence interval | Upper 95 per cent confidence interval | DFLE as a proportio n of LE (\%) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Males | 2000-02 | 15.7 | 11.1 | 10.66 | 11.50 | 71.0 | 8.5* | 8.07 | 8.99 | 54.5 | 7.6 | 7.04 | 8.09 | 48.5 |
|  | 2001-03 | 15.9 | 11.4 | 10.97 | 11.81 | 71.8 | 8.8* | 8.28 | 9.23 | 55.2 | 7.6 | 7.10 | 8.18 | 48.2 |
|  | 2002-04 | 16.1 | 11.9 | 11.44 | 12.28 | 73.6 | 9.1* | 8.62 | 9.58 | 56.4 | 8.2 | 7.78 | 8.67 | 51.0 |
|  | 2003-05 | 16.4 | 12.8 | 12.42 | 13.22 | 78.4 | 9.7* | 9.20 | 10.17 | 59.2 | 8.8 | 8.31 | 9.22 | 53.6 |
|  | 2004-06 | 16.6 | 12.9 | 12.53 | 13.35 | 77.9 | 9.7* | 9.25 | 10.23 | 58.6 | 9.1 | 8.67 | 9.60 | 55.0 |
|  | 2005-07 | 16.8 | 12.9 | 12.53 | 13.37 | 77.2 | 9.6 | 9.07 | 10.08 | 57.1 | 8.9 | 8.41 | 9.35 | 52.9 |
|  | 2006-08 | 16.8 | .. | .. | .. | .. | 9.5 | 8.95 | 9.95 | 56.1 | 8.8 | 8.29 | 9.23 | 52.0 |
|  | 2007-09 | 17.1 | .. | .. | .. | .. | 9.6 | 9.13 | 10.12 | 56.4 | 9.0 | 8.53 | 9.47 | 52.8 |
|  | 2008-10 | 17.3 | .. | .. | .. | .. | 9.5 | 9.04 | 9.99 | 55.1 | 9.2 | 8.79 | 9.71 | 53.3 |
| Females | 2000-02 | 18.7 | 12.5 | 12.11 | 12.94 | 66.7 | 10.0* | 9.59 | 10.48 | 53.6 | 8.5 | 7.97 | 9.01 | 45.4 |
|  | 2001-03 | 18.9 | 12.9 | 12.49 | 13.34 | 68.2 | 10.2* | 9.74 | 10.66 | 53.9 | 8.5 | 7.98 | 9.06 | 45.0 |
|  | 2002-04 | 19.1 | 13.2 | 12.77 | 13.63 | 69.1 | 10.5* | 10.05 | 10.99 | 55.1 | 8.6 | 8.19 | 9.08 | 45.2 |
|  | 2003-05 | 19.3 | 13.6 | 13.20 | 14.06 | 70.5 | 10.7* | 10.27 | 11.22 | 55.6 | 8.7 | 8.26 | 9.16 | 45.0 |
|  | 2004-06 | 19.5 | 13.8 | 13.38 | 14.27 | 70.7 | 11.0* | 10.48 | 11.46 | 56.1 | 9.0 | 8.57 | 9.49 | 46.2 |
|  | 2005-07 | 19.7 | 13.9 | 13.41 | 14.31 | 70.4 | 10.7 | 10.21 | 11.20 | 54.4 | 9.1 | 8.61 | 9.55 | 46.1 |
|  | 2006-08 | 19.8 | .. | .. | . | .. | 10.9 | 10.35 | 11.35 | 54.9 | 9.3 | 8.78 | 9.72 | 46.9 |
|  | 2007-09 | 19.9 | .. | .. | . |  | 10.7 | 10.22 | 11.21 | 53.9 | 9.2 | 8.77 | 9.71 | 46.5 |
|  | 2008-10 | 20.1 | .. | .. | .. | .. | 10.8 | 10.29 | 11.25 | 53.8 | 9.4 | 8.97 | 9.90 | 46.9 |

[^4]
## LIFE EXPECTANCY

1.11 (cont'd) Healthy/Disability free Life Expectancy at age 65 years by year and gender, Northern Ireland, 2000-02-2008-10

Males in Northern Ireland: Disability Free Life Expectancy at age 65
showing confidence intervals, 2000-02 to 2008-10


Females in Northern Ireland: Disability Free Life Expectancy at age 65 showing confidence intervals, 2000-02 to 2008-10


## COMMENTARY

- Significant increases in health expectancies over time, indicated by non-overlapping $95 \%$ confidence intervals, can be deduced only from non-overlapping datasets, for example as 2003-05 is an aggregation of data from 2003, 2004 and 2005 , this can only be compared with datasets that do not include those years i.e. 2000-02 which consists of aggregated data from 2000, 2001 and 2002.
- In terms of healthy life expectancy - the number of years an individual might expect to live in good health shows that between 2000-02 and 2007-09, it increased in NI for both males and females by around 1.4 years to 60.5 years and 62.5 years respectively.
- NI generally fares worse than the other UK countries, particularly England, and this is true for both the number of years and the proportion of an individual's life that might be expected to be lived 'in good health'. The gap between healthy life expectancy in NI and England doubled over the period to 3.0 years for both males and females in 2007-09.


## LIFE EXPECTANCY

1.12 Healthy/Disability-free Life Expectancy at age 65 years by gender and country, United Kingdom, 2008-10

| Gender/Country |  | LE | HLE-5 ${ }^{1}$ | Lower 95 per cent confidence interval | Upper 95 per cent confidence interval | HLE-5 ${ }^{1}$ as a proportion of LE (\%) | DFLE | Lower 95 per cent confidence interval | Upper 95 per cent confidence interval | DFLE as a proportion of LE (\%) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Males | United Kingdom | 17.8 | 10.1 | 9.80 | 10.44 | 56.8 | 10.4 | 10.08 | 10.70 | 58.3 |
|  | Great Britain | 17.9 | 10.2 | 9.75 | 10.57 | 56.9 | 10.5 | 10.07 | 10.89 | 58.8 |
|  | England | 18.0 | 10.3 | 9.89 | 10.79 | 57.4 | 10.7 | 10.22 | 11.12 | 59.3 |
|  | Wales | 17.5 | 10.3 | 8.53 | 12.01 | 58.7 | 10.3 | 8.62 | 11.99 | 58.9 |
|  | Scotland | 16.6 | 8.6 | 7.44 | 9.82 | 51.9 | 9.0 | 7.80 | 10.15 | 54.2 |
|  | Northern Ireland | 17.3 | 9.5 | 9.04 | 9.99 | 55.1 | 9.2 | 8.79 | 9.71 | 53.3 |
| Females | United Kingdom | 20.4 | 11.6 | 11.28 | 11.93 | 56.8 | 11.2 | 10.84 | 11.47 | 54.6 |
|  | Great Britain | 20.5 | 11.7 | 11.25 | 12.10 | 56.9 | 11.3 | 10.88 | 11.72 | 55.3 |
|  | England | 20.6 | 11.8 | 11.38 | 12.30 | 57.4 | 11.3 | 10.86 | 11.76 | 54.8 |
|  | Wales | 20.2 | 10.0 | 8.16 | 11.88 | 49.7 | 11.3 | 9.25 | 13.33 | 56.0 |
|  | Scotland | 19.2 | 10.8 | 9.42 | 12.09 | 56.0 | 11.1 | 9.83 | 12.32 | 57.7 |
|  | Northern Ireland | 20.1 | 10.8 | 10.29 | 11.25 | 53.9 | 9.4 | 8.97 | 9.90 | 46.9 |

## COMMENTARY

- Northern Ireland generally fares worse than the other UK countries, particularly England, and this is true for both the number of years and the proportion of an individual's life that might be expected to be lived 'in good health'.
- There is a gap in healthy life expectancy between males and females, with Scotland having the largest gap in 2008-10 of 2.2 years. Interestingly the gap between males and females in Wales is reversed i.e. males have a higher healthy life expectancy than females, although the gap is small at 0.3 years. Gender gap in Northern Ireland $=1.3$ years, remaining countries all have gaps of 1.5 years.
- Northern Ireland has the lowest disability free life expectancy figure for females at 9.4 years. The equivalent figure for males is low at 9.2 years but Scotland has a slightly lower figure at 9.0 years.
- Both males and females in NI are expected to live longer 'in good health' than they are expected to live without disability.

[^5]
## SECTION 2: <br> - MORTALITY -

## MORTALITY

### 2.1 Deaths by age group for all causes, Northern Ireland, 1991, 2001 and 2011 and Local Commissioning Groups, 2011

| Age | 2011 |  |  |  |  |  | 2001 |  |  |  |  |  | 1991 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Persons |  | Males |  | Females |  | Persons |  | Males |  | Females |  | Persons |  | Males |  | Females |  |
|  | Deaths | \% of all deaths | Deaths | $\%$ of all deaths | Deaths | $\%$ of all deaths | Deaths | $\%$ of all deaths | Deaths | $\%$ of all deaths | Deaths | \% of all deaths | Deaths | $\%$ of all deaths | Deaths | \% of all deaths | Deaths | $\%$ of all deaths |
| 65-69 | 1,019 | 7.17\% | 597 | 8.63\% | 422 | 5.79\% | 1,167 | 8.04\% | 696 | 9.93\% | 471 | 6.27\% | 1,604 | 10.63\% | 971 | 12.89\% | 633 | 8.37\% |
| 70-74 | 1,438 | 10.12\% | 816 | 11.80\% | 622 | 8.54\% | 1,766 | 12.17\% | 972 | 13.87\% | 794 | 10.58\% | 2,028 | 13.43\% | 1,159 | 15.39\% | 869 | 11.49\% |
| 75-79 | 1,901 | 13.38\% | 1,049 | 15.16\% | 852 | 11.69\% | 2,234 | 15.39\% | 1,192 | 17.01\% | 1,042 | 13.88\% | 2,541 | 16.83\% | 1,304 | 17.31\% | 1,237 | 16.36\% |
| 80-84 | 2,322 | 16.35\% | 1,065 | 15.39\% | 1,257 | 17.25\% | 2,540 | 17.50\% | 1,178 | 16.81\% | 1,362 | 18.15\% | 2,448 | 16.22\% | 1,088 | 14.44\% | 1,360 | 17.98\% |
| 85-89 | 2,425 | 17.07\% | 970 | 14.02\% | 1,455 | 19.97\% | 2,226 | 15.34\% | 806 | 11.50\% | 1,420 | 18.92\% | 1,893 | 12.54\% | 636 | 8.44\% | 1,257 | 16.62\% |
| 90+ | 2,243 | 15.79\% | 634 | 9.16\% | 1,609 | 22.08\% | 1,792 | 12.35\% | 425 | 6.07\% | 1,367 | 18.21\% | 1,222 | 8.09\% | 291 | 3.86\% | 931 | 12.31\% |
| Total (65+) | 11,348 | 79.89\% | 5,131 | 74.17\% | 6,217 | 85.33\% | 11,725 | 80.79\% | 5,269 | 75.20\% | 6,456 | 86.01\% | 11,736 | 77.74\% | 5,449 | 72.34\% | 6,287 | 83.13\% |
| NI | 14,204 | - | 6,918 | - | 7,286 | - | 14,513 | - | 7,007 | - | 7,506 | - | 15,096 | - | 7,533 | - | 7,563 | - |


| Age | 2011 by Local Commissioning Group |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Belfast |  | Northern |  | South Eastern |  | Southern |  | Western |  |
|  | Deaths | $\%$ of all deaths | Deaths | \% of all deaths | Deaths | \% of all deaths | Deaths | \% of all deaths | Deaths | $\%$ of all deaths |
| 65-69 | 225 | 6.97\% | 265 | 7.32\% | 220 | 7.76\% | 174 | 7.02\% | 135 | 6.62\% |
| 70-74 | 323 | 10.00\% | 389 | 10.74\% | 271 | 9.56\% | 244 | 9.85\% | 211 | 10.35\% |
| 75-79 | 427 | 13.22\% | 494 | 13.64\% | 377 | 13.29\% | 332 | 13.40\% | 271 | 13.30\% |
| 80-84 | 523 | 16.19\% | 610 | 16.84\% | 459 | 16.18\% | 406 | 16.38\% | 324 | 15.90\% |
| 85-89 | 547 | 16.93\% | 633 | 17.48\% | 477 | 16.82\% | 448 | 18.08\% | 320 | 15.70\% |
| 90+ | 522 | 16.16\% | 555 | 15.32\% | 525 | 18.51\% | 336 | 13.56\% | 305 | 14.97\% |
| Total (65+) | 2,567 | 79.47\% | 2,946 | 81.34\% | 2,329 | 82.12\% | 1,940 | 78.29\% | 1,566 | 76.84\% |
| LCG Total (all ages) | 3,230 | - | 3,622 | - | 2,836 | - | 2,478 | - | 2,038 | - |

[^6]
## COMMENTARY

- In 2011, almost $80 \%$ or 4 in every 5 deaths in Northern Ireland occurred when the person was aged 65 and over. This figure has remained more or less steady in the last twenty years.
- The equivalent figures by LCG range from $76.8 \%$ in West to $82.1 \%$ in South East.
- However the difference between genders is noticable - in 2011 in Northern Ireland, 74\% of male deaths and $85 \%$ of female deaths occurred in this age group (2001 figures are $72 \%$ and $83 \%$ respectively).


## MORTALITY

### 2.2 Number of deaths by age group, Northern Ireland, 1992-2011

| Year | All Ages | $\mathbf{6 5 - 7 4}$ | $\mathbf{7 5 - 8 4}$ | $\mathbf{8 5 - 9 4}$ | $\mathbf{9 5 +}$ |
| :--- | ---: | ---: | ---: | ---: | ---: |
| 1992 | $\mathbf{1 4 , 9 8 8}$ | 3,726 | 5,001 | 2,763 | 348 |
| 1993 | $\mathbf{1 5 , 6 3 3}$ | 3,852 | 5,097 | 3,039 | 350 |
| 1994 | $\mathbf{1 5 , 1 1 4}$ | 3,582 | 4,917 | 3,027 | 355 |
| 1995 | $\mathbf{1 5 , 3 1 0}$ | 3,592 | 5,062 | 3,097 | 386 |
| 1996 | $\mathbf{1 5 , 2 1 8}$ | 3,516 | 5,099 | 3,273 | 368 |
| 1997 | $\mathbf{1 4 , 9 7 1}$ | 3,346 | 4,971 | 3,304 | 403 |
| 1998 | $\mathbf{1 4 , 9 9 3}$ | 3,224 | 4,942 | 3,469 | 415 |
| 1999 | $\mathbf{1 5 , 6 6 3}$ | 3,174 | 5,221 | 3,766 | 486 |
| 2000 | $\mathbf{1 4 , 9 0 3}$ | 2,990 | 4,952 | 3,514 | 509 |
| 2001 | $\mathbf{1 4 , 5 1 3}$ | 2,933 | 4,774 | 3,515 | 503 |
| 2002 | $\mathbf{1 4 , 5 8 6}$ | 2,833 | 4,752 | 3,561 | 488 |
| 2003 | $\mathbf{1 4 , 4 6 2}$ | 2,838 | 4,821 | 3,551 | 528 |
| 2004 | $\mathbf{1 4 , 3 5 4}$ | 2,697 | 4,813 | 3,377 | 532 |
| 2005 | $\mathbf{1 4 , 2 2 4}$ | 2,542 | 4,698 | 3,513 | 510 |
| 2006 | $\mathbf{1 4 , 5 3 2}$ | 2,538 | 4,631 | 3,705 | 590 |
| 2007 | $\mathbf{1 4 , 6 4 9}$ | 2,476 | 4,696 | 3,806 | 591 |
| 2008 | $\mathbf{1 4 , 9 0 7}$ | 2,584 | 4,611 | 4,033 | 648 |
| 2009 | $\mathbf{1 4 , 4 1 3}$ | 2,539 | 4,427 | 3,794 | 655 |
| 2010 | $\mathbf{1 4 , 4 5 7}$ | 2,606 | 4,268 | 3,893 | 638 |
| 2011 | $\mathbf{1 4 , 2 0 4}$ | 2,457 | 4,223 | 3,973 | 695 |



## COMMENTARY

- The figures indicate that there have been a consistently higher number of deaths in the 75-84 age band since 1992 , whilst the lowest numbers can be seen in the $95+$ age band. It is important to note that as these are numbers of deaths, population size is not taken into account.
- The chart shows a decrease in the number of deaths in those aged $65-74$ and $75-84$, with slight increases in those aged $85-94$ and $95+$ - this is consistent with increased numbers of people in these older age bands.

Source: General Register Office via NISRA (http://www.nisra.gov.uk/demography/default.asp10.htm)

## MORTALITY

2.3 Death rates, per 1,000 population by age group, Northern Ireland, 1992-2011

| Year | Persons |  |  |  | Male |  |  |  | Female |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { All } \\ \text { Ages } \end{gathered}$ | 65-74 | 75-84 | 85+ | $\begin{gathered} \text { All } \\ \text { Ages } \end{gathered}$ | 65-74 | 75-84 | 85+ | $\begin{gathered} \text { All } \\ \text { Ages } \end{gathered}$ | 65-74 | 75-84 | 85+ |
| 1992 | 9.2 | 30.7 | 72.0 | 155.8 | 9.4 | 40.8 | 92.5 | 186.6 | 9.0 | 22.8 | 60.0 | 145.6 |
| 1993 | 9.6 | 31.4 | 73.8 | 164.7 | 9.7 | 41.7 | 96.4 | 196.5 | 9.4 | 23.4 | 60.5 | 154.1 |
| 1994 | 9.2 | 29.1 | 71.2 | 159.9 | 9.2 | 38.0 | 89.6 | 189.0 | 9.2 | 22.2 | 60.3 | 150.1 |
| 1995 | 9.3 | 29.3 | 71.8 | 160.6 | 9.3 | 37.9 | 91.5 | 191.4 | 9.3 | 22.5 | 59.9 | 150.1 |
| 1996 | 9.2 | 28.7 | 70.9 | 163.2 | 9.2 | 37.6 | 90.2 | 195.9 | 9.2 | 21.7 | 59.1 | 151.9 |
| 1997 | 9.0 | 27.4 | 68.2 | 163.0 | 8.9 | 35.8 | 85.4 | 185.7 | 9.0 | 20.7 | 57.6 | 155.0 |
| 1998 | 8.9 | 26.4 | 66.9 | 167.1 | 8.9 | 34.5 | 86.6 | 189.9 | 8.9 | 19.8 | 54.9 | 159.0 |
| 1999 | 9.3 | 26.0 | 69.9 | 183.0 | 9.1 | 34.4 | 86.0 | 208.5 | 9.5 | 19.2 | 59.9 | 173.7 |
| 2000 | 8.9 | 24.4 | 65.7 | 172.5 | 8.7 | 30.7 | 83.5 | 194.6 | 9.0 | 19.3 | 54.5 | 164.4 |
| 2001 | 8.6 | 23.8 | 61.8 | 171.5 | 8.5 | 30.0 | 79.4 | 193.4 | 8.7 | 18.7 | 50.8 | 163.4 |
| 2002 | 8.6 | 22.7 | 60.1 | 171.7 | 8.4 | 28.6 | 73.0 | 190.2 | 8.8 | 17.8 | 51.8 | 164.7 |
| 2003 | 8.5 | 22.5 | 59.7 | 173.1 | 8.3 | 28.9 | 73.6 | 196.5 | 8.7 | 17.2 | 50.9 | 164.2 |
| 2004 | 8.4 | 21.2 | 58.7 | 162.9 | 8.3 | 26.4 | 73.9 | 176.3 | 8.5 | 16.7 | 49.0 | 157.5 |
| 2005 | 8.2 | 19.8 | 56.9 | 159.8 | 8.2 | 24.6 | 70.8 | 178.1 | 8.3 | 15.7 | 47.9 | 152.2 |
| 2006 | 8.3 | 19.6 | 55.5 | 163.2 | 8.3 | 24.5 | 69.1 | 177.5 | 8.4 | 15.4 | 46.7 | 157.1 |
| 2007 | 8.3 | 18.8 | 55.8 | 161.2 | 8.4 | 23.2 | 70.8 | 176.6 | 8.3 | 14.9 | 45.9 | 154.6 |
| 2008 | 8.4 | 19.1 | 54.1 | 167.2 | 8.3 | 24.1 | 66.7 | 185.6 | 8.5 | 14.6 | 45.7 | 159.3 |
| 2009 | 8.1 | 18.2 | 51.3 | 155.1 | 7.9 | 21.6 | 63.0 | 168.6 | 8.2 | 15.2 | 43.3 | 149.2 |
| 2010 | 8.0 | 18.2 | 48.7 | 152.7 | 8.0 | 22.9 | 59.6 | 166.5 | 8.1 | 14.0 | 41.1 | 146.6 |
| 2011 | 7.9 | 16.8 | 47.4 | 151.7 | 7.8 | 20.4 | 57.3 | 167.7 | 7.9 | 13.5 | 40.4 | 144.5 |

## COMMENTARY

- Death rates have fallen in the last twenty years in all age groups.
- However in some age groups, the decrease has been more marked e.g. in the 65-74 age group in both genders, the death rates have almost halved. In the older age group (85+), the decrease is not as significant with very little difference in the female rates and a small drop in the male rates.
- As expected, death rates increase with age, with a large increase between the 75-84 and 85+ age groups.
- In all age groups, in most years, females had lower death rates compared to males. This is particularly evident in the elderly population. The death rates for all ages shows little difference between genders, however in the 65-74, 75-84 and 85+ age groups, females had a much lower death rate.

[^7]
## MORTALITY

### 2.4 Major causes of death, Northern Ireland, 2011

|  | 65-74 | $\%$ of total deaths | 75-84 | $\%$ of total deaths | 85+ | $\%$ of total deaths | Total (65+) | \% of Deaths (65+) | All Ages |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cancers | 1,026 | 41.8\% | 1,336 | 31.6\% | 702 | 15.04\% | 3,065 | 27.01\% | 4,059 |
| Circulatory system | 652 | 26.5\% | 1,247 | 29.5\% | 1,554 | 33.29\% | 3,454 | 30.43\% | 3,951 |
| Respiratory system | 287 | 11.7\% | 624 | 14.8\% | 828 | 17.74\% | 1,739 | 15.32\% | 1,923 |
| Other causes | 492 | 20.0\% | 1,016 | 24.1\% | 1,584 | 33.93\% | 3,092 | 27.24\% | 4,271 |
| Total deaths | 2,457 | - | 4,223 | - | 4,668 | - | 11,348 | 27.01\% | 14,204 |

Northern Ireland: Major causes of death in those aged 65+, 2011


## COMMENTARY

- In 2011, in those aged 65+, the highest proportion of deaths was due to causes related to the circulatory system (31\%). Deaths by cancers resulted in $27 \%$ of deaths in this age group, and respiratory diseases accounted for $15 \%$ of deaths. The equivalent figures for all ages were $28 \%, 29 \%$ and $14 \%$ respectively.
- However the charts below show:
- The proportion of cancer deaths decreased considerably with age: 65$74=42 \%, 75-84=32 \%, 85+=15 \%$.
- The proportion of deaths relating to the circulatory system increased with age: $65-74=26 \%, 75-84=29 \%, 85+=$ 33\%.
- The proportion of deaths relating to the respiratory system increased with age: $65-74=12 \%, 75-84=15 \%, 85+=$ 18\%.
- The proportion of deaths due to all other causes increased with age: 65$74=20 \%, 75-84=24 \%, 85+=34 \%$.

Source: General Register Office via NISRA (http://www.nisra.gov.uk/demography/default.asp10.htm)
ICD10 Codes: Cancers (C00-C97), Circulatory system (I00-I99), Respiratory system (J00-J99). Cause is taken from death registration and with multiple conditions in older patients there may be issues re the identification of a specific primary cause and the role of underlying conditions.

## MORTALITY

## 2.4 (cont'd) Major causes of death, Northern Ireland, 2011



Northern Ireland: Major causes of death in those aged 85+, 2011

## Cancers

15\%
Other causes 34\%

Circulatory
system
system
$33 \%$


## MORTALITY

2.5 Major causes of death, Local Commissioning Groups, 2011

|  | Belfast LCG |  |  |  |  |  |  |  |  | Northern LCG |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cause | 65-74 | \% of total deaths | 75-84 | \% of total deaths | 85+ | \% of total deaths | $\begin{aligned} & \text { Total } \\ & (65+) \end{aligned}$ |  | $\begin{gathered} \text { All } \\ \text { Ages } \end{gathered}$ | 65-74 | \% of total deaths | 75-84 | $\%$ of <br> total <br> deaths | 85+ | \% of total deaths | $\begin{aligned} & \text { Total } \\ & (65+) \end{aligned}$ | \% of total deaths | $\begin{gathered} \text { All } \\ \text { Ages } \end{gathered}$ |
| Cancers | 218 | 39.8\% | 332 | 34.9\% | 175 | 16.4\% | 725 | 28.2\% | 944 | 269 | 41.1\% | 334 | 30.3\% | 182 | 15.3\% | 785 | 26.6\% | 1,006 |
| Circulatory system | 147 | 26.8\% | 238 | 25.1\% | 329 | 30.8\% | 714 | 27.8\% | 829 | 172 | 26.3\% | 327 | 29.6\% | 389 | 32.7\% | 888 | 30.1\% | 1,026 |
| Respiratory system | 77 | 14.1\% | 136 | 14.3\% | 183 | 17.1\% | 396 | 15.4\% | 447 | 74 | 11.3\% | 168 | 15.2\% | 218 | 18.4\% | 460 | 15.6\% | 509 |
| Other causes | 106 | 19.3\% | 244 | 25.7\% | 382 | 35.7\% | 732 | 28.5\% | 1,010 | 139 | 21.3\% | 275 | 24.9\% | 399 | 33.6\% | 813 | 27.6\% | 1,081 |
| Total deaths | 548 | - | 950 | - | 1,069 | - | 2,567 | - | 3,230 | 654 | - | 1,104 | - | 1,188 | - | 2,946 | - | 3,622 |


|  | South Eastern LCG |  |  |  |  |  |  |  |  | Southern LCG |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cause | 65-74 | \% of total deaths | 75-84 | \% of total deaths | 85+ | $\%$ of <br> total <br> deaths | $\begin{aligned} & \text { Total } \\ & (65+) \end{aligned}$ | \% of total deaths | $\begin{gathered} \text { All } \\ \text { Ages } \end{gathered}$ | 65-74 | \% of total deaths | 75-84 | \% of total deaths | 85+ |  | Total (65+) | $\%$ of <br> total <br> deaths | $\begin{gathered} \text { All } \\ \text { Ages } \end{gathered}$ |
| Cancers | 208 | 42.4\% | 279 | 33.4\% | 131 | 13.1\% | 618 | 26.5\% | 807 | 187 | 44.7\% | 201 | 27.2\% | 120 | 15.3\% | 508 | 26.2\% | 692 |
| Circulatory system | 132 | 26.9\% | 249 | 29.8\% | 335 | 33.4\% | 716 | 30.7\% | 792 | 113 | 27.0\% | 256 | 34.7\% | 271 | 34.6\% | 640 | 33.0\% | 739 |
| Respiratory system | 54 | 11.0\% | 115 | 13.8\% | 169 | 16.9\% | 338 | 14.5\% | 359 | 38 | 9.1\% | 107 | 14.5\% | 140 | 17.9\% | 285 | 14.7\% | 316 |
| Other causes | 97 | 19.8\% | 193 | 23.1\% | 367 | 36.6\% | 657 | 28.2\% | 878 | 80 | 19.1\% | 174 | 23.6\% | 253 | 32.3\% | 507 | 26.1\% | 731 |
| Total deaths | 491 | - | 836 | - | 1,002 | - | 2,329 | - | 2,836 | 418 | - | 738 | - | 784 | - | 1,940 | - | 2,478 |


| Cause | Western LCG |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 65-74 | \% of total deaths | 75-84 | \% of total deaths | 85+ | $\begin{gathered} \hline \% \text { of } \\ \text { total } \\ \text { deaths } \end{gathered}$ | Total (65+) | \% of total deaths | $\begin{gathered} \text { All } \\ \text { Ages } \end{gathered}$ |
| Cancers | 144 | 41.6\% | 190 | 31.9\% | 94 | 15.0\% | 428 | 27.3\% | 610 |
| Circulatory system | 88 | 25.4\% | 177 | 29.7\% | 230 | 36.8\% | 495 | 31.6\% | 565 |
| Respiratory system | 44 | 12.7\% | 98 | 16.5\% | 118 | 18.9\% | 260 | 16.6\% | 292 |
| Other causes | 70 | 20.2\% | 130 | 21.8\% | 183 | 29.3\% | 383 | 24.5\% | 571 |
| Total deaths | 346 | - | 595 | - | 625 | - | 1,566 | - | 2,038 |

## COMMENTARY

- Across LCGs, in 2011, there were no substantial differences in the proportion of deaths due to each major cause of death by age group.
- Note that this is proportions of deaths not rates.
- See previous note re primary causes of death and multiple underlying conditions in older people on page 22.



## MORTALITY

### 2.6 Deaths, number and rates by gender, age and major cause, 2011

| Cause of death | Gender | Number of deaths |  |  |  |  | Death rates /100,000 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 65-74 | 75-84 | 85-89 | 90+ | Total (65+) | 65-74 | 75-84 | 85-89 | 90+ | Total (65+) |
| All causes | Persons | 2,457 | 4,223 | 2,425 | 2,243 | 11,348 | 1,678 | 4,743 | 11,014 | 25,631 | 4,260 |
|  | Male | 1,413 | 2,114 | 970 | 634 | 5,131 | 2,042 | 5,734 | 13,536 | 26,439 | 4,439 |
|  | Female | 1,044 | 2,109 | 1,455 | 1,609 | 6,217 | 1,352 | 4,043 | 9,797 | 25,327 | 4,128 |
| Cancers | Male | 573 | 746 | 223 | 89 | 1,631 | 828 | 2,023 | 3,112 | 3,711 | 1,411 |
|  | Female | 453 | 590 | 249 | 141 | 1,433 | 586 | 1,131 | 1,677 | 2,219 | 952 |
| Circulatory system | Male | 433 | 640 | 328 | 193 | 1,594 | 626 | 1,736 | 4,577 | 8,048 | 1,379 |
|  | Female | 219 | 607 | 488 | 545 | 1,859 | 284 | 1,164 | 3,286 | 8,579 | 1,234 |
| Respiratory system | Male | 147 | 304 | 165 | 139 | 755 | 212 | 825 | 2,303 | 5,796 | 653 |
|  | Female | 140 | 320 | 231 | 293 | 984 | 181 | 613 | 1,555 | 4,612 | 653 |
| External causes | Male | 48 | 56 | 19 | 18 | 141 | 69 | 152 | 265 | 751 | 122 |
|  | Female | 25 | 47 | 31 | 20 | 123 | 32 | 90 | 209 | 315 | 82 |
| Other causes | Male | 212 | 368 | 235 | 195 | 1,010 | 306 | 998 | 3,384 | 7440 | 874 |
|  | Female | 207 | 545 | 456 | 610 | 1,818 | 268 | 1,044 | 3,298 | 8266 | 1,207 |

## COMMENTARY

- Deaths of people aged 65 and over accounted for 80 per cent of all deaths in 2011.
- Although the death rate from cancer continues to increase with age and accounted for 27 per cent of deaths in this age group, the death rates from diseases of the circulatory system increase more quickly with age and these accounted for 30 per cent of deaths to those aged 65 and over. For those aged 85 or more, diseases of the circulatory system accounted for 33 per cent of deaths, diseases of the respiratory system 18 per cent and cancer 15 per cent (Source: Registrar General Annual Report, 2011 (http://www.nisra.gov.uk/demography/default.asp22.htm))

[^8]
## MORTALITY

### 2.7 Proportion of deaths by major cause by gender, Northern Ireland, 2011

| Cause of death | 65-74 |  | 75-84 |  | 85-89 |  | 90+ |  | Total (65+) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No | \% | No | \% | No | \% | No | \% | No | \% |
| Cancers | 573 | 40.6\% | 746 | 35.3\% | 223 | 23.0\% | 89 | 14.0\% | 1,631 | 31.8\% |
| Circulatory system | 433 | 30.6\% | 640 | 30.3\% | 328 | 33.8\% | 193 | 30.4\% | 1,594 | 31.1\% |
| Respiratory system | 147 | 10.4\% | 304 | 14.4\% | 165 | 17.0\% | 139 | 21.9\% | 755 | 14.7\% |
| External | 48 | 3.4\% | 56 | 2.6\% | 19 | 2.0\% | 18 | 2.8\% | 141 | 2.7\% |
| Other causes | 212 | 15.0\% | 368 | 17.4\% | 235 | 24.2\% | 195 | 30.8\% | 1,010 | 19.7\% |
| All causes | 1,413 | - | 2,114 | - | 970 | - | 634 | - | 5,131 | - |

FEMALES

| Cause of death | 65-74 |  | 75-84 |  | 85-89 |  | 90+ |  | Total (65+) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No | \% | No | \% | No | \% | No | \% | No | \% |
| Cancers | 453 | 43.4\% | 590 | 28.0\% | 249 | 17.1\% | 141 | 8.8\% | 1,433 | 23.0\% |
| Circulatory system | 219 | 21.0\% | 607 | 28.8\% | 488 | 33.5\% | 545 | 33.9\% | 1,859 | 29.9\% |
| Respiratory system | 140 | 13.4\% | 320 | 15.2\% | 231 | 15.9\% | 293 | 18.2\% | 984 | 15.8\% |
| External | 25 | 2.4\% | 47 | 2.2\% | 31 | 2.1\% | 20 | 1.2\% | 123 | 2.0\% |
| Other causes | 207 | 19.8\% | 545 | 25.8\% | 456 | 31.3\% | 610 | 37.9\% | 1,818 | 29.2\% |
| All causes | 1,044 | - | 2,109 | - | 1,455 | - | 1,609 | - | 6,217 | - |

## COMMENTARY

- Excluding other causes, the figures show that in the 65-74 age group, cancers caused the highest proportion of deaths in both males and in females. In the 75-84 age group, cancers caused the highest proportion of deaths in males, whilst deaths associated with the circulatory system were the largest proportion of deaths in females. In the 85-89 and 90+ age groups, diseases of the circulatory system caused the highest proportion of deaths in both males and females.

[^9]
## MORTALITY

### 2.8 Death rates by gender, age and cause, 1960 - 2011 - MALES

| MALES | Rate /100,000 population |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 65-74 years |  |  | 75-84 |  |  | 85+ |  |  |
|  | Malignant neoplasm | Heart Disease | IHD | Malignant neoplasm | Heart Disease | IHD | Malignant neoplasm | Heart Disease | IHD |
| 1960 | 921 | 2,179 | 1,836 | 1,500 | 5,049 | 4,033 | 2,958 | 13,542 | 10,917 |
| 1970 | 1,033 | 3,011 | 2,058 | 1,797 | 6,511 | 3,220 | 2,176 | 15,412 | 7,029 |
| 1980 | 1,167 | 2,404 | 2,075 | 1,976 | 4,985 | 3,863 | 2,347 | 8,534 | 5,639 |
| 1990 | 1,287 | 1,865 | 1,678 | 2,129 | 3,497 | 3,040 | 2,969 | 7,173 | 5,728 |
| 2000 | 1,007 | 993 | 885 | 1,914 | 2,527 | 2,142 | 2,807 | 5,582 | 4,530 |
| 2010 | 984 | 534 | 441 | 1,818 | 1,448 | 1,158 | 3,200 | 4,296 | 3,167 |
| 2011 | 828 | 475 | 410 | 2,023 | 1,226 | 995 | 3,262 | 3,827 | 2,886 |

## COMMENTARY

- In 65-74 and 75-84 age groups, male death rates due to malignant neoplasms increased during the 1970s, 1980s and 1990s but decreased towards 2011. In those males aged $85+$, death rates due to malignant neoplasms fluctuated but generally increased.
- Following a rise in 1970, male death rates due to heart disease are falling in all age groups.
- Male death rates due to ischaemic heart disease have decreased considerably since 1960 across all age groups.

| Northern Ireland - Males: Death rates |
| :---: |
| for major causes, 65-74, 1960-2011 |

4,000

Northern Ireland - Males: Death rates for major causes, 85+, 1960-2011


[^10]
## MORTALITY

## 2.8 (cont'd) Death rates by gender, age and cause, 1960-2011 - FEMALES

| FEMALES | Rate /100,000 population |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 65-74 years |  |  | 75-84 |  |  | 85+ |  |  |
|  | Malignant neoplasm | Heart Disease | IHD | Malignant neoplasm | Heart Disease | IHD | Malignant neoplasm | Heart Disease | IHD |
| 1960 | 598 | 1,426 | 1,024 | 930 | 3,832 | 2,934 | 1,775 | 11,925 | 9,725 |
| 1970 | 636 | 1,728 | 928 | 1,058 | 4,997 | 1,993 | 1,645 | 14,113 | 4,952 |
| 1980 | 599 | 1,142 | 914 | 1,033 | 2,975 | 2,135 | 1,479 | 6,500 | 3,914 |
| 1990 | 751 | 863 | 727 | 1,096 | 2,185 | 1,788 | 1,866 | 5,759 | 4,387 |
| 2000 | 749 | 486 | 387 | 1,147 | 1,611 | 1,268 | 1,484 | 4,083 | 2,945 |
| 2010 | 614 | 236 | 164 | 1,161 | 861 | 616 | 1,680 | 3,340 | 2,196 |
| 2011 | 586 | 181 | 135 | 1,131 | 671 | 458 | 1,839 | 2,929 | 1,830 |

## COMMENTARY

- Death rates in females due to malignant neoplasms have varied over the last fifty years across all age groups, with rates in the 75-84 and 85+ age groups showing slight increases.
- Similar to males, after a rise in 1970, female death rates due to heart disease fell considerably in all age groups, but particularly in the 65-74 age group.
- In general, death rates in females due to ischaemic heart disease are decreasing across all age groups.



Northern Ireland - Females: Death rates for major causes, 85+, 1960-2011


[^11]
## MORTALITY

### 2.9 Deaths in those aged over 100 years, Northern Ireland, 2011

## COMMENTARY

- There were 103 deaths of centenarians in 2011.
- Only 21 of these deaths were males, comprising nine aged 100, seven aged 101, one aged 102, two aged 103, one aged 104 and one aged 107. There were 82 female deaths of centenarians, 30 aged 100, 17 aged 101, 12 aged 102, 14 aged 103, four aged 104, four aged 105 and one aged 107.
- In contrast, there were 27 deaths of centenarians in 1981 of which four were male and 23 were female.

Source: Registrar General Annual report, 2011 (http://www.nisra.gov.uk/demography/default.asp22.htm)

## MORTALITY - AVOIDABLE DEATHS

2.10 Death rates (crude/1,000 population) from causes considered potentially avoidable, aged 65-74 yrs, Northern Ireland, 1991 - 2011

| Year | Persons (aged 65-74 years) |  |  | Males (aged 65-74 years) |  |  | Females (aged 65-74 years) |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All Causes | Causes considered: |  | All Causes | Causes considered: |  | All Causes | Causes considered: |  |
|  |  | Preventable | Amenable |  | Preventable | Amenable |  | Preventable | Amenable |
| 1991 | 30.4 | 18.8 | 18.1 | 40.5 | 26.4 | 23.4 | 22.4 | 12.8 | 14.0 |
| 1996 | 28.7 | 17.5 | 15.6 | 37.6 | 24.0 | 20.4 | 21.7 | 12.4 | 12.0 |
| 2001 | 23.8 | 13.5 | 10.7 | 30.0 | 17.7 | 13.3 | 18.7 | 10.1 | 8.6 |
| 2006 | 19.7 | 10.6 | 8.0 | 24.6 | 14.1 | 9.7 | 15.5 | 7.5 | 6.5 |
| 2011 | 16.7 | 8.6 | 6.0 | 20.3 | 11.2 | 7.5 | 13.5 | 6.3 | 4.6 |

## COMMENTARY

- Certain conditions are regarded as 'avoidable' in that they could have been prevented or were amenable to health care intervention. Page 32 outlines sources for more detail on the conditions and means of calculation.
- Rates from causes considered 'avoidable' in people aged 65-74 are much higher in males than in females.
- Amenable or preventable are not mutually exclusive.



## MORTALITY - AVOIDABLE DEATHS

2.11 Death rates (crude/1,000 pop) from causes considered avoidable, aged 65-74 years, Local Commissioning Groups, 1991-2011

| Year | Belfast LCG |  |  | Northern LCG |  |  | South Eastern LCG |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Persons (aged 65-74 years) |  |  | Persons (aged 65-74 years) |  |  | Persons (aged 65-74 years) |  |  |
|  | All Causes | Causes considered: |  | $\begin{gathered} \text { All } \\ \text { Causes } \end{gathered}$ | Causes considered: |  | All Causes | Causes considered: |  |
|  |  | Preventable | Amenable |  | Preventable | Amenable |  | Preventable | Amenable |
| 1991 | 31.2 | 19.2 | 17.9 | 27.4 | 17.0 | 16.3 | 26.1 | 16.6 | 15.6 |
| 1996 | 30.9 | 19.4 | 16.7 | 27.3 | 16.9 | 15.1 | 27.3 | 16.6 | 14.5 |
| 2001 | 26.4 | 15.2 | 11.1 | 22.7 | 13.0 | 10.9 | 20.3 | 11.5 | 8.9 |
| 2006 | 22.9 | 12.4 | 9.3 | 18.3 | 9.8 | 7.6 | 16.8 | 9.5 | 6.8 |
| 2011 | 20.6 | 11.3 | 7.5 | 16.5 | 8.3 | 5.5 | 15.9 | 7.9 | 5.7 |


| Year | Southern LCG |  |  | Western LCG |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Persons (aged 65-74 years) |  |  | Persons (aged 65-74 years) |  |  |
|  | All Causes | Causes considered: |  | All Causes | Causes considered: |  |
|  |  | Preventable | Amenable |  | Preventable | Amenable |
| 1991 | 32.0 | 19.3 | 19.4 | 34.0 | 21.2 | 21.4 |
| 1996 | 25.4 | 15.3 | 14.4 | 30.3 | 17.6 | 16.2 |
| 2001 | 24.0 | 12.9 | 10.9 | 24.2 | 13.8 | 11.4 |
| 2006 | 20.0 | 10.1 | 8.4 | 20.7 | 11.1 | 7.7 |
| 2011 | 15.6 | 7.8 | 5.6 | 15.4 | 8.0 | 5.9 |

## COMMENTARY

- The figures indicate that the death rates due to avoidable deaths are falling between 1991 and 2011.
- In most years, death rates due to 'preventable' causes were higher than those considered 'amenable'.
- In 2011 Belfast had a higher level of deaths in people added 65$74 y r s$ from potentially avoidable conditions than other LCGs.
- Trend data may be slightly impacted by changes in 2000 from ICD9 to ICD10 coding of deaths.

[^12]
## MORTALITY - AVOIDABLE DEATHS

2.12 Death rates (crude/1,000 pop) from causes considered potentially avoidable, aged 65-74 years, by Deprivation Quintile, 2011

| Deprivation Quintile (at SOA level) | Persons (aged 65-74 years) |  |  | Males (aged 65-74 years) |  |  | Females (aged 65-74 years) |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All Causes | Causes considered: |  | All Causes | Causes considered: |  | $\begin{gathered} \text { All } \\ \text { Causes } \end{gathered}$ | Causes considered: |  |
|  |  | Preventable | Amenable |  | Preventable | Amenable |  | Preventable | Amenable |
| Q1 (most deprived) | 23.7 | 13.2 | 9.0 | 28.1 | 17.0 | 11.0 | 19.8 | 10.0 | 7.3 |
| Q2 | 17.6 | 9.0 | 6.5 | 21.2 | 12.1 | 8.1 | 14.4 | 6.2 | 5.1 |
| Q3 | 16.6 | 9.1 | 6.1 | 20.4 | 11.5 | 7.8 | 13.2 | 6.9 | 4.6 |
| Q4 | 15.4 | 7.1 | 4.8 | 19.4 | 9.8 | 6.4 | 11.6 | 4.6 | 3.4 |
| Q5 (least deprived) | 12.2 | 5.7 | 4.2 | 14.6 | 7.1 | 5.4 | 10.1 | 4.4 | 3.0 |
| TOTAL | 16.9 | 8.7 | 6.0 | 20.5 | 11.3 | 7.6 | 13.6 | 6.3 | 4.6 |



[^13]
## MORTALITY - AVOIDABLE DEATHS

### 2.12 (cont'd) Death rates (crude/1,000 pop) from causes considered potentially avoidable, aged 65-74 yrs, by Deprivation Quintile, 2011

Source: General Register Office (NISRA) via PHA Health Intelligence,
NISRA - NI Multiple Deprivation Measure 2010
(http://www.ninis2.nisra.gov.uk/public/Theme.aspx?themeNum ber=1 37\&themeName=Deprivation), NISRA Census 2011 - NINIS
(http://www.ninis2.nisra.gov.uk/public/Theme.aspx?themeNum ber=1 36\&themeName=Census 2011), NISRA, Mid Year Estimates
(http://www.nisra.gov.uk/demography/default.asp17.htm) (2011 NI population figures are based on estimates revised in April 2013) and Office for National Statistics (ONS)
(http://www.ons.gov.uk/ons/rel/subnational-health4/avoidable-mortality-in-england-and-wales/2010/stb-avoidable-
mortality.html\#tab-Definition-and-Limitations)
Notes:
For some causes, only deaths occurring among 0-74 year olds are considered to be avoidable, therefore data above has only been provided for those aged 65-74
Populations: NI populations are from MYEs for appropriate year which were revised following Census 2011. Sub-NI populations refer to Census 2001 based MYEs
Amenable mortality: A death is amenable if, in the light of medical knowledge and technology at the time of death, all or most deaths from that cause (subject to age limits if appropriate) could be avoided through good quality healthcare.
Preventable mortality: A death is preventable if, in the light of understanding of the determinants of health at the time of death, all or most deaths from that cause (subject to age limits if appropriate) could be avoided by public health interventions in the broadest sense. Avoidable mortality: Avoidable deaths are all those defined as preventable, amenable, or both, where each death is counted only once. Where a cause of death falls within both the preventable and amenable definition, all deaths from that cause are counted in both categories when they are presented separately.

Northern Ireland - MALES - Death rates in those aged 65-74 years from avoidable causes by NIMDM 2010 Quintile (Q), 2011


Northern Ireland - FEMALES - Death rates in those aged 65-74 years from avoidable causes by NIMDM 2010 Quintile (Q), 2011


## MORTALITY - EXCESS WINTER DEATHS

2.13 Number of Excess Winter Deaths, Northern Ireland, 1982/83-2011/12

| Registration Period | 65-74 | 75-84 | 85+ | $800$ | EWD numbers, 1982/83 to 2011/12 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1982/83 | 330 | 430 | 370 |  |  |
| 1983/84 | 120 | 330 | 130 | 700 | , |
| 1984/85 | 240 | 320 | 210 |  |  |
| 1985/86 | 240 | 490 | 430 | 600 |  |
| 1986/87 | 210 | 300 | 200 | $\begin{aligned} & 500 \\ & 400 \end{aligned}$ | 1 |
| 1987/88 | 230 | 380 | 210 |  |  |
| 1988/89 | 70 | 170 | 140 |  |  |
| 1989/90 | 420 | 740 | 510 | 300 |  |
| 1990/91 | 260 | 390 | 260 |  |  |
| 1991/92 | 210 | 370 | 280 | 200 |  |
| 1992/93 | 80 | 130 | 110 | 100 |  |
| 1993/94 | 110 | 250 | 230 |  | - |
| 1994/95 | 110 | 240 | 240 | 0 | $11_{1} 1$ |
| 1995/96 | 200 | 330 | 340 |  |  |
| 1996/97 | 120 | 220 | 320 |  |  |
| 1997/98 | 110 | 240 | 240 |  |  |
| 1998/99 | 180 | 400 | 560 |  |  |
| 1999/00 | 240 | 530 | 500 |  | -65-74 - $75-84$ - $85+$ |
| 2000/01 | 30 | 150 | 230 |  |  |

## COMMENTARY

- When considering the number of excess winter deaths, the figures have varied considerably since 1982/83.
- In the main, there are higher numbers of deaths in those aged $85+$, although there are years when this has not been the case. Note that the $85+$ population is typically smaller than the other age groups, although it is increasing.
- In 2001/02 and 2004/05, there were no excess winter deaths in 65-74 year olds in that the number of deaths in 'winter' did not exceed the average number in the remainder of the vear.

[^14]
## MORTALITY - EXCESS WINTER DEATHS

2.14 Excess Winter Deaths Index, Northern Ireland, 1982/83 - 2011/12 by Age group

| Registration Period | $\begin{aligned} & 65- \\ & 74 \end{aligned}$ | $\begin{aligned} & \hline 75- \\ & 84 \\ & \hline \end{aligned}$ | 85+ |
| :---: | :---: | :---: | :---: |
| 1982/83 | 26 | 28 | 52 |
| 1983/84 | 9 | 21 | 16 |
| 1984/85 | 19 | 20 | 26 |
| 1985/86 | 18 | 31 | 50 |
| 1986/87 | 17 | 20 | 24 |
| 1987/88 | 18 | 24 | 22 |
| 1988/89 | 6 | 10 | 15 |
| 1989/90 | 36 | 47 | 55 |
| 1990/91 | 23 | 24 | 26 |
| 1991/92 | 18 | 24 | 31 |
| 1992/93 | 7 | 8 | 10 |
| 1993/94 | 9 | 15 | 21 |
| 1994/95 | 10 | 15 | 23 |
| 1995/96 | 18 | 21 | 31 |
| 1996/97 | 11 | 13 | 29 |
| 1997/98 | 10 | 15 | 20 |
| 1998/99 | 18 | 25 | 47 |
| 1999/00 | 26 | 35 | 41 |
| 2000/01 | 3 | 10 | 19 |
| 2001/02 | -2 | 6 | 9 |
| 2002/03 | 3 | 12 | 9 |
| 2003/04 | 2 | 9 | 11 |
| 2004/05 | -1 | 7 | 15 |
| 2005/06 | 1 | 15 | 16 |
| 2006/07 | 10 | 21 | 11 |
| 2007/08 | 9 | 11 | 22 |
| 2008/09 | 9 | 23 | 34 |
| 2009/10 | 12 | 21 | 29 |
| 2010/11 | 13 | 17 | 18 |
| 2011/12 ${ }^{\text {P }}$ | 11 | 12 | 15 |



## COMMENTARY

- The index reflects the relative proportions rather than the absolute numbers of excess winter deaths.
- The chart shows a fluctuating picture since $1982 / 83$, although there is a general downward trend in the excess winter mortality index across Northern Ireland.
- In later years, the highest index occurred in those aged $85+$ years, with the lowest indexes in the 65-74 age group.

[^15]
## SECTION 3: - HEALTH \& MENTAL WELLBEING -

## GENERAL HEALTH

3.1 Individuals who describe their general health as NOT GOOD, Northern Ireland, 2010/11 and 2011/12

| Gender | $\mathbf{2 0 1 0 / 1 1}$ |  |  | $\mathbf{2 0 1 1 / 1 2}$ |  |  |
| :--- | ---: | :---: | ---: | ---: | :---: | :---: |
|  | All ages | $\mathbf{6 5 - 7 4}$ <br> years | $\mathbf{7 5 +}$ years | All ages | $\mathbf{6 5 - 7 4}$ <br> years | 75+ years |
|  | $\mathrm{n}=\mathbf{4 , 0 8 5}$ | $\mathrm{n}=600$ | $\mathrm{n}=\mathbf{4 1 6}$ | $\mathrm{n}=\mathbf{4 , 3 9 0}$ | $\mathrm{n}=611$ | $\mathrm{n}=500$ |
| Persons | $15 \%$ | $19 \%$ | $25 \%$ | $14 \%$ | $22 \%$ | $22 \%$ |
| Male | $13 \%$ | $19 \%$ | $17 \%$ | $13 \%$ | $19 \%$ | $24 \%$ |
| Female | $15 \%$ | $19 \%$ | $28 \%$ | $14 \%$ | $25 \%$ | $21 \%$ |

Northern Ireland: \% who describe their general health as NOT good, AGE 65-74, 2010/11-2011/12


## COMMENTARY

- A higher proportion of those in older age groups (over 1 in 5 persons aged over 65) describe their health as 'not good'. This compares to 1 in 7 of those of all ages.
- In 2011/12, in those aged 65-74, a higher proportion of females described their health as not good (25\%) compared to males (19\%), however the opposite was seen in those age $75+$ where $24 \%$ of males and $21 \%$ of females described their health as not good.
- Note this is survey data with small numbers.

Northern Ireland: \% who describe their general health as NOT good, ALL AGES, 2010/11-2011/12


Northern Ireland: \% who describe their general health as NOT good, AGE 75+, 2010/11-2011/12


Source: DHSSPSNI, NI Health Survey 2010/11 and 2011/12
(http://www.dhsspsni.gov.uk/index/stats_research/stats-public-health.htm)

## GENERAL HEALTH

3.2 Individuals who describe their general health as NOT GOOD, Local Commissioning Groups, 2010/11

| All Persons - By LCG |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Belfast | Northern | South Eastern | Southern | Western |  |
| $\mathbf{n}=\mathbf{7 8 2}$ | $\mathbf{n}=1,046$ | $\mathbf{n}=\mathbf{7 8 7}$ | $\mathrm{n}=871$ | $\mathrm{n}=599$ |  |
| $16 \%$ | $13 \%$ | $14 \%$ | $16 \%$ |  |  |

Local Commissioning Groups: \% who describe their general health as NOT good, ALL AGES, 2010/11


## COMMENTARY

- The data shows slight differences across Local Commissioning Groups. In Belfast and Southern LCGs, $16 \%$ of the total survey population described their health as not good, whereas in the Northern LCG only $13 \%$ answered that their health was not good.
- Note that this data refers to the total survey population, not just those aged 65 and over. The numbers over 65 years per LCG would not be reliable.

[^16]
## GENERAL HEALTH

3.3 General Health status by age band, Northern Ireland, 2011

|  | All persons | Very good health | Good health | Fair health | Bad health | Very bad health |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Persons - all ages | 1,788,339 | 859,193 | 570,029 | 260,757 | 77,731 | 20,629 |
| \% | - | 48.0\% | 31.9\% | 14.6\% | 4.3\% | 1.2\% |
| Aged 65 to 74 | 143,911 | 24,594 | 52,263 | 48,853 | 14,476 | 3,725 |
| \% | - | 17.1\% | 36.3\% | 33.9\% | 10.1\% | 2.6\% |
| Aged 75 to 84 | 82,694 | 8,374 | 25,653 | 36,639 | 9,533 | 2,495 |
| \% | - | 10.1\% | 31.0\% | 44.3\% | 11.5\% | 3.0\% |
| Aged 85+ | 25,364 | 1,472 | 6,423 | 13,092 | 3,404 | 973 |
| \% | - | 5.8\% | 25.3\% | 51.6\% | 13.4\% | 3.8\% |
| Males - all ages | 877,577 | 430,862 | 280,681 | 120,475 | 35,993 | 9,566 |
| \% | - | 49.1\% | 32.0\% | 13.7\% | 4.1\% | 1.1\% |
| Aged 65 to 74 | 68,294 | 11,769 | 24,953 | 22,955 | 6,861 | 1,756 |
| \% | - | 17.2\% | 36.5\% | 33.6\% | 10.0\% | 2.6\% |
| Aged 75 to 84 | 34,645 | 3,881 | 11,335 | 14,635 | 3,797 | 997 |
| \% | - | 11.2\% | 32.7\% | 42.2\% | 11.0\% | 2.9\% |
| Aged 85+ | 8,429 | 578 | 2,437 | 4,112 | 1,018 | 284 |
| \% | - | 6.9\% | 28.9\% | 48.8\% | 12.1\% | 3.4\% |
| Females - all ages | 910,762 | 428,331 | 289,348 | 140,282 | 41,738 | 11,063 |
| \% | - | 47.0\% | 31.8\% | 15.4\% | 4.6\% | 1.2\% |
| Aged 65 to 74 | 75,617 | 12,825 | 27,310 | 25,898 | 7,615 | 1,969 |
| \% | - | 17.0\% | 36.1\% | 34.2\% | 10.1\% | 2.6\% |
| Aged 75 to 84 | 48,049 | 4,493 | 14,318 | 22,004 | 5,736 | 1,498 |
| \% | - | 9.4\% | 29.8\% | 45.8\% | 11.9\% | 3.1\% |
| Aged 85+ | 16,935 | 894 | 3,986 | 8,980 | 2,386 | 689 |
| \% | - | 5.3\% | 23.5\% | 53.0\% | 14.1\% | 4.1\% |

## COMMENTARY

- In the census a question was asked about people's perception of their general health over the last twelve months. This has the advantage of large numbers of respondents compared to routine survey data.
- The percentage all persons who described their health as 'bad' or 'very bad' increased with age from $12.7 \%$ of those aged $65-74$ to $17.2 \%$ of those aged $85+$.
- Higher proportions of females replied that their health was 'bad' or 'very bad' - ranging from $12.7 \%$ of those aged $65-$ 74 to $18.2 \%$ of those aged $85+$. Male figures are $12.6 \%$ and $15.5 \%$ respectively.

[^17]
## LONG TERM ILLNESS/CONDITION

3.4 Individuals who say they have a long-standing illness, Northern Ireland, 2010/11 and 2011/12

|  | 2010/11 |  |  | 2011/12 |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All ages <br> $(n=4,085)$ | $\mathbf{6 5 - 7 4}$ years <br> $(n=600)$ | $\mathbf{7 5 +}$ years <br> $(n=416)$ | All ages <br> $(n=4,390)$ | $\mathbf{6 5 - 7 4}$ years <br> $(n=611)$ | $\mathbf{7 5 +}$ years <br> $(n=500)$ |
| Persons | $37 \%$ | $57 \%$ | $70 \%$ | $36 \%$ | $59 \%$ | $67 \%$ |
| Male | $35 \%$ | $56 \%$ | $70 \%$ | $34 \%$ | $55 \%$ | $62 \%$ |
| Female | $38 \%$ | $57 \%$ | $70 \%$ | $37 \%$ | $61 \%$ | $69 \%$ |

Northern Ireland: \% who say they have a long-standing illness, ALL AGES, 2010/11-2011/12


## COMMENTARY

- In 2011/12, 39\% of all persons of all ages ( $34 \%$ of males and $37 \%$ of females), replied that they had a long term illness.
- This compared to $59 \%$ of all persons aged 65-74 ( $55 \%$ of males and $61 \%$ of females) and $67 \%$ of those aged $75+$ ( $62 \%$ of males and $69 \%$ of females).



Source: DHSSPSNI, NI Health Survey 2010/11 and 2011/12 (http://www.dhsspsni.gov.uk/index/stats_research/stats-public-health.htm)

## LONG TERM ILLNESS/CONDITION

3.5 Older population with a long term health problem/disability where day to day activities are limited, Northern Ireland, 2011

|  | Total | Limited a lot | $\%$ | Limited a little | $\%$ | Not limited | $\%$ |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
| Persons - all ages | $1,810,863$ | 215,232 | $11.9 \%$ | 159,414 | $8.8 \%$ | $1,436,217$ | $79.3 \%$ |
| Persons - aged $65+$ | 263,720 | 94,962 | $36.0 \%$ | 62,272 | $23.6 \%$ | 106,486 | $40.4 \%$ |
| Males - all ages | 887,323 | 98,689 | $11.1 \%$ | 73,874 | $8.3 \%$ | 714,760 | $80.6 \%$ |
| Males - aged 65+ | 114,638 | 37,978 | $33.1 \%$ | 26,420 | $23.0 \%$ | 50,240 | $43.8 \%$ |
| Females - all ages | 923,540 | 116,543 | $12.6 \%$ | 85,540 | $9.3 \%$ | 721,457 | $78.1 \%$ |
| Females - aged $65+$ | 149,082 | 56,984 | $38.2 \%$ | 35,852 | $24.0 \%$ | 56,246 | $37.7 \%$ |

Northern Ireland: Long term health problem/disability - day to day activities limited, 2011


## COMMENTARY

- In 2011, $36 \%$ of persons aged 65 and over had a long term health problem, where day to day activities were 'limited a lot' and $23.6 \%$ replied that activities were 'limited a little'. This compares to $11.9 \%$ and $8.8 \%$ respectively in the total population.
- $56.1 \%$ of males and $62.2 \%$ of females aged 65 and over stated that their day to day activities were either 'limited a lot' or 'limited a little'. This compares to $19.4 \%$ and $21.9 \%$ respectively in the total population.

[^18]
## LONG TERM ILLNESS/CONDITION

3.6 Older population with a long term condition by age band, Northern Ireland, 2011 from the census

|  | All Persons |  |  |  | Males |  |  |  | Females |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All residents | 65 to 74 | 75 to 84 | 85+ | All residents | 65 to 74 | 75 to 84 | 85+ | All residents | 65 to 74 | 75 to 84 | 85+ |
| All usual residents | 1,810,863 | 145,600 | 86,724 | 31,396 | 887,323 | 69,076 | 35,951 | 9,611 | 923,540 | 76,524 | 50,773 | 21,785 |
| Deafness or partial hearing loss | 93,091 | 20,501 | 21,742 | 13,261 | 50,901 | 12,457 | 10,698 | 4,398 | 42,190 | 8,044 | 11,044 | 8,863 |
| \% | 5.1\% | 14.1\% | 25.1\% | 42.2\% | 5.7\% | 18.0\% | 29.8\% | 45.8\% | 4.6\% | 10.5\% | 21.8\% | 40.7\% |
| Blindness or partial sight loss | 30,862 | 5,043 | 7,170 | 6,050 | 14,273 | 2,469 | 2,786 | 1,712 | 16,589 | 2,574 | 4,384 | 4,338 |
| \% | 1.7\% | 3.5\% | 8.3\% | 19.3\% | 1.6\% | 3.6\% | 7.7\% | 17.8\% | 1.8\% | 3.4\% | 8.6\% | 19.9\% |
| Communication difficulty | 29,871 | 2,631 | 3,370 | 2,772 | 17,482 | 1,501 | 1,438 | 752 | 12,389 | 1,130 | 1,932 | 2,020 |
| \% | 1.6\% | 1.8\% | 3.9\% | 8.8\% | 2.0\% | 2.2\% | 4.0\% | 7.8\% | 1.3\% | 1.5\% | 3.8\% | 9.3\% |
| A mobility or dexterity difficulty | 207,173 | 44,162 | 38,344 | 20,106 | 88,175 | 19,583 | 14,191 | 5,339 | 118,998 | 24,579 | 24,153 | 14,767 |
| \% | 11.4\% | 30.3\% | 44.2\% | 64.0\% | 9.9\% | 28.3\% | 39.5\% | 55.6\% | 12.9\% | 32.1\% | 47.6\% | 67.8\% |
| A learning, intellectual, social or behavioural difficulty | 40,177 | 1,510 | 930 | 507 | 26,536 | 822 | 393 | 139 | 13,641 | 688 | 537 | 368 |
| \% | 2.2\% | 1.0\% | 1.1\% | 1.6\% | 3.0\% | 1.2\% | 1.1\% | 1.4\% | 1.5\% | 0.9\% | 1.1\% | 1.7\% |
| An emotional, psychological or mental health condition | 105,528 | 8,899 | 4,200 | 1,936 | 43,708 | 3,822 | 1,373 | 407 | 61,820 | 5,077 | 2,827 | 1,529 |
| \% | 5.8\% | 6.1\% | 4.8\% | 6.2\% | 4.9\% | 5.5\% | 3.8\% | 4.2\% | 6.7\% | 6.6\% | 5.6\% | 7.0\% |
| Long-term pain or discomfort | 182,820 | 37,739 | 25,763 | 10,372 | 76,791 | 15,916 | 8,858 | 2,569 | 106,029 | 21,823 | 16,905 | 7,803 |
| \% | 10.1\% | 25.9\% | 29.7\% | 33.0\% | 8.7\% | 23.0\% | 24.6\% | 26.7\% | 11.5\% | 28.5\% | 33.3\% | 35.8\% |
| Shortness of breath or difficulty breathing | 157,890 | 25,025 | 17,537 | 6,073 | 74,684 | 11,674 | 7,361 | 2,015 | 83,206 | 13,351 | 10,176 | 4,058 |
| \% | 8.7\% | 17.2\% | 20.2\% | 19.3\% | 8.4\% | 16.9\% | 20.5\% | 21.0\% | 9.0\% | 17.4\% | 20.0\% | 18.6\% |
| Frequent periods of confusion or memory loss | 35,616 | 5,098 | 8,110 | 7,069 | 15,721 | 2,485 | 3,013 | 1,701 | 19,895 | 2,613 | 5,097 | 5,368 |
| \% | 2.0\% | 3.5\% | 9.4\% | 22.5\% | 1.8\% | 3.6\% | 8.4\% | 17.7\% | 2.2\% | 3.4\% | 10.0\% | 24.6\% |
| A chronic illness | 118,554 | 30,150 | 21,030 | 6,284 | 63,790 | 17,171 | 10,513 | 2,361 | 54,764 | 12,979 | 10,517 | 3,923 |
| \% | 6.5\% | 20.7\% | 24.2\% | 20.0\% | 7.2\% | 24.9\% | 29.2\% | 24.6\% | 5.9\% | 17.0\% | 20.7\% | 18.0\% |
| Other condition | 94,617 | 13,836 | 8,672 | 3,262 | 42,955 | 6,137 | 3,246 | 906 | 51,662 | 7,699 | 5,426 | 2,356 |
| \% | 5.2\% | 9.5\% | 10.0\% | 10.4\% | 4.8\% | 8.9\% | 9.0\% | 9.4\% | 5.6\% | 10.1\% | 10.7\% | 10.8\% |
| No condition | 1,241,785 | 53,960 | 19,294 | 2,993 | 614,050 | 24,564 | 8,193 | 1,156 | 627,735 | 29,396 | 11,101 | 1,837 |
| \% | 68.6\% | 37.1\% | 22.2\% | 9.5\% | 69.2\% | 35.6\% | 22.8\% | 12.0\% | 68.0\% | 38.4\% | 21.9\% | 8.4\% |

## LONG TERM ILLNESS/CONDITION

3.6 (cont'd) Older population with a long term condition by age band, Northern Ireland, 2011 from the census

Source: NI Neighbourhood Information Service - Census 2011 (http://www.ninis2.nisra.gov.uk)
Communication difficulty' is a difficulty with speaking or making yourself understood.
A mobility or dexterity difficulty' means a condition that substantially limits one or more basic physical activities such as walking, climbing stairs, lifting or carrying.
An emotional, psychological or mental health condition' includes conditions such as depression or schizophrenia.
Shortness of breath or difficulty breathing' includes conditions such as asthma.
A chronic illness' includes illnesses such as cancer, HIV, diabetes, heart disease or epilepsy. Long-term' refers to a condition which has lasted, or is expected to last, at least 12 months.
Age' is age at last birthday.

## LONG TERM ILLNESS/CONDITION

### 3.7 Prevalence of various medical conditions (told by a doctor that they had the condition) in those aged 65+, 2010/11 and 2011/12

| Medical Condition | Aged 65+ |  | Aged 16+ |  |  |  |
| :--- | ---: | ---: | ---: | ---: | :---: | :---: |
|  | 2010/11 |  | 2011/12 | 2010/11 |  | 2011/12 |
| Asthma | $8 \%$ | $10 \%$ | $12 \%$ | $11 \%$ |  |  |
| Angina | $13 \%$ | $14 \%$ | $4 \%$ | $4 \%$ |  |  |
| Heart attack | $9 \%$ | $9 \%$ | $2 \%$ | $3 \%$ |  |  |
| Heart murmur | $5 \%$ | $6 \%$ | $4 \%$ | $4 \%$ |  |  |
| Other kind of heart trouble | $9 \%$ | $10 \%$ | $4 \%$ | $4 \%$ |  |  |
| Diabetes (not during pregnancy) | $11 \%$ | $12 \%$ | $5 \%$ | $4 \%$ |  |  |
| Cancer | $8 \%$ | $8 \%$ | $4 \%$ | $3 \%$ |  |  |
| COPD | $6 \%$ | $6 \%$ | $2 \%$ | $3 \%$ |  |  |
| Stroke | $5 \%$ | $5 \%$ | $2 \%$ | $2 \%$ |  |  |



## COMMENTARY

- In 2011/12, 14\% of those aged 65 and over had been told by a doctor that they had angina (aged 16 and over $=4 \%$ ).
- $12 \%$ of those aged 65 and over had been told by a doctor that they had diabetes (aged 16 and over $=4 \%$ ).
- The chart highlights that medical conditions such as angina, heart attack, other kind of heart trouble, diabetes and cancer tend to be more prevalent in those aged 65 and over when compared to those aged 16 and over.
- Note again that this is survey data and will be prone to variation.

[^19]
## LONG TERM ILLNESS/CONDITION

3.8 Attendance Allowance - \% of 65+ population receiving Attendance Allowance, Northern Ireland and LCGs, 2001 and 2011

| Northern <br> Ireland | 2001 |  |  | 2011 |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
|  | 65+ population | No. receiving <br> AA | \% of pop. <br> receiving AA | 65+ population | No. receiving <br> AA | \% of pop. <br> receiving AA |
| Persons | 224,100 | 64,854 | $28.9 \%$ | 266,300 | 56,477 | $21.2 \%$ |
| Male | 91,800 | 20,866 | $22.7 \%$ | 115,600 | 19,342 | $16.7 \%$ |
| Female | 132,300 | 43,988 | $33.2 \%$ | 150,600 | 37,135 | $24.7 \%$ |


| LCG | 2001 |  |  |  |  |  | 2011 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Males |  |  | Females |  |  | Males |  |  | Females |  |  |
|  | $65+$ population | No. receiving AA | \% of pop. receiving AA | 65+ population |  | \% of pop. receiving AA | 65+ population | No. receiving AA | \% of pop. receiving AA | 65+ population |  | \% of pop. receiving AA |
| Belfast | 20,600 | 4,779 | 23.2\% | 32,700 | 11,178 | 34.2\% | 21,400 | 3,827 | 17.9\% | 31,200 | 8,041 | 25.8\% |
| Northern | 23,900 | 4,702 | 19.7\% | 33,000 | 9,843 | 29.8\% | 31,300 | 5,130 | 16.4\% | 39,800 | 9,522 | 23.9\% |
| South Eastern | 18,000 | 3,451 | 19.2\% | 26,000 | 7,783 | 29.9\% | 24,300 | 3,543 | 14.6\% | 31,000 | 7,162 | 23.1\% |
| Southern | 16,000 | 4,275 | 26.7\% | 22,300 | 8,400 | 37.7\% | 21,000 | 3,743 | 17.8\% | 26,800 | 6,936 | 25.9\% |
| Western | 13,400 | 3,659 | 27.3\% | 18,100 | 6,784 | 37.5\% | 17,600 | 3,099 | 17.6\% | 21,800 | 5,474 | 25.1\% |

Local Commissioning Groups: \% 65+ population receiving Attendance Allowance, 2011


## COMMENTARY

- The percentage of persons receiving Attendance Allowance in Northern Ireland decreased from 29\% in 2001 to 21\% in 2011.
- A higher proportion of females were receiving this allowance in 2011, 24.5\% (males = 16.7\%).
- In 2011, there were slight differences in the proportion of those receiving the allowance by Local Commissioning Group, with South Eastern LCG having the lowest percentage uptake across both genders.


## HOSPITAL ADMISSIONS

3.9 Number of admissions (all causes) in those aged 65+, Northern Ireland, 2001-2010

| Year | Northern Ireland |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | :---: |
|  | Admissions: <br> All ages | Admissions: <br> 65+ years | 65+ as \% of <br> all <br> admissions | 65+ <br> population | No. admissions to <br> those aged 65+ per <br> $\mathbf{1 , 0 0 0}$ 65+ population |  |
| 2001 | 344,745 | 101,887 | $29.6 \%$ | 224,100 | 454.7 |  |
| 2002 | 352,443 | 105,622 | $30.0 \%$ | 226,800 | 465.6 |  |
| 2003 | 365,810 | 111,837 | $30.6 \%$ | 229,400 | 487.6 |  |
| 2004 | 370,603 | 114,262 | $30.8 \%$ | 232,200 | 492.1 |  |
| 2005 | 378,415 | 119,032 | $31.5 \%$ | 234,900 | 506.7 |  |
| 2006 | 383,057 | 120,754 | $31.5 \%$ | 238,100 | 507.3 |  |
| 2007 | 397,925 | 128,190 | $32.2 \%$ | 241,900 | 529.9 |  |
| 2008 | 410,183 | 136,470 | $33.3 \%$ | 247,500 | 551.4 |  |
| 2009 | 395,659 | 132,844 | $33.6 \%$ | 253,400 | 524.3 |  |
| 2010 | 397,125 | 137,424 | $34.6 \%$ | 259,600 | 529.3 |  |

## COMMENTARY

- The number of admissions to those aged 65 years and over has increased steadily since 2001.
- The chart indicates a general upward trend in the rate of admissions to hospital in those aged 65 and over.
- In 2001, almost $30 \%$ of all admissions were to those aged 65 and over. This has increased to almost $35 \%$ of the total admissions in 2010.


Source: Patient Administration System (PAS) via NINIS
(http://www.ninis2.nisra.gov.uk/public/pivotgrid.aspx?dataSetVars=ds-2959-lh-37-yn-2002-2010-sk-134-sn-Health\ and\ Social\ Care-yearfilter--) and NISRA, Mid Year Estimates of Population, 2001-2010
(http://www.nisra.gov.uk/demography/default.asp17.htm)

## HOSPITAL ADMISSIONS

3.10 Number of admissions (all causes) in those aged 65+, Local Commissioning Groups, 2008-2010

| Year | Belfast |  |  | Northern |  |  | South Eastern |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Admissions: <br> All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: <br> All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: <br> All ages | Admissions: 65+ years | 65+ as \% of all admissions |
| 2008 | 82,856 | 28,782 | 34.7\% | 105,513 | 37,265 | 35.3\% | 78,094 | 26,534 | 34.0\% |
| 2009 | 77,190 | 27,093 | 35.1\% | 103,371 | 37,822 | 36.6\% | 73,609 | 24,825 | 33.7\% |
| 2010 | 77,661 | 27,450 | 35.3\% | 102,970 | 39,614 | 38.5\% | 73,949 | 26,330 | 35.6\% |


| Year | Southern |  |  | Western |  |  | Northern Ireland |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions |
| 2008 | 74,797 | 23,517 | 31.4\% | 68,923 | 20,372 | 29.6\% | 410,183 | 136,470 | 33.3\% |
| 2009 | 74,151 | 23,244 | 31.3\% | 67,338 | 19,860 | 29.5\% | 395,659 | 132,844 | 33.6\% |
| 2010 | 74,231 | 23,713 | 31.9\% | 68,314 | 20,317 | 29.7\% | 397,125 | 137,424 | 34.6\% |



## COMMENTARY

- In 2010, the Northern LCG had the largest proportion of admissions to 65+ (38.5\%), whilst Western LCG had the lowest (29.7\%).
- The percentage of admissions to 65+ age groups remained steady in the last three years, with slightly higher increases in the Northern LCG.
- This is not age adjusted and the proportions may reflect some variation in the underlying age structures between LCG areas.


## HOSPITAL ADMISSIONS

3.11 Number of admissions due to Circulatory Disease in those aged 65+, Northern Ireland, 2002/04-2008/10

| Year | Northern Ireland |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | :---: |
|  | Admissions: <br> All ages | Admissions: <br> 65+ years | 65+ as \% of <br> all <br> admissions | 65+ <br> population <br> (three years) | No. admissions to those <br> aged 65+ per 1,000 65+ <br> population (annual <br> rate) |  |
|  | 97,890 | 51,717 | $52.8 \%$ | 688,400 | 75.1 |  |
| $2003-05$ | 99,028 | 52,182 | $52.7 \%$ | 696,400 | 74.9 |  |
| $2004-06$ | 100,344 | 52,549 | $52.4 \%$ | 705,100 | 74.5 |  |
| $2005-07$ | 103,028 | 53,591 | $52.0 \%$ | 714,900 | 75.0 |  |
| $2006-08$ | 106,296 | 55,338 | $52.1 \%$ | 727,500 | 76.1 |  |
| $2007-09$ | 107,150 | 56,220 | $52.5 \%$ | 742,800 | 75.7 |  |
| $2008-10$ | 106,285 | 56,433 | $53.1 \%$ | 760,500 | 74.2 |  |



## COMMENTARY

- Over half of admissions due to Circulatory disease in Northern Ireland were to those aged 65 and over.
- The number of admissions to those aged 65 and over has increased steadily since 2002/04.
- However the rate calculated per 1,000 population shows a fluctuating trend up to 2008/10.
- 65+ admissions as a percentage of all admissions have increased very slightly in these years.

Source: Patient Administration System (PAS) via NINIS
(http://www.ninis2.nisra.gov.uk/public/pivotgrid.aspx?dataSetVars=ds-2959-lh-37-yn-2002-2010-sk-134-sn-Health\%2Oand\ Social\ Care-yearfilter--) and NISRA, Mid Year Estimates of Population, 2001-2010
(http://www.nisra.gov.uk/demography/default.asp17.htm)

## HOSPITAL ADMISSIONS

3.12 Number of admissions due to Circulatory Disease in those aged 65+, Local Commissioning Groups, 2006/08 - 2008/10

| Year | Belfast |  |  | Northern |  |  | South Eastern |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions |
| 2006-08 | 20,546 | 10,730 | 52.2\% | 28,724 | 15,814 | 55.1\% | 20,794 | 10,553 | 50.8\% |
| 2007-09 | 20,571 | 10,598 | 51.5\% | 29,289 | 16,423 | 56.1\% | 20,970 | 10,739 | 51.2\% |
| 2008-10 | 20,118 | 10,416 | 51.8\% | 29,024 | 16,560 | 57.1\% | 20,906 | 10,837 | 51.8\% |


| Year | Southern |  |  | Western |  |  | Northern Ireland |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions |
| 2006-08 | 19,474 | 10,445 | 53.6\% | 16,758 | 7,796 | 46.5\% | 106,296 | 55,338 | 52.1\% |
| 2007-09 | 19,630 | 10,665 | 54.3\% | 16,690 | 7,795 | 46.7\% | 107,150 | 56,220 | 52.5\% |
| 2008-10 | 19,618 | 10,861 | 55.4\% | 16,618 | 7,758 | 46.7\% | 106,285 | 56,433 | 53.1\% |



## COMMENTARY

- Across most Local Commissioning Groups, over half of admissions due to Circulatory disease were to those aged 65 and over.
- With only three years data available, all LCGs apart from Belfast and Western have seen slight increases in the number of 65+ admissions.
- In 2008-10, the Northern LCG had the highest proportion of admissions (57.1\%) to those aged 65+, whilst Western LCG had the lowest (46.7\%).



## HOSPITAL ADMISSIONS

3.13 Number of admissions due to Respiratory Disease in those aged 65+, Northern Ireland, 2002/04 - 2008/10

| Year | Northern Ireland |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Admissions: <br> All ages | Admissions: <br> 65+ years | 65+ as \% of all <br> admissions | 65+ population <br> (three years) | No. admissions to <br> those aged 65+ per <br> $\mathbf{1 , 0 0 0}$ 65+ population <br> (annual rate) |
|  | 80,182 | 25,576 | $31.9 \%$ | 688,400 | 37.2 |
| $2003-05$ | 81,559 | 26,519 | $32.5 \%$ | 696,400 | 38.1 |
| $2004-06$ | 82,254 | 27,050 | $32.9 \%$ | 705,100 | 38.4 |
| $2005-07$ | 85,047 | 28,340 | $33.3 \%$ | 714,900 | 39.6 |
| $2006-08$ | 88,223 | 30,522 | $34.6 \%$ | 727,500 | 42.0 |
| $2007-09$ | 89,323 | 31,314 | $35.1 \%$ | 742,800 | 42.2 |
| $2008-10$ | 90,191 | 32,367 | $35.9 \%$ | 760,500 | 42.6 |

Northern Ireland: No. of admissions (Respiratory disease) to those aged 65+ per 1,000 65+ population, 2002-04-2008-10 (non-zero axis)


## COMMENTARY

- In 2008-10, over a third of admissions due to respiratory disease in Northern Ireland were to those aged 65 and over.
- The number of admissions has shown a steady increase year on year across Northern Ireland.
- Likewise the rate of admissions to those aged $65+$ per 1,000 population due to respiratory disease has seen a small steady increase from 37.2 to 42.6 .


## Source: Patient Administration System (PAS) via NINIS

 (http://www.ninis2.nisra.gov.uk/public/pivotgrid.aspx?dataSetVars=ds -2959-lh-37-yn-2002-2010-sk-134-sn-Health\%20and\%20Social\%20Care-yearfilter--) and NISRA, Mid Year Estimates of Population, 2001-2010 (http://www.nisra.gov.uk/demography/default.asp17.htm)
## HOSPITAL ADMISSIONS

### 3.14 Number of admissions due to Respiratory Disease in those aged 65+, Local Commissioning Groups, 2006/08 - 2008/10

| Year | Belfast |  |  | Northern |  |  | South Eastern |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions |
| 2006-08 | 17,849 | 6,889 | 38.6\% | 22,579 | 8,093 | 35.8\% | 15,615 | 5,501 | 35.2\% |
| 2007-09 | 17,885 | 6,982 | 39.0\% | 23,035 | 8,489 | 36.9\% | 15,763 | 5,625 | 35.7\% |
| 2008-10 | 17,837 | 7,085 | 39.7\% | 23,394 | 8,950 | 38.3\% | 15,899 | 5,990 | 37.7\% |


|  | Southern |  |  | Western |  |  | Northern Ireland |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Year | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions |
| 2006-08 | 16,173 | 5,191 | 32.1\% | 16,007 | 4,848 | 30.3\% | 88,223 | 30,522 | 34.6\% |
| 2007-09 | 16,773 | 5,558 | 33.1\% | 15,867 | 4,660 | 29.4\% | 89,323 | 31,314 | 35.1\% |
| 2008-10 | 16,951 | 5,702 | 33.6\% | 16,110 | 4,640 | 28.8\% | 90,191 | 32,367 | 35.9\% |



## COMMENTARY

- Across most Local Commissioning Groups, over a third of admissions due to Respiratory disease were to those aged 65 and over.
- With only three years data available, all LCGs apart from Western have seen slight increases in the number of 65+ admissions. The Western area has seen a year on year decrease in admissions.
- In 2008-10, Belfast LCG had the highest proportion of admissions (39.7\%) to those aged 65+, whilst Western LCG had the lowest (28.8\%).


## HOSPITAL ADMISSIONS

### 3.15 Number of Emergency admissions in those aged 65+, Northern Ireland, 2001 - 2010

| Year | Northern Ireland |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
|  | Admissions: <br> All ages | Admissions: <br> 65+ years | 65+ as \% of <br> all admissions | 65+ <br> population | No. admissions to <br> those aged 65+ per <br> 1,000 65+ population |
| 2001 | 137,458 | 44,986 | $32.7 \%$ | 224,100 | 200.7 |
| 2002 | 136,783 | 45,937 | $33.6 \%$ | 226,800 | 202.5 |
| 2003 | 139,309 | 47,904 | $34.4 \%$ | 229,400 | 208.9 |
| 2004 | 140,039 | 48,670 | $34.8 \%$ | 232,200 | 209.6 |
| 2005 | 140,361 | 49,738 | $35.4 \%$ | 234,900 | 211.7 |
| 2006 | 136,763 | 48,589 | $35.5 \%$ | 238,100 | 204.1 |
| 2007 | 143,728 | 51,207 | $35.6 \%$ | 241,900 | 211.7 |
| 2008 | 148,709 | 54,789 | $36.8 \%$ | 247,500 | 221.4 |
| 2009 | 148,014 | 54,312 | $36.7 \%$ | 253,400 | 214.4 |
| 2010 | 148,162 | 54,891 | $37.0 \%$ | 259,600 | 211.4 |

Northern Ireland: No. of emergency admissions to those aged 65+ per 1,000 65+ population, 2001-2010 (non zero axis)


## COMMENTARY

- In 2010, over a third of emergency admissions in Northern Ireland were to those aged 65 and over (37\%).
- In most years, the number of admissions has shown an increase on the previous year across Northern Ireland.
- Likewise the rate of emergency admissions to those aged $65+$ per 1,000 population has seen a small steady increase from 200.7 to 211.4. There was a slight fall in 2006.

Source: Patient Administration System (PAS) via NINIS (http://www.ninis2.nisra.gov.uk/public/pivotgrid.aspx?dataSetVars=ds-2959-lh-37-yn-2002-2010-sk-134-sn-Health\ and\ Social\ Care-yearfilter--) and NISRA, Mid Year Estimates of Population, 2001-2010 (http://www.nisra.gov.uk/demography/default.asp17.htm)

## HOSPITAL ADMISSIONS

3.16 Number of Emergency admissions in those aged 65+, Local Commissioning Groups, 2006/08 - 2008/10

| Year | Belfast |  |  | Northern |  |  | South Eastern |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Admissions: All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: <br> All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: <br> All ages | Admissions: 65+ years | 65+ as \% of all admissions |
| 2008 | 30,337 | 11,533 | 38.0\% | 36,462 | 14,894 | 40.8\% | 26,758 | 10,305 | 38.5\% |
| 2009 | 29,725 | 11,108 | 37.4\% | 36,003 | 14,936 | 41.5\% | 26,390 | 10,142 | 38.4\% |
| 2010 | 29,656 | 11,303 | 38.1\% | 36,105 | 15,224 | 42.2\% | 25,918 | 10,264 | 39.6\% |


| Year | Southern |  |  | Western |  |  | Northern Ireland |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Admissions: <br> All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: <br> All ages | Admissions: 65+ years | 65+ as \% of all admissions | Admissions: <br> All ages | Admissions: 65+ years | 65+ as \% of all admissions |
| 2008 | 28,606 | 9,983 | 34.9\% | 26,546 | 8,074 | 30.4\% | 148,709 | 54,789 | 36.8\% |
| 2009 | 28,389 | 9,934 | 35.0\% | 27,507 | 8,192 | 29.8\% | 148,014 | 54,312 | 36.7\% |
| 2010 | 28,158 | 9,909 | 35.2\% | 28,325 | 8,191 | 28.9\% | 148,162 | 54,891 | 37.0\% |

Local Commissioning Groups: Emergency admissions to those aged 65+ as $\%$ of all admissions (all causes), 2008-2010


## COMMENTARY

- Across most Local Commissioning Groups, over a third of emergency admissions were to those aged 65 and over.
- With only three years data available, all LCGs have maintained a similar number of admissions to those aged 65and over.
- In 2010, Northern LCG had the highest proportion of admissions (42.2\%) to those aged 65+, whilst Western LCG had the lowest (28.9\%).



## MOBILITY/FALLS

3.17 Long term condition - mobility/dexterity difficulty, Northern Ireland, 2011

|  | All Persons |  |  |  | Males |  |  |  | Females |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All residents | 65 to 74 | 75 to 84 | 85+ | All residents | 65 to 74 | 75 to 84 | 85+ | All residents | 65 to 74 | 75 to 84 | 85+ |
| All usual residents | 1,810,863 | 145,600 | 86,724 | 31,396 | 887,323 | 69,076 | 35,951 | 9,611 | 923,540 | 76,524 | 50,773 | 21,785 |
| A mobility or dexterity difficulty | 207,173 | 44,162 | 38,344 | 20,106 | 88,175 | 19,583 | 14,191 | 5,339 | 118,998 | 24,579 | 24,153 | 14,767 |
| \% | 11.4\% | 30.3\% | 44.2\% | 64.0\% | 9.9\% | 28.3\% | 39.5\% | 55.6\% | 12.9\% | 32.1\% | 47.6\% | 67.8\% |



## COMMENTARY

- AT the 2011 census $11.4 \%$ of the total population (all ages) had a mobility/dexterity difficulty (see definition below). This proportion increased with age: $65-74=30.3 \%, 75-84=$ $44.2 \%$ and $85+=64 \%$.
- However, a higher percentage of females had a mobility/dexterity difficulty (12.9\%), compared to males (9.9\%).
- Looking at those aged 65 and over, again in each age band, a higher proportion of females had difficulties compared to males.

[^20]
## DISABILITIES - PHYSICAL

### 3.18 Long term condition, Northern Ireland, 2011

|  | All Persons |  |  |  | Males |  |  |  | Females |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All residents | 65 to 74 | 75 to 84 | 85+ | All residents | 65 to 74 | 75 to 84 | 85+ | All residents | 65 to 74 | 75 to 84 | 85+ |
| All usual residents | 1,810,863 | 145,600 | 86,724 | 31,396 | 887,323 | 69,076 | 35,951 | 9,611 | 923,540 | 76,524 | 50,773 | 21,785 |
| A mobility or dexterity difficulty | 207,173 | 44,162 | 38,344 | 20,106 | 88,175 | 19,583 | 14,191 | 5,339 | 118,998 | 24,579 | 24,153 | 14,767 |
| \% | 11.4\% | 30.3\% | 44.2\% | 64.0\% | 9.9\% | 28.3\% | 39.5\% | 55.6\% | 12.9\% | 32.1\% | 47.6\% | 67.8\% |
| Long-term pain or discomfort | 182,820 | 37,739 | 25,763 | 10,372 | 76,791 | 15,916 | 8,858 | 2,569 | 106,029 | 21,823 | 16,905 | 7,803 |
| \% | 10.1\% | 25.9\% | 29.7\% | 33.0\% | 8.7\% | 23.0\% | 24.6\% | 26.7\% | 11.5\% | 28.5\% | 33.3\% | 35.8\% |



## COMMENTARY

- At the 2011 census $10.1 \%$ of the total population (all ages) identified that they had long term pain or discomfort (definition below). This proportion increased with age: 65-74 $=25.9 \%, 75-84=29.7 \%$ and $85+=33 \%$.
- However, a higher percentage of females had long term pain or discomfort (11.5\%), compared to males (8.7\%).
- Considering those aged 65 and over, again in each age band, a higher proportion of females had pain or discomfort compared to males.

[^21]
## DISABILITIES - SENSORY

### 3.19 Long term condition, Northern Ireland, 2011

|  | All Persons |  |  |  | Males |  |  |  | Females |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All residents | 65 to 74 | 75 to 84 | 85+ | All residents | 65 to 74 | 75 to 84 | 85+ | All residents | 65 to 74 | 75 to 84 | 85+ |
| All usual residents | 1,810,863 | 145,600 | 86,724 | 31,396 | 887,323 | 69,076 | 35,951 | 9,611 | 923,540 | 76,524 | 50,773 | 21,785 |
| Deafness or partial hearing loss | 93,091 | 20,501 | 21,742 | 13,261 | 50,901 | 12,457 | 10,698 | 4,398 | 42,190 | 8,044 | 11,044 | 8,863 |
| \% | 5.1\% | 14.1\% | 25.1\% | 42.2\% | 5.7\% | 18.0\% | 29.8\% | 45.8\% | 4.6\% | 10.5\% | 21.8\% | 40.7\% |
| Blindness or partial sight loss | 30,862 | 5,043 | 7,170 | 6,050 | 14,273 | 2,469 | 2,786 | 1,712 | 16,589 | 2,574 | 4,384 | 4,338 |
| \% | 1.7\% | 3.5\% | 8.3\% | 19.3\% | 1.6\% | 3.6\% | 7.7\% | 17.8\% | 1.8\% | 3.4\% | 8.6\% | 19.9\% |
| Communication difficulty | 29,871 | 2,631 | 3,370 | 2,772 | 17,482 | 1,501 | 1,438 | 752 | 12,389 | 1,130 | 1,932 | 2,020 |
| \% | 1.6\% | 1.8\% | 3.9\% | 8.8\% | 2.0\% | 2.2\% | 4.0\% | 7.8\% | 1.3\% | 1.5\% | 3.8\% | 9.3\% |



## COMMENTARY

- The chart shows that deafness/partial hearing loss is more prevalent in all age groups than blindness/partial sight loss.
- As is common, both types of sensory difficulty increase with age, with almost half of males ( $46 \%$ ) and $40 \%$ of females aged $85+$ having a problem with hearing.

[^22]
## DISABILITIES - ALL

3.20 Disability Living Allowance - \% of claimants who are aged 65+, Northern Ireland, 2002-2012

|  | Total claimants | Males aged 65+ | Females aged 65+ | Persons aged 65+ | Males aged 65+ as \% of total claimants | Females aged 65+ as \% of total claimants | Persons aged 65+ as \% of total claimants |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2002 | 141,914 | 13,669 | 16,707 | 30,376 | 9.63 | 11.77 | 21.40 |
| 2003 | 148,266 | 15,078 | 18,476 | 33,554 | 10.17 | 12.46 | 22.63 |
| 2004 | 157,518 | 16,507 | 20,202 | 36,709 | 10.48 | 12.83 | 23.30 |
| 2005 | 164,018 | 17,523 | 21,654 | 39,177 | 10.68 | 13.20 | 23.89 |
| 2006 | 168,120 | 18,590 | 23,048 | 41,638 | 11.06 | 13.71 | 24.77 |
| 2007 | 171,147 | 19,764 | 24,486 | 44,250 | 11.55 | 14.31 | 25.85 |
| 2008 | 172,972 | 20,956 | 26,276 | 47,232 | 12.12 | 15.19 | 27.31 |
| 2009 | 176,340 | 22,075 | 27,954 | 50,029 | 12.52 | 15.85 | 28.37 |
| 2010 | 181,224 | 23,201 | 29,548 | 52,749 | 12.80 | 16.30 | 29.11 |
| 2011 | 184,180 | 24,008 | 30,892 | 54,900 | 13.04 | 16.77 | 29.81 |
| 2012 | 188,530 | 25,020 | 32,360 | 57,380 | 13.27 | 17.16 | 30.44 |



## COMMENTARY

- Since 2002 the number of claimants of Disability Living Allowance in both genders of all ages has shown a steady increase.
- The chart shows a gradual rise in claimants who are aged 65 and over. Male claimants aged 65+ has increased by $83 \%$ and female claimants by $93 \%$.
- In 2012, 30.5\% of claimants were aged 65+, 13.3\% of claimants were males aged 65+, $17.2 \%$ were females aged 65+.

Source: Analytical Services Unit - Department of Social Development via NINIS (http://www.ninis2.nisra.gov.uk/public/pivotgrid.aspx?dataSetVars=ds-1967-Ih-37-yn-1999-2012-sk-10-sn-People+and+Places-yearfilter-.. ). NISRA, Mid Year Estimates (http://www.nisra.gov.uk/demography/default.asp125.htm)

## DISABILITIES - ALL

### 3.21 Disability Living Allowance - \% of population claiming, Northern Ireland and LCGs, 2012

| Northern Ireland | All ages |  |  | 65+ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Population size | No. claiming DLA | \% of pop. claiming DLA | Population size | No. claiming DLA | \% of pop. claiming DLA |
| Persons | 1,806,900 | 188,530 | 10.4\% | 266,300 | 57,380 | 21.5\% |
| Male | 888,500 | 90,320 | 10.2\% | 115,600 | 25,020 | 21.6\% |
| Female | 918,300 | 98,210 | 10.7\% | 150,600 | 32,360 | 21.5\% |
| LCG | All ages |  |  | 65+ |  |  |
|  | Population size | No. claiming DLA | \% of pop. claiming DLA | Population size | No. claiming DLA | \% of pop. claiming DLA |
| Belfast | 334,800 | 43,280 | 12.9\% | 52,500 | 13,320 | 25.4\% |
| Northern | 460,400 | 40,030 | 8.7\% | 71,100 | 12,290 | 17.3\% |
| South Eastern | 348,300 | 30,640 | 8.8\% | 55,300 | 9,030 | 16.3\% |
| Southern | 362,700 | 37,690 | 10.4\% | 47,800 | 11,900 | 24.9\% |
| Western | 300,700 | 36,880 | 12.3\% | 39,500 | 10,870 | 27.5\% |

## COMMENTARY

- In 2012, a higher proportion of the 65+ population claimed Disability Living Allowance when compared to the total population ( $21.5 \%$ and $10.4 \%$ respectively).
- There was no real difference between genders in either age group.
- However when considering Local Commissioning Groups, there was considerable differences, particularly in those claiming who were aged $65+$. In this age group, the percentage claiming ranged from $16.3 \%$ in South Eastern LCG to $27.5 \%$ in Western LCG.


## DISABILITIES - ALL

3.22 Severe Disablement recipients, Local Commissioning Groups, 2010-2012

| LCG | 2010 |  |  | 2011 |  |  | 2012 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 65+ recipients | 65+ <br> population | $\begin{gathered} 65+\text { as } \% \text { of } \\ 65+\text { pop } \\ \hline \end{gathered}$ | 65+ recipients | 65+ population | $\begin{gathered} 65+\text { as \% of } \\ 65+\text { pop } \end{gathered}$ | 65+ recipients | $65+$ population | $\begin{gathered} 65+\text { as \% of } \\ 65+\text { pop } \\ \hline \end{gathered}$ |
| Belfast | 344 | 52,400 | 0.66\% | 349 | 52,500 | 0.66\% | 340 | 52,500 | 0.65\% |
| Northern | 512 | 69,500 | 0.74\% | 487 | 71,100 | 0.68\% | 470 | 71,100 | 0.66\% |
| South Eastern | 285 | 53,700 | 0.53\% | 282 | 55,300 | 0.51\% | 280 | 55,300 | 0.51\% |
| Southern | 350 | 46,600 | 0.75\% | 337 | 47,800 | 0.71\% | 330 | 47,800 | 0.69\% |
| Western | 415 | 38,300 | 1.08\% | 407 | 39,500 | 1.03\% | 410 | 39,500 | 1.04\% |
| Northern Ireland | 1,906 | 260,500 | 0.73\% | 1,862 | 266,300 | 0.70\% | 1,810 | 266,300 | 0.68\% |



## COMMENTARY

- $65+$ recipients of Severe Disablement as a percentage of the $65+$ population is very low at less than $1 \%$.
- In 2012, the Western LCG area had the highest percentage recipients (1.07\%), with South Eastern having the lowest ( $0.52 \%$ ).

Source: Source: Analytical Services Unit - Department of Social Development via NI Neighbourhood Information Service (http://www.ninis2.nisra.gov.uk) and NISRA, Mid Year Estimates, 2010-2011 (http://www.nisra.gov.uk/demography/default.asp17.htm) 2012 population figure is based on 2011 figure

## MENTAL HEALTH

3.23 \% population with a GHQ score of 4 or more - indicating a possible psychiatric disorder, Northern Ireland, 2010/11 and 2011/12

|  | $2010 / 11$ |  |  | 2011/12 |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
|  | All ages <br> $(n=4,085)$ | $65-74$ <br> $(n=600)$ | $75+$ years <br> $(n=416)$ | All ages <br> $(n=4,390)$ | 65-74 years <br> $(n=611)$ | $75+$ years <br> $(n=500)$ |
| Persons | $20 \%$ | $14 \%$ | $12 \%$ | $19 \%$ | $16 \%$ | $15 \%$ |
| Male | $17 \%$ | $10 \%$ | $12 \%$ | $17 \%$ | $13 \%$ | $17 \%$ |
| Female | $23 \%$ | $16 \%$ | $12 \%$ | $20 \%$ | $18 \%$ | $14 \%$ |

## COMMENTARY

- The survey showed that 1 in 5 people in Northern Ireland had a GHQ score of 4 or more, which could indicate poor mental health. (19\%).
- This figure decreases with age $-65-74 \mathrm{yrs}=16 \%, 75+=15 \%$.
- There are differences between genders. In 2011/12, 17\% of all males and 20\% of females had a possible psychiatric disorder. Similarly with those aged 65-74, females $=18 \%$, males $=13 \%$. However this is reversed in those aged $75+$, where $17 \%$ of males and $14 \%$ of females may have a psychiatric disorder.
- This is survey data and as such can be subject to natural random variation.



Source: DHSSPSNI, NI Health Survey 2010/11 and 2011/12 (http://www.dhsspsni.gov.uk/index/stats_research/stats-public-health.htm)
The General Health Questionnaire (GHQ12) is designed to detect the possibility of psychiatric morbidity in the general population. People are asked to respond to 12 questions about general levels of happiness, depression, anxiety and sleep disturbance. A score is constructed from their responses, with a score of 4 or more being classified as respondents with a possible psychiatric disorder, and is referred to as a 'high GHO12 score'

## MENTAL HEALTH

### 3.24 Long term condition - emotional, psychological or mental health condition, Northern Ireland, 2011 census

|  | All Persons |  |  |  | Males |  |  |  | Females |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All residents | 65 to 74 | 75 to 84 | 85+ | All residents | 65 to 74 | 75 to 84 | 85+ | All residents | 65 to 74 | 75 to 84 | 85+ |
| All usual residents | 1,810,863 | 145,600 | 86,724 | 31,396 | 887,323 | 69,076 | 35,951 | 9,611 | 923,540 | 76,524 | 50,773 | 21,785 |
| A learning, intellectual, social or behavioural difficulty | 40,177 | 1,510 | 930 | 507 | 26,536 | 822 | 393 | 139 | 13,641 | 688 | 537 | 368 |
| \% | 2.2\% | 1.0\% | 1.1\% | 1.6\% | 3.0\% | 1.2\% | 1.1\% | 1.4\% | 1.5\% | 0.9\% | 1.1\% | 1.7\% |
| An emotional, psychological or mental health condition | 105,528 | 8,899 | 4,200 | 1,936 | 43,708 | 3,822 | 1,373 | 407 | 61,820 | 5,077 | 2,827 | 1,529 |
| \% | 5.8\% | 6.1\% | 4.8\% | 6.2\% | 4.9\% | 5.5\% | 3.8\% | 4.2\% | 6.7\% | 6.6\% | 5.6\% | 7.0\% |
| Frequent periods of confusion or memory loss | 35,616 | 5,098 | 8,110 | 7,069 | 15,721 | 2,485 | 3,013 | 1,701 | 19,895 | 2,613 | 5,097 | 5,368 |
| \% | 2.0\% | 3.5\% | 9.4\% | 22.5\% | 1.8\% | 3.6\% | 8.4\% | 17.7\% | 2.2\% | 3.4\% | 10.0\% | 24.6\% |

Northern Ireland: Long term condition - emotional, psychological or mental health conditon, all persons, 2011


## COMMENTARY

- The chart reveals that the percentage of the population with 'frequent periods of confusion or memory loss' increased with age $(65-74=3.5 \%, 75-84=9.4 \%$ and $85+=22.5 \%)$. This is similar for both genders where increases can be seen with age.
- The percentage of the population with an 'emotional, psychological or mental health condition' varies little by gender or age, with females having a slightly higher percentage across all age groups.

Source: NI Neighbourhood Information Service - Census 2011
(http://www.ninis2.nisra.gov.uk)
An emotional, psychological or mental health condition' includes conditions such as depression or schizophrenia
Long-term' refers to a condition which has lasted, or is expected to last, at least 12 months
Age' is age at last birthday

## MENTAL HEALTH

### 3.25 Dementia

## COMMENTARY

The term dementia describes a set of symptoms including memory loss, mood changes and problems with communication and reasoning. Dementia is not a natural part of growing old. It is caused by diseases of the brain, the most common being Alzheimer's.

## As at 2013:

- There are 800,000 people with dementia in the UK, of these an estimated 18,800 live in Northern Ireland (NI figures are calculated by applying prevalence figures to 2012 population figures).
- There are over 17,000 younger people (under 65 years) with dementia in the UK, although it is accepted that this figure is an underestimate and the true figure may be up to three times higher.
- Two thirds of people with dementia are women.
- It is expected that the number of people with dementia will double in the next 40 years.
- In the UK, 60,000 deaths a year are directly attributable to dementia.
- Delaying the onset of dementia by 5 years would reduce deaths directly attributable to dementia by 30,000 a year.
- UK prevalence by age band:
- 40-64 years - 1 in 1,400
- 65-69 years -1 in 100
- 70-79 years -1 in 25
- $80+$ years -1 in 6
- There are 670,000 carers of people with dementia in the UK
- Family carers of people with dementia save the UK over $£ 8$ billion a year.
- $80 \%$ of people living in care homes have a form of dementia or severe memory problems.
- Two thirds of people with dementia live in the community while one third live in a care home.
- Only $44 \%$ of people with dementia in England, Wales and Northern Ireland receive a diagnosis.


## MENTAL HEALTH - SUICIDE

### 3.26 Number of registered deaths due to suicide in those aged 65+ years, Northern Ireland, 1992-2011

| Year | Male | Female | Persons | Northern Ireland: Number of suicides in those aged 65+ years, by gender, 1992 -$2011$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1992 | 14 | 6 | 20 |  |  |
| 1993 | 11 | 1 | 12 |  |  |
| 1994 | 11 | 6 | 17 | 30 |  |
| 1995 | 13 | 8 | 21 |  |  |
| 1996 | 13 | 5 | 18 | 25 | $-$ |
| 1997 | 10 | 3 | 13 |  |  |
| 1998 | 8 | 3 | 11 | 20 |  |
| 1999 | 8 | 3 | 11 |  |  |
| 2000 | 7 | 4 | 11 |  |  |
| 2001 | 14 | 5 | 19 | 15 |  |
| 2002 | 9 | 4 | 13 |  | $\square$ |
| 2003 | 10 | 1 | 11 | 10 | - - - - - - - - - - - - - - - - |
| 2004 | 8 | 5 | 13 |  |  |
| 2005 | 11 | 7 | 18 | 5 | $\square-\square-\square$ |
| 2006 | 10 | 4 | 14 |  |  |
| 2007 | 17 | 8 | 25 |  |  |
| 2008 | 17 | 5 | 22 | 19921993199419951996199719981999200020012002200320042005200620072008200920102011 |  |
| 2009 | 16 | 4 | 20 |  |  |
| 2010 | 22 | 4 | 26 | ■ Male - Female |  |
| 2011 | 19 | 7 | 26 |  |  |

## COMMENTARY

- The number of registered deaths as a result of suicide has fluctuated over the years, however it can be seen clearly that in all years male deaths are in the majority. This is consistent with the position for all ages where males represent three in four of registered deaths by suicide in 2011.

[^23]
## MENTAL HEALTH - SUICIDE

3.27 Number of registered deaths due to suicide by gender and age, Northern Ireland, 1992-2011

| Registration Year | All Ages | Age Group |  |  |  |  |  | $\begin{gathered} 65+\text { as \% } \\ \text { of total } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 65-69 | 70-74 | 75-79 | 80-84 | 85+ | Total 65+ |  |
| 1992 | 128 | 6 | 7 | 5 | 2 | 0 | 20 | 15.6\% |
| 1993 | 151 | 5 | 3 | 4 | 0 | 0 | 12 | 7.9\% |
| 1994 | 151 | 5 | 3 | 3 | 5 | 1 | 17 | 11.3\% |
| 1995 | 146 | 7 | 4 | 5 | 4 | 1 | 21 | 14.4\% |
| 1996 | 143 | 4 | 9 | 1 | 4 | 0 | 18 | 12.6\% |
| 1997 | 138 | 4 | 6 | 0 | 1 | 2 | 13 | 9.4\% |
| 1998 | 150 | 7 | 3 | 0 | 0 | 1 | 11 | 7.3\% |
| 1999 | 154 | 5 | 1 | 0 | 4 | 1 | 11 | 7.1\% |
| 2000 | 185 | 6 | 0 | 2 | 2 | 1 | 11 | 5.9\% |
| 2001 | 158 | 6 | 8 | 2 | 3 | 0 | 19 | 12.0\% |
| 2002 | 183 | 4 | 2 | 5 | 1 | 1 | 13 | 7.1\% |
| 2003 | 144 | 5 | 2 | 1 | 3 | 0 | 11 | 7.6\% |
| 2004 | 146 | 6 | 2 | 3 | 1 | 1 | 13 | 8.9\% |
| 2005 | 213 | 6 | 6 | 3 | 3 | 0 | 18 | 8.5\% |
| 2006 | 291 | 6 | 3 | 2 | 2 | 1 | 14 | 4.8\% |
| 2007 | 242 | 13 | 2 | 9 | 0 | 1 | 25 | 10.3\% |
| 2008 | 282 | 9 | 5 | 3 | 5 | 0 | 22 | 7.8\% |
| 2009 | 260 | 10 | 3 | 4 | 3 | 0 | 20 | 7.7\% |
| 2010 | 313 | 7 | 7 | 6 | 2 | 4 | 26 | 8.3\% |
| 2011 | 289 | 12 | 4 | 3 | 4 | 3 | 26 | 9.0\% |

Northern Ireland: Suicides in those aged 65+ as \% of total suicides, 1992-2011


## COMMENTARY

- The numbers of registered deaths from suicide in older people has varied over the last twenty years.
- The proportion of deaths in those over sixty-five expressed as a percentage of all registered deaths by suicide has generally declined. However the last two years (2010 and 2011) has seen the largest number of suicides ( 26 deaths) in those aged 65 and over in the last twenty years.


## Source: General Register Office via NISRA (http://www.nisra.gov.uk/demography/default.asp10.htm)

In the UK, in considering suicide events it is conventional to include cases where the cause of death is classified as either 'Suicide and self-inflicted injury' or 'Undetermined injury'. The ICD codes used for 'Suicide and self-inflicted injury' are X60-X84 and Y87.0 (ICD9 E950-E959), and the ICD codes used for 'Undetermined injury' are Y10-Y34 and Y87.2 (ICD9 E980-E989).
All deaths data supplied by NISRA is based on the year of registration rather than the year of occurrence unless otherwise stated. Events such as suicide are likely to be referred to the coroner. This can take

## MENTAL HEALTH - SUICIDE

3.28 Suicide rates (crude/100,000 population) of registered deaths by age and gender, 3 year moving average, NI, 2000/02-2009/11

|  | Registration Year | All ages | 65-69 | 70-74 | $\geq 75$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Persons | 2000-2002 | 10.4 | 8.1 | 5.8 | 5.6 |
|  | 2001-2003 | 9.5 | 7.5 | 6.9 | 5.2 |
|  | 2002-2004 | 9.3 | 7.4 | 3.4 | 5.1 |
|  | 2003-2005 | 9.8 | 8.3 | 5.7 | 4.7 |
|  | 2004-2006 | 12.6 | 8.6 | 6.2 | 4.9 |
|  | 2005-2007 | 14.3 | 11.9 | 6.1 | 6.4 |
|  | 2006-2008 | 15.4 | 13.0 | 5.5 | 6.9 |
|  | 2007-2009 | 14.7 | 14.4 | 5.4 | 7.4 |
|  | 2008-2010 | 15.9 | 11.3 | 8.0 | 7.8 |
|  | 2009-2011 | 16.0 | 12.2 | 7.4 | 8.3 |
| Male | 2000-2002 | 16.7 | 15.3 | 8.0 | 9.2 |
|  | 2001-2003 | 15.5 | 13.9 | 10.5 | 10.8 |
|  | 2002-2004 | 14.4 | 11.6 | 5.2 | 10.5 |
|  | 2003-2005 | 15.3 | 12.4 | 7.7 | 9.4 |
|  | 2004-2006 | 19.7 | 12.2 | 8.8 | 8.4 |
|  | 2005-2007 | 22.2 | 16.0 | 8.7 | 12.3 |
|  | 2006-2008 | 24.0 | 18.6 | 8.5 | 14.4 |
|  | 2007-2009 | 22.9 | 22.7 | 7.1 | 15.6 |
|  | 2008-2010 | 25.2 | 20.9 | 12.7 | 16.0 |
|  | 2009-2011 | 24.9 | 20.1 | 13.7 | 16.4 |
| Female | 2000-2002 | 4.3 | 1.9 | 4.1 | 3.6 |
|  | 2001-2003 | 3.8 | 1.9 | 4.1 | 2.0 |
|  | 2002-2004 | 4.4 | 3.7 | 2.0 | 2.0 |
|  | 2003-2005 | 4.5 | 4.6 | 4.1 | 2.0 |
|  | 2004-2006 | 5.7 | 5.5 | 4.1 | 2.9 |
|  | 2005-2007 | 6.6 | 8.1 | 4.1 | 2.9 |
|  | 2006-2008 | 7.3 | 8.0 | 3.0 | 2.4 |
|  | 2007-2009 | 6.9 | 6.9 | 4.0 | 2.4 |
|  | 2008-2010 | 7.0 | 2.5 | 3.9 | 2.8 |
|  | 2009-2011 | 7.3 | 4.8 | 2.0 | 3.2 |

## COMMENTARY

- The charts below (page 66) show clearly that suicide death rates are higher in males than in females.
- In males, the rate was higher in all years since 2000/02 in the 6569 year age group.
- In females, the rate fluctuated but tended to be higher in the 6569 year age group.
- In males, there is a slight upward trend in the rate of suicide death in all older age groups with the 70-74 age group seeing a larger increase in recent years.
- However in females, the trend varies more. The rate for those aged $75+$ has remained fairly steady with a small increase in recent years. Death rates in those aged 70-74 had been fairly steady also but has been decreasing in recent years. The rate for those aged 65-69 had been increasing considerably between 2001/03 until 2005/08 and then started to fall with a further increase in 2009/11. However it should be noted that even at its peak, the female deaths rate continues to be much lower than the male rate.
- Small absolute numbers can create substantial variation in rates.

Source: Public Health Agency - Health Intelligence Briefing "Suicide in Northern Ireland - December 2012"

## MENTAL HEALTH - SUICIDE

3.28 (cont'd) Suicide rates (crude/100,000 population) of registered suicide deaths by age and gender, NI, 2000/02 - 2009/11


Northern Ireland - FEMALES: Suicide rate per 100,000 pop. by age, 2000-02 to 2009-11

-65-

# SECTION 4: <br> - PREVENTION, TREATMENT \& LIFESTYLE - 

## PREVENTION - SCREENING

4.1 Influenza Vaccination in 65+ age group, Northern Ireland, 2000/01 - 2012/13

|  | $2000 / 01$ | $2001 / 02$ | $2002 / 03$ | $2003 / 04$ | $2004 / 05$ | $2005 / 06$ | $2006 / 07$ | $2007 / 08$ | $2008 / 09$ | $2009 / 10$ | $2010 / 11$ | $2011 / 12$ |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Practices: \% pop covered <br> by returning practices | $99.0 \%$ | $99.7 \%$ | $99.9 \%$ | $99.1 \%$ | $98.3 \%$ | $98.6 \%$ | $98.9 \%$ | $91.4 \%$ | $88.0 \%$ | $100.0 \%$ | $100.0 \%$ | $100.0 \%$ |
| Total vaccines given | 155,030 | 163,972 | 166,514 | 171,308 | 168,569 | 180,372 | 178,242 | 166,068 | 170,818 | 201,052 | 198,505 | 211,416 |
| $65+$ population | 226,928 | 228,994 | 230,811 | 232,356 | 231,864 | 234,739 | 240,403 | 219,308 | 222,484 | 261,828 | 265,123 | 274,678 |
| Target uptake | $65 \%$ | $70 \%$ | $70 \%$ | $70 \%$ | $70 \%$ | $70 \%$ | $70 \%$ | $70 \%$ | $70 \%$ | $70 \%$ | $75 \%$ | $75 \%$ |
| $\%$ uptake achieved | $68.0 \%$ | $72.0 \%$ | $72.1 \%$ | $73.7 \%$ | $72.7 \%$ | $76.8 \%$ | $74.1 \%$ | $75.7 \%$ | $76.8 \%$ | $77.0 \%$ | $74.9 \%$ | $77.0 \%$ |

Northern Ireland: 65+ influenza vaccine uptake achieved, 2000/012012/12 (non zero axis)


## COMMENTARY

- The vaccination uptake achieved in those aged 65 and over is showing an upward trend. The uptake has increased from $68 \%$ in 2000/01 to $75 \%$ in 2012/13 (provisional figures). (Note that in some years the coverage of the $65+$ population was not $100 \%$ ).
- The vaccination uptake achieved across Northern Ireland has in all years except one (2010/11) either met the target or exceeded it. Note that the target has increased twice in this time period.

[^24]
## PREVENTION - SCREENING

4.2 Influenza Vaccination, Local Commissioning Groups, 2008/09-2012/13

| LCG | 2008/09* | 2009/10* | 2010/11 | 2011/12 | 2012/13 ${ }^{\text {p }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Belfast | 77\% | 77\% | 73.9\% | 76.7\% | 75.3\% |
| South Eastern |  |  | 74.8\% | 79.4\% | 76.7\% |
| Northern | 78\% | 76\% | 74.9\% | 75.7\% | 74.6\% |
| Southern | 77\% | 78\% | 75.0\% | 77.1\% | 75.5\% |
| Western | 74\% | 77\% | 76.3\% | 76.3\% | 72.9\% |
| Northern Ireland | 77\% | 77\% | 74.9\% | 77.0\% | 75.0\% |

Local Commissioning Groups: 65+ influenza vaccine uptake achieved, 2008/09-2012/12
(non zero axis)


## COMMENTARY

- The chart shows a fluctuating position at LCG level in these years.
- Note that 2012/13 figures are provisional and so the final uptake figures may be higher than shown.
- Within Northern Ireland there is some variation per Trust or LCG area.
- In 2011/12 (most recent confirmed figures), South Eastern LCG had the highest uptake at $79.4 \%$, with the Northern LCG having the lowest (75.7\%).

[^25]
## PREVENTION - SCREENING

4.3 Bowel Cancer Screening - uptake in those aged 60 to 71 years, Northern Ireland, April 2010 to October 2012

|  | Male | Female | Persons |
| :--- | ---: | ---: | ---: |
| $2010 / 11$ | $42.69 \%$ | $48.98 \%$ | $45.87 \%$ |
| $2011 / 12$ | $45.38 \%$ | $51.13 \%$ | $48.30 \%$ |
| Apr-12 - end Oct-12 | $47.17 \%$ | $51.90 \%$ | $49.60 \%$ |
| Apr-10 (programme start) - end Oct-12 | $45.28 \%$ | $50.83 \%$ | $48.10 \%$ |



## COMMENTARY

- This screening programme covers those in Northern Ireland aged 60 to 71 years old.
- Although only two and a half years of data are available (screening commenced April 2010), figures are showing an upward trend in both males and females.
- Figures show that about half of those in the population aged 60-71 years are being screened.
- The uptake by females is higher than in males.

[^26]The table above refers to those persons aged 60 to 71 years

## TREATMENT - SMOKING CESSATION

### 4.4 Quit rates after 4 weeks, age band, Northern Ireland, 2010/11 - 2011/12

|  |  | Persons - Aged 65+ |  | Persons - All ages |  |
| :--- | :---: | ---: | ---: | ---: | ---: |
|  |  | $\mathbf{2 0 1 0 / 1 1}$ |  | $\mathbf{2 0 1 1 / 1 2}$ | $\mathbf{2 0 1 0 / 1 1}$ | $\mathbf{2 0 1 1 / 1 2}$ |
| Total number setting a quit date | No. | 2,079 | 2,276 | 34,386 | 39,204 |
| Successfully quit at 4 weeks | No. | 1,246 | 1,360 | 17,951 | 20,299 |
|  | $\%$ | $59.9 \%$ | $59.8 \%$ | $52.2 \%$ | $51.8 \%$ |

Northern Ireland: Quit rates after 4 weeks, by age band, 2010/11-2011/12 (non zero axis)


## COMMENTARY

- In 2011/12, over half of all persons who had set a quit date, had been successfully quit at four weeks (51.8\%). However in those aged $65+$, the figure is higher at almost 60\%.
- In 2011/12 the \% quit rate had decreased in both age groups, although only very slightly (aged 65+ = $0.1 \%$, all ages $=-0.4 \%$.).
- The number setting quit dates increased in 2011/12 in both age groups .


## TREATMENT - SMOKING CESSATION

4.5 Quit rates after 4 weeks and 52 weeks (only 2010/11), all persons aged 65+, Local Commissioning Groups, 2009/10-2011/12


Source: Northern Ireland Stop Smoking Services monitoring system (Elite) via PHA Health Intelligence Unit
Successfully quit at 4 weeks is based on self-reporting

## LIFESTYLE

### 4.6 Smoking prevalence, Northern Ireland by age group, 2010/11 and 2011/12

|  | $\mathbf{2 0 1 0 / 1 1}$ |  |  | $\mathbf{2 0 1 1 / 1 2}$ |  |  |
| :--- | :---: | :---: | :---: | ---: | :---: | :---: |
|  | All ages (16+) | $\mathbf{6 5 - 7 4}$ years | $\mathbf{7 5 +}$ years | All ages (16+) | $\mathbf{6 5 - 7 4}$ years | 75+ years |
|  | $\mathrm{n}=4, \mathbf{0 8 5}$ | $\mathrm{n}=600$ | $\mathrm{n}=\mathbf{4 1 6}$ | $\mathrm{n}=4, \mathbf{3 9 0}$ | $\mathrm{n}=611$ | $\mathrm{n}=500$ |
|  | $24 \%$ | $15 \%$ | $7 \%$ | $25 \%$ | $18 \%$ | $8 \%$ |
| Male | $25 \%$ | $17 \%$ | $6 \%$ | $27 \%$ | $18 \%$ | $9 \%$ |
| Female | $23 \%$ | $14 \%$ | $7 \%$ | $23 \%$ | $17 \%$ | $8 \%$ |



## COMMENTARY

- In 2011/12, $25 \%$ of the population smoked ( $27 \%$ of males, $23 \%$ of females). The figures for all persons and for males have increased slightly on the previous year ( $24 \%$ and $25 \%$ respectively).
- The percentage of the population who smoke decreases with age. In 2011/12, 18\% of those aged $65-74$ smoked and $8 \%$ of those aged $75+$ smoked. However again the figures have shown an increase since 2010/11, particularly in males aged 75+ and females aged 65-74 years.
- Smoking prevalence data is survey based and prone to some random variation.


## LIFESTYLE

### 4.7 Drinking (alcohol) prevalence, Northern Ireland by age group, 2010/11 and 2011/12

|  | $\mathbf{2 0 1 0 / 1 1}$ |  |  | $\mathbf{2 0 1 1 / 1 2}$ |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | :---: |
|  | All ages <br> $(18+)$ | $\mathbf{6 5 - 7 4}$ years | 75+ years | All ages <br> $(18+)$ | $\mathbf{6 5 - 7 4}$ years | $\mathbf{7 5 +}$ years |
|  | $\mathrm{n}=\mathbf{3 , 9 9 2}$ | $\mathrm{n}=\mathbf{6 0 0}$ | $\mathrm{n}=\mathbf{4 1 6}$ | $\mathrm{n}=\mathbf{4 , 3 3 0}$ | $\mathrm{n}=\mathbf{6 1 1}$ | $\mathrm{n}=500$ |
|  | $77 \%$ | $63 \%$ | $44 \%$ | $75 \%$ | $60 \%$ | $44 \%$ |
| Male | $81 \%$ | $69 \%$ | $60 \%$ | $81 \%$ | $67 \%$ | $62 \%$ |
| Female | $74 \%$ | $58 \%$ | $37 \%$ | $72 \%$ | $55 \%$ | $36 \%$ |

Northern Ireland: \% drinking prevalence by age group and gender, 2010/11 and 2011/12


## COMMENTARY

- In 2011/12, 75\% of those aged 18 and over indicated that they drink alcohol, $81 \%$ of males and $72 \%$ of females. The figures have decreased slightly in females and all persons on the previous year ( $74 \%$ and $77 \%$ respectively)
- In all years and in all age groups, a higher proportion of males consume alcohol compared to females.
- The proportion of the population who drink alcohol decreased with age. $60 \%$ of all persons aged $65-74$ and $44 \%$ of those aged 75 and over drink alcohol.
- Again this is survey based data and may be prone to some random variation particularly when sub groups with smaller numbers are examined.
- The sample size is too small to further break down to older people at LCG level.

[^27]
## LIFESTYLE

4.8 Drinking (alcohol) prevalence (above weekly limits), Northern Ireland by age group, 2010/11 and 2011/12

|  | $\mathbf{2 0 1 0 / 1 1}$ |  |  | $\mathbf{2 0 1 1 / 1 2}$ |  |  |
| :--- | ---: | :---: | ---: | ---: | ---: | ---: |
|  | All ages <br> $(18+)$ | $\mathbf{6 5 - 7 4}$ years | 75+ years | All ages <br> $(18+)$ | 65-74 years | 75+ years |
|  | $\mathrm{n}=\mathbf{3 , 9 9 2}$ | $\mathrm{n}=\mathbf{6 0 0}$ | $\mathrm{n}=\mathbf{4 1 6}$ | $\mathrm{n}=\mathbf{4 , 3 3 0}$ | $\mathrm{n}=\mathbf{6 1 1}$ | $\mathrm{n}=500$ |
|  | $20 \%$ | $11 \%$ | $6 \%$ | $19 \%$ | $11 \%$ | $6 \%$ |
| Male | $27 \%$ | $19 \%$ | $9 \%$ | $28 \%$ | $20 \%$ | $11 \%$ |
| Female | $16 \%$ | $6 \%$ | $4 \%$ | $13 \%$ | $5 \%$ | $3 \%$ |

Northern Ireland: \% drinking prevalence (above weekly limits) by age group and gender, 2010/11 and 2011/12


## COMMENTARY

- In 2011/12, 19\% of those who answered the survey, reported drinking above the weekly limits ( 21 units per week for males and 14 units per week for females, Department of Health) - or almost 1 in 5 persons. However, over a quarter (28\%) of males drank excessively. $13 \%$ of females exceeded the weekly limits.
- The figures for all persons has reduced slightly from $20 \%$ in the previous year and for females have reduced from $16 \%$ to $13 \%$, however the equivalent figures for males have shown an increase from $27 \%$ to 28\%.
- The proportion of the population who drink alcohol above weekly limits decreased with age. In 2011/12, $11 \%$ of all persons aged 65-74 (one in five of those who drink) and $6 \%$ of those aged 75 and over (one in seven of those who drink) admitted to drinking alcohol excessively. This is particularly noticeable amongst men where $30 \%$ of men 65-74 years who drink alcohol were above weekly recommended limits.
- The percentages in the table apply to the entire sample including those who do not drink.


## LIFESTYLE

4.9 Obesity - BMI levels, Northern Ireland by age group, 2010/11 and 2011/12

|  |  | 2010/11 |  |  | 2011/12 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | All ages (16+) | $65-74$ <br> years | $\begin{gathered} \hline 75+ \\ \text { years } \end{gathered}$ | All ages $(16+)$ | $65-74$ <br> years | $75+$ <br> years |
|  |  | $\mathrm{n}=2,603$ | $\mathrm{n}=384$ | $\mathrm{n}=212$ | $\mathrm{n}=3,342$ | $\mathrm{n}=438$ | $\mathrm{n}=307$ |
| Persons | Overweight | 36\% | 39\% | 46\% | 37\% | 42\% | 47\% |
|  | Obese | 23\% | 29\% | 25\% | 23\% | 30\% | 16\% |
| Male | Overweight | 44\% | 44\% | 55\% | 42\% | 46\% | 48\% |
|  | Obese | 23\% | 30\% | 21\% | 25\% | 28\% | 24\% |
| Female | Overweight | 30\% | 36\% | 41\% | 34\% | 38\% | 47\% |
|  | Obese | 23\% | 29\% | 27\% | 22\% | 31\% | 11\% |



Northern Ireland - PERSONS: BMI levels by age group and gender, 2010/11 and 2011/12


Northern Ireland - FEMALES: BMI levels by age group and gender, 2010/11 and 2011/12


## COMMENTARY

- In $2011 / 12,60 \%$ of adults were either overweight or obese ( $67 \%$ of males and $56 \%$ of females). Figures for those overweight have decreased in males since 2010/11 and increased in females; however percentage obese has increased in males and decreased in females.
- Although being overweight tends to increase with age in all genders, the proportion obese tends to decrease in those aged $75+$, particularly in females.

Source: DHSSPSNI, NI Health Survey 2010/11 and 2011/12 (http://www.dhsspsni.gov.uk/index/stats_research/stats-public-health.htm)

## LIFESTYLE

4.10 Physical activity - Meeting recommended physical activity levels, Northern Ireland by age group, 2010/11 and 2011/12

|  | $\mathbf{2 0 1 0 / 1 1}$ |  |  | 2011/12 |  |  |
| :--- | ---: | :---: | :---: | :---: | :---: | :---: |
|  | All ages (16+) | $\mathbf{6 5 - 7 4}$ years | $\mathbf{7 5 +}$ years | All ages (16+) | $\mathbf{6 5 - 7 4}$ years | 75+ years |
|  | $\mathrm{n}=4, \mathbf{0 8 5}$ | $\mathrm{n}=600$ | $\mathrm{n}=416$ | $\mathrm{n}=4,390$ | $\mathrm{n}=611$ | $\mathrm{n}=500$ |
|  | $38 \%$ | $30 \%$ | $19 \%$ | $35 \%$ | $29 \%$ | $13 \%$ |
| Male | $44 \%$ | $33 \%$ | $27 \%$ | $40 \%$ | $39 \%$ | $20 \%$ |
| Female | $35 \%$ | $28 \%$ | $15 \%$ | $31 \%$ | $22 \%$ | $9 \%$ |



## COMMENTARY

- In 2011/12, 35\% of those who answered the survey indicated that they met the recommended physical activity levels (30 minutes of moderate activity on at least 5 days a week, Chief Medical Officer, DHSSPSNI). 40\% of males and $31 \%$ of females met the recommended activity levels.
- The figure for all persons reduced from $38 \%$ in the previous year, for females from $35 \%$ to $31 \%$ and males $44 \%$ to $40 \%$.
- The proportion of the population who met the recommended physical activity levels decreased with age. In 2011/12, $29 \%$ of all persons aged 65-74 and $13 \%$ of those aged 75 met the required levels.
- The proportion of older women meeting the recommended guidelines in 2011/12 was only $22 \%$ for $65-74$ year olds and $9 \%$ of women aged 75+.
- Note again this is survey data with small samples size in older age groups.

Source: DHSSPSNI, NI Health Survey 2010/11 and 2011/12 (http://www.dhsspsni.gov.uk/index/stats_research/stats-public-health.htm)

## LIFESTYLE

### 4.11 Nutrition - Fruit and vegetable consumption (5 or more portions), Northern Ireland by age group, 2010/11 and 2011/12

|  | $\mathbf{2 0 1 0 / 1 1}$ |  |  | 2011/12 |  |  |
| :--- | ---: | :---: | :---: | :---: | :---: | :---: |
|  | All ages (16+) | $\mathbf{6 5 - 7 4}$ years | $\mathbf{7 5 +}$ years | All ages (16+) | $\mathbf{6 5 - 7 4}$ years | 75+ years |
|  | $\mathrm{n}=4, \mathbf{0 8 5}$ | $\mathrm{n}=600$ | $\mathrm{n}=\mathbf{4 1 6}$ | $\mathrm{n}=4,390$ | $\mathrm{n}=611$ | $\mathrm{n}=500$ |
|  | $33 \%$ | $34 \%$ | $28 \%$ | $32 \%$ | $35 \%$ | $28 \%$ |
| Male | $27 \%$ | $32 \%$ | $22 \%$ | $26 \%$ | $30 \%$ | $28 \%$ |
| Female | $36 \%$ | $35 \%$ | $30 \%$ | $37 \%$ | $37 \%$ | $28 \%$ |



## COMMENTARY

- In 2011/12, 32\% of those aged 16 and over reported that they have at least 5 portions of fruit/vegetable to eat each day ( $26 \%$ of males and $37 \%$ of females).
- The figure for all persons has reduced from $33 \%$ in the previous year, for males it has reduced from $27 \%$ to $26 \%$. The percentage of females consuming 5+ portions of fruit/vegetable has increased from $36 \%$ to 37\%.
- In 2011/12, the proportion of the population who eat the recommended portions of fruit/vegetables increased to $35 \%$ in those aged 65-74; however across all genders only $28 \%$ of those aged $75+$ eat this recommended level.

[^28]
## SECTION 5: <br> -WIDER SOCIAL DETERMINANTS -

## LIVING CONDITIONS

### 5.1 Household Composition, Northern Ireland and LCGs, 2011

|  | Northern Ireland |  | Belfast |  | Northern |  | South Eastern |  | Southern |  | Western |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number | \% of households | Number | \% of households | Number | \% of households | Number | \% of households | Number | \% of households | Number | $\%$ of households |
| No. households | 703,275 | - | 148,328 | - | 177,914 | - | 136,698 | - | 131,129 | - | 109,206 | - |
| No. of one person households -65+ | 78,101 | 11.1\% | 18,213 | 12.3\% | 19,904 | 11.2\% | 15,394 | 11.3\% | 13,634 | 10.4\% | 10,956 | 10.0\% |
| $65+$ population / \% of 65+ population living alone | 263,720 | 29.6\% | 52,705 | 34.6\% | 70,426 | 28.3\% | 54,813 | 28.1\% | 47,163 | 28.9\% | 38,613 | 28.4\% |
| No. of households with family occupancy all aged 65+ | 46,826 | 6.7\% | 8,867 | 6.0\% | 13,135 | 7.4\% | 11,107 | 8.1\% | 7,907 | 6.0\% | 5,810 | 5.3\% |
| Other household type all aged 65+ | 3,279 | 0.5\% | 723 | 0.5\% | 795 | 0.4\% | 519 | 0.4\% | 652 | 0.5\% | 590 | 0.5\% |
| Total households - all aged 65+ | 128,206 | 18.2\% | 27,803 | 18.7\% | 33,834 | 19.0\% | 27,020 | 19.8\% | 22,193 | 16.9\% | 17,356 | 15.9\% |



[^29]
## COMMENTARY

- In Northern Ireland at the 2011 census almost $30 \%$ of the $65+$ population live alone.
- Across Local Commissioning Groups, Belfast LCG had the highest proportion of older people living alone (34.6\%), with South Eastern LCG having the lowest (28.1\%).
- South Eastern LCG had the highest proportion of households where all occupants are aged 65 and over (19.8\%) or almost 1 in 5 households.


## LIVING CONDITIONS

5.2 Unfitness of dwelling by age of Household Reference Person, Northern Ireland, 2001, 2006, 2011

| Age Group | 2001 |  | 2006 |  | 2011 |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
|  | \% Unfit | \% Fit | \% Unfit | \% Fit | \% Unfit | \% Fit |
| Under 60 years | $1.9 \%$ | $98.1 \%$ | $0.8 \%$ | $99.2 \%$ | $1.0 \%$ | $99.0 \%$ |
| $60-74$ years | $3.5 \%$ | $96.5 \%$ | $1.7 \%$ | $98.3 \%$ | $0.2 \%$ | $99.8 \%$ |
| $75+$ years | $6.0 \%$ | $94.0 \%$ | $5.0 \%$ | $95.0 \%$ | $1.3 \%$ | $98.7 \%$ |
| All ages | $\mathbf{2 . 8 \%}$ | $\mathbf{9 7 . 2 \%}$ | $\mathbf{1 . 5 \%}$ | $\mathbf{9 8 . 5 \%}$ | $\mathbf{0 . 9 \%}$ | $\mathbf{9 9 . 1 \%}$ |



## COMMENTARY

- In 2011, almost 1\% of dwellings in Northern Ireland were considered 'unfit' (see definition over page). This figure has improved on previous years. Ten years ago almost $3 \%$ of dwellings were unfit.
- Whilst the level of unfit dwellings where the Household Reference Person is aged 75 and over has reduced markedly since 2006 the $1.3 \%$ in 2011 is higher than that in the general population. Many of the conditions contained in the Fitness Standard (over page) would have a detrimental effect on an older person's health and wellbeing e.g. dampness in the home, inadequate heating, poor water supply.

Source: Northern Ireland Housing Executive, House Condition Surveys, 2001, 2006, 2011 (http://www.nihe.gov.uk/index/corporate/housing_research/house_condition_survey.htm)

## LIVING CONDITIONS

## 5.2 (cont'd) Unfitness of dwelling by age of Household Reference Person, Northern Ireland, 2001, 2006, 2011

## Fitness Standard

The current Fitness Standard is set out in Schedule 5 of the Housing (Northern Ireland) Order 1992. This schedule states that a dwelling is unfit for human habitation if it fails to meet one or more of the following requirements:

- It is structurally stable.
- It is free from serious disrepair.
- It is free from dampness prejudicial to the health of the occupants (if any).
- It has adequate provision for heating, lighting and ventilation.
- It has an adequate supply of wholesome water.
- There are satisfactory facilities in the house for the preparation and cooking of food, including a sink with a satisfactory supply of hot and cold water.
- It has a suitably located water closet for the exclusive use of the occupants (if any).
- It has, for the exclusive use of the occupants (if any), a suitably located fixed bath or shower and wash-hand basin, each of which is provided with a satisfactory supply of hot and cold water.
- It has an effective system for the draining of foul, waste and surface water.

In addition, flats may be classified as unfit if the building or part of the building outside of the flat fails to meet any of the following requirements and by reason of that failure is not suitable for occupation:

- The building or part is structurally unstable.
- It is free from serious disrepair.
- It is free from dampness.
- It has adequate provision for ventilation.
- It has an effective system for the draining of foul, surface and waste water.


## LIVING CONDITIONS

5.3 Tenure of Household Reference Person where HRP is aged 65+, Local Commissioning Groups, 2011

|  | Household Reference Person aged 65+ years |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All households | Owner occupied | Shared ownership | Rented from Northern Ireland Housing Executive | Rented from housing association or charitable trust | Private rented | Living rent free |
| Belfast | 36,174 | 23,772 | 91 | 5,859 | 3,206 | 1,590 | 1,656 |
| \% of all households | - - | 65.7\% | 0.3\% | 16.2\% | 8.9\% | 4.4\% | 4.6\% |
| Northern | 45,967 | 34,325 | 156 | 4,828 | 1,679 | 2,579 | 2,400 |
| \% of all households | - - | 74.7\% | 0.3\% | 10.5\% | 3.7\% | 5.6\% | 5.2\% |
| South Eastern | 35,574 | 26,991 | 132 | 3,537 | 1,536 | 1,811 | 1,567 |
| \% of all households | - | 75.9\% | 0.4\% | 9.9\% | 4.3\% | 5.1\% | 4.4\% |
| Southern | 31,433 | 23,601 | 104 | 3,040 | 865 | 2,003 | 1,820 |
| \% of all households | - - | 75.1\% | 0.3\% | 9.7\% | 2.8\% | 6.4\% | 5.8\% |
| Western | 25,476 | 18,396 | 87 | 2,875 | 1,023 | 1,612 | 1,483 |
| \% of all households | - | 72.2\% | 0.3\% | 11.3\% | 4.0\% | 6.3\% | 5.8\% |
| Northern Ireland | 174,624 | 127,085 | 570 | 20,139 | 8,309 | 9,595 | 8,926 |
| \% of all households | - | 72.8\% | 0.3\% | 11.5\% | 4.8\% | 5.5\% | 5.1\% |

Local Commissioning Groups: Tenure of Household Reference Person, 2011


## COMMENTARY

- Almost $73 \%$ of older people own their own homes in Northern Ireland. This figure is lower for Belfast LCG (65.7\%).
- Almost 22\% rent their homes (either NIHE, housing association or privately).

Source: NI Neighbourhood Information Service - Census 2011 (http://www.ninis2.nisra.gov.uk)

## LIVING CONDITIONS

5.4 Urban/Rural - Dwelling location by age of Household Reference Person, Northern Ireland, 2001, 2006, 2011

| Age Group | 2001 |  |  |  |  | 2006 |  |  |  |  | 2011 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural |  |  | TOTAL | Urban | Rural |  |  | TOTAL | Urban | Rural |  |  | TOTAL |
|  |  | Small rural settlement | Isolated rural | Total |  |  | Small rural settlement | Isolated rural | Total |  |  | Small rural settlement | Isolated rural | Total |  |
| Under 60 years | 268,070 | 52,500 | 69,760 | 122,260 | 390,330 | 297,390 | 63,980 | 55,190 | 119,170 | 416,560 | 326,920 | 80,500 | 55,480 | 135,980 | 462,900 |
| \% of age group | 68.7\% | 13.5\% | 17.9\% | 31.3\% | - | 71.4\% | 15.4\% | 13.2\% | 28.6\% | - | 70.6\% | 17.4\% | 12.0\% | 29.4\% | - |
| 60-74 years | 94,730 | 17,870 | 26,760 | 44,630 | 139,360 | 109,590 | 23,820 | 24,770 | 48,590 | 158,180 | 116,340 | 22,060 | 21,510 | 43,570 | 159,910 |
| \% of age group | 68.0\% | 12.8\% | 19.2\% | 32.0\% | - | 69.3\% | 15.1\% | 15.7\% | 30.7\% | - | 72.8\% | 13.8\% | 13.5\% | 27.2\% | - |
| 75+ years | 53,820 | 10,680 | 17,040 | 27,720 | 81,540 | 58,610 | 11,790 | 13,590 | 25,380 | 83,990 | 57,400 | 8,700 | 12,330 | 21,030 | 78,430 |
| \% of age group | 66.0\% | 13.1\% | 20.9\% | 34.0\% | - | 69.8\% | 14.0\% | 16.2\% | 30.2\% | - | 73.2\% | 11.1\% | 15.7\% | 26.8\% | - |
| TOTAL | 416,620 | 81,050 | 113,560 | 194,610 | 611,230 | 465,590 | 99,590 | 93,550 | 193,140 | 658,730 | 500,660 | 111,260 | 89,320 | 200,580 | 701,240 |
| \% of age group | 68.2\% | 13.3\% | 18.6\% | 31.8\% | - | 70.7\% | 15.1\% | 14.2\% | 29.3\% | - | 71.4\% | 15.9\% | 12.7\% | 28.6\% | - |

Northern Ireland: Dwelling location (urban/rural) by age of Household Reference Person, 2001 to 2011


## COMMENTARY

- In 2011, 73\% of those aged 60-74 lived in an urban area and $27 \%$ in a rural area. However of these $27 \%$ living in rural areas, almost half (14\%) lived in an "isolated rural" area.
- A similar situation is seen in those aged 75 and over, however almost $16 \%$ of this age group lived in an 'isolated rural' area.
- The percentage of older people living in rural areas has decreased in the last ten years.

Source: Northern Ireland Housing Executive, House Condition Surveys, 2001, 2006, 2011 (http://www.nihe.gov.uk/index/corporate/housing_research/house_condition_survey.htm)

## EDUCATION

5.5 Highest level of qualification attained by age band, Northern Ireland, 2011

|  | All persons | No qualifications | Level 1 qualifications | Level 2 qualifications | Apprenticeship | Level 3 qualifications | Level 4 qualifications and above | Other qualifications |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Aged 65 to 74 | 145,600 | 85,262 | 7,239 | 10,002 | 7,420 | 5,308 | 22,689 | 7,680 |
| \% of all persons | - | 58.6\% | 5.0\% | 6.9\% | 5.1\% | 3.6\% | 15.6\% | 5.3\% |
| Aged 75+ | 118,120 | 82,692 | 3,153 | 5,021 | 4,792 | 2,627 | 14,129 | 5,706 |
| \% of all persons | - | 70.0\% | 2.7\% | 4.3\% | 4.1\% | 2.2\% | 12.0\% | 4.8\% |
| Total aged 65+ | 263,720 | 167,954 | 10,392 | 15,023 | 12,212 | 7,935 | 36,818 | 13,386 |
| \% of all persons | - | 63.7\% | 3.9\% | 5.7\% | 4.6\% | 3.0\% | 14.0\% | 5.1\% |
| All persons (16+) | 1,431,540 | 416,851 | 164,798 | 213,570 | 60,462 | 176,110 | 338,544 | 61,205 |
| \% of all persons | - | 29.1\% | 11.5\% | 14.9\% | 4.2\% | 12.3\% | 23.6\% | 4.3\% |

Northern Ireland: Highest qualification by age band, 2011


## COMMENTARY

- The proportion of older people who have no qualifications is double that of those aged 16 and over (63.7\% and 29.1\% respectively). This figure is much higher in those who were aged $75+(70 \%$ in this age group had no qualifications).

Source: NI Neighbourhood Information Service - Census 2011 (http://www.ninis2.nisra.gov.uk)
No qualifications: No academic or professional qualifications : Level 1: 1-4 O Levels/CSE/GCSEs (any grades), Entry Level, Foundation Diploma, NVQ level 1, Foundation GNVQ, Basic/Essential Skills


 Other: Vocational/Work-related Qualifications, Qualifications gained outside the UK (Not stated/ level unknown)

## INCOME

5.6 Retirement Pension claimants (aged 65+), by Local Commissioning Group, 2011 and 2012

|  | 2011 |  |  | 2012 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 65+ claimants | $65+$ <br> population | $\begin{gathered} 65+\text { as \% of } \\ 65+\text { pop } \\ \hline \end{gathered}$ | 65+ claimants | $65+$ <br> population | $\begin{gathered} 65+\text { as } \% \text { of } \\ 65+\text { pop } \end{gathered}$ |
| Belfast | 50,972 | 52,500 | 97.1\% | 51,230 | 52,500 | 97.6\% |
| Northern | 68,716 | 71,100 | 96.6\% | 70,300 | 71,100 | 98.9\% |
| South Eastern | 53,694 | 55,300 | 97.1\% | 54,960 | 55,300 | 99.4\% |
| Southern | 45,606 | 47,800 | 95.4\% | 46,580 | 47,800 | 97.4\% |
| Western | 35,657 | 39,500 | 90.3\% | 37,210 | 39,500 | 94.2\% |
| Northern Ireland | 254,645 | 266,300 | 95.6\% | 260,230 | 266,300 | 97.7\% |



Source: Analytical Services Unit - Department of Social Development via NINIS (http://www.ninis2.nisra.gov.uk),
NISRA, Mid Year Estimates (http://www.nisra.gov.uk/demography/default.asp125.htm)
2012 population figures are 2011 mid year estimates
Population estimates are shown rounded to the nearest 100, therefore rounded figures may not sum to totals
Note that the data above refers to those aged 65 and over claiming Retirement Pension; however females are eligible to claim Retirement Pension at age 60

## COMMENTARY

- The proportion of those aged 65+ claiming Retirement Pension is very high - in 2012 it ranged from $94.2 \%$ in Western LCG to $99.4 \%$ in South Eastern LCG ( $\mathrm{NI}=97.7 \%$ ).
- However, pensioners in Northern Ireland are more likely than those in Great Britain to be entirely reliant on state support for their income. 40 per cent of single pensioners and 25 per cent of couples have no income other than the state pension and pension credits. In the UK as a whole, these figures are 20 per cent and 5 per cent respectively. This then has a knock-on effect on the benefits system. Rather more pensioners in Northern Ireland claim the guarantee part of Pension Credit than in Great Britain - 27 per cent compared with 17 per cent. The high proportion of pensioners in Northern Ireland reliant on state support is likely to continue.
- Across all age groups, the proportion of people in employment who are contributing to a pension is lower in Northern Ireland than in Great Britain. Focusing more closely on those nearing retirement age, the proportion of employees aged 45-64 in Northern Ireland who are not contributing to a pension is, at 38 per cent, higher than the Great Britain figure by 6 percentage points.


## INCOME

5.7 Pension Credit claimants, Local Commissioning Groups, 2008-2012

| LCG | 2008 |  |  | 2009 |  |  | 2010 |  |  | 2011 |  |  | 2012 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 65+ claimants | 65+ pop | 65+ as \% of 65+ pop | 65+ claimants | 65+ pop | 65+ as \% of 65+ pop | 65+ claimants | 65+ pop | 65+ as \% of 65+ pop | $\begin{aligned} & \text { 65+ } \\ & \text { claimants } \end{aligned}$ | 65+ pop | 65+ as \% of 65+ pop | $\begin{gathered} 65+ \\ \text { claimants } \end{gathered}$ | 65+ pop | 65+ as \% of 65+ pop |
| Belfast | 16,941 | 51,900 | 32.6\% | 17,195 | 52,000 | 33.1\% | 17,302 | 52,400 | 33.0\% | 17,366 | 52,500 | 33.1\% | 17,300 | 52,500 | 33.0\% |
| Northern | 18,432 | 65,900 | 28.0\% | 18,930 | 67,800 | 27.9\% | 19,596 | 69,500 | 28.2\% | 19,797 | 71,100 | 27.8\% | 19,870 | 71,100 | 27.9\% |
| South Eastern | 11,747 | 50,500 | 23.3\% | 12,063 | 52,000 | 23.2\% | 12,425 | 53,700 | 23.1\% | 12,590 | 55,300 | 22.8\% | 12,700 | 55,300 | 23.0\% |
| Southern | 15,287 | 44,100 | 34.7\% | 15,649 | 45,300 | 34.5\% | 16,073 | 46,600 | 34.5\% | 16,245 | 47,800 | 34.0\% | 16,460 | 47,800 | 34.4\% |
| Western | 13,267 | 36,300 | 36.5\% | 13,804 | 37,400 | 36.9\% | 14,333 | 38,300 | 37.4\% | 14,156 | 39,500 | 35.8\% | 14,740 | 39,500 | 37.3\% |
| Northern Ireland | 75,674 | 248,800 | 30.4\% | 77,641 | 254,500 | 30.5\% | 79,729 | 260,500 | 30.6\% | 80,154 | 266,300 | 30.1\% | 81,050 | 266,300 | 30.4\% |

Local Commissioning Groups: Pension Credit claimants (65+), 2008-2012 (non zeroaxis)


Source: Analytical Services Unit - Department of Social Development via NINIS (http://www.ninis2.nisra.gov.uk) NISRA, Mid Year Estimates (http://www.nisra.gov.uk/demography/default.asp125.htm)
2012 population figure is based on 2011 figure

## COMMENTARY

- In 2012, almost a third of the $65+$ population in Northern Ireland claimed Pension Credit. This figure has remained steady at just over $30 \%$ since 2008.
- However the figures vary by Local Commissioning Group. In 2012, 37.3\% of Western residents claimed Pension Credit whilst $23 \%$ of South Eastern residents claimed. The chart shows that the figures for each LCG have remained fairly constant over the last five years.
- Pension Credit was introduced in October 2003 and replaced Income Support for people age 60+ years. It is an income related benefit.


## INCOME

### 5.8 Fuel Poverty - Households in fuel poverty by age of Household Reference Person, Northern Ireland, 2006 and 2011

| Age Group | 2006 |  | $\mathbf{2 0 1 1}$ |  |
| :--- | ---: | ---: | ---: | ---: |
|  | \% in fuel poverty | \% not in fuel <br> poverty | \% in fuel poverty | \% not in fuel <br> poverty |
| Under 60 years | $26.7 \%$ | $73.3 \%$ | $34.4 \%$ | $65.6 \%$ |
| $60-74$ years | $42.9 \%$ | $57.1 \%$ | $52.0 \%$ | $48.0 \%$ |
| $75+$ years | $55.5 \%$ | $44.5 \%$ | $66.3 \%$ | $33.7 \%$ |
| All ages | $34.2 \%$ | $65.8 \%$ | $\mathbf{4 2 . 0 \%}$ | $58.0 \%$ |



## COMMENTARY

- In 2011, $42 \%$ of all households were in fuel poverty, an increase of almost $8 \%$ on 2006 figures.
- However the data clearly shows that older people are more likely to be in fuel poverty. In 2011, 52\% of those aged $60-74$ and $66.3 \%$ of those aged over 75 years were in fuel poverty (under 60 years $=$ 34.4\%).
- In 2010, 6\% of residents in England and 28\% in Scotland were considered fuel poor. It is suggested that the main reason for higher levels in Northern Ireland is a combination of lower incomes, higher fuel costs and a greater dependence on oil, electric and solid fuel for heating.
- Ill health can increase in those who live in cold homes. Illnesses such as flu, heart disease and strokes are exacerbated by the cold. Cold, damp homes can promote the growth of fungi or the numbers of dust mites - linked to respiratory conditions. Where a large proportion of income must be spent on fuel, there may be less for items such as food, which may lead to a poor diet. In addition, cold may aggravate specific conditions such as arthritis.

[^30]
## INCOME

5.9 NI Multiple Deprivation Measure - Income Deprivation affecting Older People, 2010 by Super Output Area

NI Multiple Deprivation Measure 2010, Income Deprivation Affecting Older People by Super Output Area
Northern Ireland

The purpose of the Income Deprivation Domain is to identify the proportion of the population experiencing income deprivation at the small area level. Income Deprivation affecting Older People measure is a stand-alone measure combining the percentage of an SOA's population aged 60 or over and their partners (if 60 and over), living in households in receipt of Income Support, State Pension Credit, income based Jobseeker's Allowance, income based Employment and Support Allowance, Housing Benefit, Working Tax Credit or Child Tax Credit.
$\square$


## RESPONSIBILITIES - CARING

5.10 Those with caring responsibilities, by age group, Northern Ireland, 2010/11 and 2011/12

|  | $\mathbf{2 0 1 0 / 1 1}$ |  |  | $\mathbf{2 0 1 1 / 1 2}$ |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
|  | All ages <br> $(n=4,085)$ | $\mathbf{6 5 - 7 4}$ years <br> $(n=600)$ | 75+ years <br> $(n=416)$ | All ages <br> $(n=4,390)$ | $\mathbf{6 5 - 7 4}$ years <br> $(n=611)$ | 75+ years <br> $(n=500)$ |
| Persons | $14 \%$ | $15 \%$ | $7 \%$ | $14 \%$ | $16 \%$ | $10 \%$ |
| Male | $10 \%$ | $14 \%$ | $9 \%$ | $10 \%$ | $11 \%$ | $16 \%$ |
| Female | $17 \%$ | $16 \%$ | $6 \%$ | $17 \%$ | $20 \%$ | $8 \%$ |



## COMMENTARY

- In 2011/12, 16\% of all persons aged 65-74 years and $10 \%$ of those aged $75+$ provided cared for someone else (on an informal basis). Both figures have increased on 2010/11 figures (15\% and 7\% respectively).
- Females were more likely to care for someone else e.g. in 2011/12, 17\% of those females of all ages cared for someone whilst only $10 \%$ of males had caring responsibilities. However although the same picture can be seen in those aged 65-74 years, the situation was reversed in those aged 75+, where $16 \%$ of males and $8 \%$ of females are carers.
- DHSSPSNI carried out a survey of those with caring responsibilities "Survey of Carers of Older people in Northern Ireland" in 2005. This survey found the following:
- 294 individuals completed the questionnaire
- $48 \%$ were aged $55-74$ and $15 \%$ were aged 75 or over
- $24 \%$ of male carers and $12 \%$ of female carers were aged 75 or more.

[^31]
## RESPONSIBILITIES - CARING

5.11 Carer's Allowance claimants, Northern Ireland, 2001-2012

|  | All claimants <br> -aged 16+ | Males <br> aged <br> $65+$ | Females <br> aged <br> $65+$ | Persons <br> aged <br> $65+$ | Males aged <br> $65+$ as \% of all <br> claimants | Females aged <br> $65+$ as \% of all <br> claimants | Persons aged <br> $65+$ as \% of all <br> claimants |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| 2001 | 34,090 | 582 | 940 | 1,522 | $1.71 \%$ | $2.76 \%$ | $4.46 \%$ |
| 2002 | 35,064 | 569 | 937 | 1,506 | $1.62 \%$ | $2.67 \%$ | $4.30 \%$ |
| 2003 | 37,334 | 1,129 | 1,749 | 2,878 | $3.02 \%$ | $4.68 \%$ | $7.71 \%$ |
| 2004 | 42,301 | 2,122 | 3,179 | 5,301 | $5.02 \%$ | $7.52 \%$ | $12.53 \%$ |
| 2005 | 44,649 | 3,212 | 4,587 | 7,799 | $7.19 \%$ | $10.27 \%$ | $17.47 \%$ |
| 2006 | 45,614 | 3,997 | 5,457 | 9,454 | $8.76 \%$ | $11.96 \%$ | $20.73 \%$ |
| 2007 | 46,894 | 4,898 | 6,466 | 11,364 | $10.44 \%$ | $13.79 \%$ | $24.23 \%$ |
| 2008 | 48,951 | 5,646 | 7,643 | 13,289 | $11.53 \%$ | $15.61 \%$ | $27.15 \%$ |
| 2009 | 51,983 | 6,407 | 8,487 | 14,894 | $12.33 \%$ | $16.33 \%$ | $28.65 \%$ |
| 2010 | 54,337 | 6,935 | 9,041 | 15,976 | $12.76 \%$ | $16.64 \%$ | $29.40 \%$ |
| 2011 | 56,520 | 7,434 | 9,566 | 17,000 | $13.15 \%$ | $16.92 \%$ | $30.08 \%$ |
| 2012 | 59,010 | 7,840 | 10,140 | 17,980 | $13.29 \%$ | $17.18 \%$ | $30.47 \%$ |

## COMMENTARY

- There has been a substantial increase in those aged $65+$ who are claiming Carers' Allowance.
- In 2012, almost a third of those claiming the Allowance were aged 65 and over (30.5\%).
- In all years shown, there were a higher percentage of female claimants aged 65+, compared to males.
- Carers' Allowance can be applied for by those aged 16 or over who spend at least 35 hours a week caring for someone who is ill or has a disability.

Northern Ireland: Carer's Allowance claimants aged 65+ as \% of all claimants, 2001-2012


Source: Analytical Services Unit - Department of Social Development via NINIS (http://www.ninis2.nisra.gov.uk)

## RESPONSIBILITIES - CARING

5.12 Carer's Allowance claimants, Local Commissioning Groups, 2012

|  | Claimants - <br> All Persons | Claimants - <br> All Persons aged 65+ | 65+ Claimants as \% of all <br> Claimants |
| :--- | ---: | ---: | ---: |
| Northern Ireland | $\mathbf{5 9 , 0 1 0}$ | $\mathbf{1 7 , 9 8 0}$ | $\mathbf{3 0 . 5 \%}$ |
| Belfast | 12,690 | 3,630 | $28.6 \%$ |
| Northern | 13,070 | 4,460 | $34.1 \%$ |
| South Eastern | 9,430 | 2,880 | $30.5 \%$ |
| Southern | 12,500 | 3,840 | $30.7 \%$ |
| Western | 9,316 | 2,490 | $26.7 \%$ |



## COMMENTARY

- In 2012, in Northern Ireland, $30.5 \%$ of those claiming Attendance Allowance were aged 65 and over (30.5\%).
- There are some differences across Local Commissioning Groups. $34.1 \%$ of claimants in the Northern area were aged 65 and over, whereas $26.7 \%$ in the Western area were 65+ years.

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[^0]:    
    
    

[^1]:    Source: NISRA, Mid Year Estimates, 1991 and 2011 (http://www.nisra.gov.uk/demography/default.asp17.htm);
    Population projections, 2008 based (http://www.nisra.gov.uk/demography/default.asp20.htm)
    Population projections at sub-NI level are only available up to the year 2023
    Population estimates are shown rounded to the nearest 100, therefore rounded figures may not sum to totals

[^2]:    Source: NI Neighbourhood Information Service - Census 2011 (http://www.ninis2.nisra.gov.uk)
    
    Age' is age at last birthday

[^3]:    Source: Office for National Statistics via Northern Ireland Statistics \& Research Agency (http://www.nisra.gov.uk/demography/default.asp130.htm)

[^4]:    Source: Office for National Statistics (http://www.ons.gov.uk/ons/rel/disability-and-health-measurement/health-expectancies-at-birth-and-age-65-in-the-united-kingdom/2008-10/stb-he-2008-2010.html) * Simulated data for 2000-02 to 2004-06 based on original survey data.

    More recently attempts have been made to use survey data on people's perception of their health status or level of disability to calculate a Healthy (HLE3 or 5) or Disability free life expectancy(DFLE). For more detail on the methodology see the above link and page 17.

[^5]:    Source: Office for National Statistics (http://www.ons.gov.uk/ons/rel/disability-and-health-measurement/health-expectancies-at-birth-and-age-65-in-the-united-kingdom/2008-10/stb-he-2008-2010.html) HLE-5 based on five-point response general health question. Replaced HLE-3, based on a 3-point response general health question, in 2006-08

[^6]:    Source: General Register Office via NISRA (http://www.nisra.gov.uk/demography/default.asp10.htm)

[^7]:    Source: General Register Office via NISRA (http://www.nisra.gov.uk/demography/default.asp10.htm)

[^8]:    Source: General Register Office via NISRA (http://www.nisra.gov.uk/demography/default.asp10.htm)
    ICD Codes: Cancers (C00-C97), Circulatory system (I00-I99), Respiratory system (J00-J99), External (V01-Y98)

[^9]:    Source: General Register Office via NISRA (http://www.nisra.gov.uk/demography/default.asp10.htm)
    ICD10 Codes: Cancers (CO0-C97), Circulatory system (IOO-I99), Respiratory system (J00-J99),External (V01-Y98)

[^10]:    Source: General Register Office via NISRA (http://www.nisra.gov.uk/demography/default.asp10.htm)
    ICD Codes: Malignant neoplasm C00-C97 and ICD9 codes 140-208, Heart Disease I00-I52 and ICD9 codes 390-429, IHD I20-I25 and ICD9 codes 410-414

[^11]:    Source: General Register Office via NISRA (http://www.nisra.gov.uk/demography/default.asp10.htm)
    ICD Codes: Malignant neoplasm C00-C97 and ICD9 codes 140-208, Heart Disease I00-I52 and ICD9 codes 390-429, IHD I20-I25 and ICD9 codes 410-414

[^12]:    For Source and Footnotes, see page 32.

[^13]:    For Source and Footnotes, see page 32

[^14]:    Source: General Register Office via NISRA (http://www.ninis2.nisra.gov.uk/public/pivotgrid.aspx?dataSetVars=ds-2388-lh-63-yn-1991-2011-sk-74-sn-Population-yearfilter--)
     preceding August to November and the following April to July: Excess Winter Mortality = December to March deaths - ((August to November deaths + April to July deaths)/2)
    The Excess Winter Mortality index is calculated as the number of excess winter deaths divided by the average non-winter deaths expressed as a percentage: EWM Index = (EWM / average non-winter deaths) x $\mathbf{1 0 0}$
    $\mathrm{P}=$ figures are provisional

[^15]:    Source: General Register Office via NISRA (http://www.ninis2.nisra.gov.uk/public/pivotgrid.aspx?dataSetVars=ds-2388-lh-63-yn-1991-2011-sk-74-sn-Population-yearfilter--) $P=$ figures are provisional
    Excess Winter Mortality (EWM) - Method of Calculation: The method defines the winter period as December to March, and compares the number of deaths that occurred in this winter period with the average number of non-winter deaths occurring in the preceding August to November and the following April to July: Excess Winter Mortality = December to March deaths ((August to November deaths + April to July deaths)/2)

    The Excess Winter Mortality index is calculated as the number of excess winter deaths divided by the average non-winter deaths expressed as a percentage: EWM Index = (EWM / average non-winter deaths) x 100

[^16]:    Source: DHSSPSNI, NI Health Survey 2010/11 and 2011/12 (http://www.dhsspsni.gov.uk/index/stats_research/stats-public-health.htm)

[^17]:    Source: NI Neighbourhood Information Service - Census 2011 (http://www.ninis2.nisra.gov.uk)
    General health refers to health over the 12 months prior to Census day ( 27 March 2011)
    Age' is age at last birthday.

[^18]:    Source: NI Neighbourhood Information Service - Census 2011 (http://www.ninis2.nisra.gov.uk)
    Day-to-day activities limited' covers any health problem or disability (including problems related to old age) which has lasted or is expected to last at least 12 months.
    Age' is age at last birthday.

[^19]:    Source: DHSSPSNI, NI Health Survey 2010/11 and 2011/12
    (http://www.dhsspsni.gov.uk/index/stats_research/stats-publichealth.htm)
    COPD: Chronic Obstructive Pulmonary Disease
    Note that a person may have been told that they have more than one condition

[^20]:    Source: NI Neighbourhood Information Service - Census 2011 (http://www.ninis2.nisra.gov.uk)
    A mobility or dexterity difficulty' means a condition that substantially limits one or more basic physical activities such as walking, climbing stairs, lifting or carrying
    Long-term' refers to a condition which has lasted, or is expected to last, at least 12 months
    Age' is age at last birthday

[^21]:    Source: NI Neighbourhood Information Service - Census 2011 (http://www.ninis2.nisra.gov.uk)
    A mobility or dexterity difficulty' means a condition that substantially limits one or more basic physical activities such as walking, climbing stairs, lifting or carrying
    Long-term' refers to a condition which has lasted, or is expected to last, at least 12 months
    Age' is age at last birthday

[^22]:    Source: NI Neighbourhood Information Service - Census 2011 (http://www.ninis2.nisra.gov.uk)
    Communication difficulty' is a difficulty with speaking or making yourself understood. Long-term' refers to a condition which has lasted, or is expected to last, at least 12 months
    Age' is age at last birthday

[^23]:    Source: General Register Office via NISRA (http://www.nisra.gov.uk/demography/default.asp10.htm)
     'Suicide and self-inflicted injury' are X60-X84 and Y87.0 (ICD9 E950-E959), and the ICD codes used for 'Undetermined injury' are Y10-Y34 and Y87.2 (ICD9 E980-E989).
     some time, therefore deaths recorded each year may have occurred prior to the registration year.

[^24]:    Source: Public Health Agency (Health Protection)
    Based on GP end of year returns received
    ${ }^{\mathrm{p}}$ Figures are provisional as vaccination period is extended to end May 2013

[^25]:    Source: Public Health Agency (Health Protection)
    *Data was collected at legacy Health and Social Services Board level during these years
    ${ }^{\mathrm{p}}$ Figures are provisional as vaccination period is extended to end May 2013

[^26]:    Source: Public Health Agency, NI Bowel Cancer Screening Programme

[^27]:    Source: DHSSPSNI, NI Health Survey 2010/11 and 2011/12 (http://www.dhsspsni.gov.uk/index/stats research/stats-public-health.htm)

[^28]:    Source: DHSSPSNI, NI Health Survey 2010/11 and 2011/12 (http://www.dhsspsni.gov.uk/index/stats_research/stats-public-health.htm)

[^29]:    Source: NI Neighbourhood Information Service - Census 2011 (http://www.ninis2.nisra.gov.uk) $65+$ population based on Census 2011 population figures

[^30]:    Source: Northern Ireland Housing Executive, House Condition Surveys, 2006, 2011 (http://www.nihe.gov.uk/index/corporate/housing_research/house_condition_survey.htm)
    A household is considered to be in fuel poverty if, in order to maintain a satisfactory level of heating ( $21^{\circ} \mathrm{C}$ in the main living area and $18^{\circ} \mathrm{C}$ in other occupied rooms), it is required to spend in excess of 10 per cent of its household income on all fuel use.

[^31]:    Source: DHSSPSNI, NI Health Survey 2010/11 and 2011/12 (http://www.dhsspsni.gov.uk/index/stats_research/stats-public-health.htm

[^32]:    Source: Analytical Services Unit - Department of Social Development via NINIS (http://www.ninis2.nisra.gov.uk)

