

# Protect them on the inside too.

The flu vaccine is now available for all children aged 2 to 11 years old.\*

- The nasal spray flu vaccine is safe and effective
- It is quick and painless
- It will help protect your child against flu, which can be serious, especially for children with medical conditions
- It can help stop the spread of flu to other people in the family who are at higher risk of flu like babies and grandparents

Go to [fluawareni.info](http://fluawareni.info) for more information. Your GP or school nurse should offer your child the vaccine or contact your GP surgery to find out about arrangements in your practice.

\* Pre-school children will be offered the vaccine at their GP surgery. Primary school children will be offered the vaccine at school.



[www.nidirect.gov.uk/stay-well](http://www.nidirect.gov.uk/stay-well)



Public Health Agency  
12-22 Linenhall Street, Belfast BT2 8BS.  
Tel: 0300 555 0114 (local rate).  
[www.publichealth.hscni.net](http://www.publichealth.hscni.net)

Find us on: