





## Preventing Pressure Ulcers – SKIN Bundle




### 4 Components of Care

#### 1. SURFACE




The support surface used should comply with Trust therapy bed/mattress flow chart.

-  Mattress type
-  Cushion type
-  Is the equipment fit for purpose
-  Reassess risk assessment weekly applied and documented.





#### 2. KEEP MOVING

-  Reposition patient and/or mobilise (as per regime)
-  Inspect skin
-  Report changes

#### 3. INCONTINENCE

-  Toileting assistance – if appropriate.
-  Continence products (pads, creams, cleansers etc.) – if appropriate.
-  Keep clean and dry.

#### 4. NUTRITION

-  Nutrition Risk Tool (MUST) applied and documented.
-  Fluid Balance – if appropriate
-  Food Chart – if appropriate
-  Assistance if required