
General Practice Nurse Foundation Course

Aim:

- To enable Nurses in Primary Care to holistically care for and manage clinics for patients with diabetes, cardiovascular disease, COPD and asthma.
- To increase awareness & management of sepsis and antimicrobial resistance.
- To increase awareness of sepsis, safeguarding, record keeping, consent and mental health issues in General Practice

Facilitator: Evelyn Walton – Nurse Education
Consultant, HSC Clinical Education
Centre

Target Audience:

This education programme is available to any Practice Nurse who has been in practice less than 5 years and is keen to manage nurse-led clinics.

To allow for flexibility you can apply for the 4 day diabetes course and/or 3 day respiratory course and/or any of the other day long courses

Please apply by contacting Valerie at valerie.lyttle@cec.hscni.net or by telephoning 028 9536 1200 (choose option 5) and state which session(s) you wish to apply for.

Note: All days of the Respiratory (3 days) and Diabetes course (4 days) **must** be completed in order to get the appropriate certificate.

| Course | Date(s) | Time |
|---|--|--------------------------------------|
| Respiratory Nursing in Primary Care <ul style="list-style-type: none">• A and P of respiratory system• Asthma diagnosis and management• Asthma case studies• COPD diagnosis and Management• Oxygen assessment and pulmonary rehab• Introduction to spirometry | (Day 1) 3 November 2017 (Day 2) 8 November 2017 | 9.00 – 5.00 9.00 – 5.00 |

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| <ul style="list-style-type: none"> • Spirometry practical and inhaler workshop • Case studies | (Day 3) 8 December 2017 | 9.00 – 5.00 |
| Diabetes Nursing In Primary Care | | |
| <ul style="list-style-type: none"> • Pathophysiology of diabetes • Screening, diagnosis and early management • Motivational interviewing • Portfolio introduction/ case studies | (Day 1) 10 January 2018 | 9.00 – 5.00 |
| <ul style="list-style-type: none"> • Diet and lifestyle • Oral therapies • Glucose monitoring and diabetes emergencies • Introduction to injectable therapy • Case studies | (Day 2) 19 January 2018 | 9.00 – 5.00 |
| <ul style="list-style-type: none"> • GLP1 initiation • Insulin initiation and titration • Cardiovascular risk and complications in diabetes | (Day 3) 1 February 2018 | 9.00 – 5.00 |
| <ul style="list-style-type: none"> • Pregnancy and diabetes • Mental health and diabetes • Managing an efficient diabetic clinic | (Day 4) 15 February 2018 | 9.00 – 5.00 |

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| • Portfolio/ case studies | | |
| Sepsis/Antimicrobial Resistance | Friday 2 March 2018 | 9.00 – 12.30 |
| Delirium, Dementia and Mental Health Awareness | Friday 2 March 2018 | 1.30 – 4.30 |
| Record Keeping, Consent, Adult and Child Safeguarding | Monday 5 March 2018 | 9.00 – 5.00 |
| Cardiovascular Disease and NOAC Awareness | Tuesday 13 March 2018 | 9.00 – 5.00 |

**ALL SESSIONS WILL TAKE PLACE IN FERN
HOUSE, ANTRIM AREA HOSPITAL SITE, BUSH
ROAD, ANTRIM, BT41 2QB**