

Physical activity and older adults (65+)  
Evidence briefing and learning event

You are invited to attend a one-day seminar, jointly hosted by the Public Health Agency and the British Heart Foundation, to update professionals on recent developments on evidence based physical activity promotion and to disseminate the recently published CMO Guidelines on physical activity. (Please find further details in the seminar programme below).

Event Details

9.30am to 3.30pm Wednesday 28 March 2012, Mossley Mills, Newtownabbey

Target Audience

This event will be of relevance to professionals who work with older people including those in commissioning, primary care, physical activity and active ageing promotion, adult and social care services, allied health professions, sheltered supported living and housing associations, local council leisure departments, age related voluntary sector and community organisations.

How to Register

Please complete the booking form below and return to Suzanne McAuley at ([Suzanne.Mcauley2@hscni.net](mailto:Suzanne.Mcauley2@hscni.net)) by Wednesday 21 March. Places at the seminar are limited and allocation of places will be confirmed as soon as possible after the 21 March.

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