

Cancer Prevention Week aims to promote healthy lifestyle choices, including healthy eating, physical activity and maintaining a healthy weight, that can help prevent up to a third of all cancers. Further information is available at [www.wcrf-uk.org/fundraising/fundraising\\_campaigns/fruity\\_friday/what\\_is\\_fruity\\_friday.php](http://www.wcrf-uk.org/fundraising/fundraising_campaigns/fruity_friday/what_is_fruity_friday.php)

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