



The farming community is particularly susceptible to poor health and wellbeing, partly driven by the wide demands impacting on farmers across a range of social and economic factors. They often work long and anti-social hours which can lead to social isolation and often difficulty accessing traditional health care services.

Where do I access the programme?

The Farm Families Health Checks Programme offers a means for farmers and their families to access health checks from a portable clinic and from local community settings. This innovative project consists of a mobile unit which will be available at local markets and community events across Northern Ireland

What's included in the health check?

On-the-spot health checks consist of blood pressure monitoring, BMI check, cholesterol check and diabetic screening. In addition, individual lifestyle advice will be given on a range of health issues, and onward referral completed to local support services as required.

Key contacts:

For more information, including the schedule of where the screening van will be visiting please contact the Programme Support Officer on 028 2563 5573 or email farm.families6@northerntrust.hscni.net

Downloads

Attachment	Size
farm family info leaflet.pdf	422.14 KB
Print	