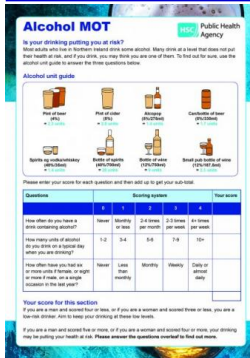


Thursday, 01 June 2017

[Health and Social Wellbeing Improvement](#)



The Alcohol MOT is designed to support those working in primary care to carry out alcohol brief interventions. There is extensive evidence to show that primary care-based brief interventions are very effective at reducing drinking at both hazardous and harmful levels. The MOT enables patients to work out if they are drinking at hazardous or harmful levels, and is designed so that a practitioner can work through it with a patient, or a patient can work through them alone.

Alcohol guidelines changed on 8 January 2016. Please see the latest advice from the four UK Chief Medical Officers on www.knowyourlimits.info

Details

Format

A4, 2 pages

Target group

General public

Downloads

Attachment

[Alcohol_mot_2017_BelfastHSCT_2.pdf](#)

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