

# Wednesday, 15 December 2010

## [Health and Social Wellbeing Improvement](#)



This series of Good Practice Guides is designed to share important information about health inequalities and some of the evidence-based measures that can be taken to reduce the stark differences in health and wellbeing within populations.

It is recognised that leadership and coordinated, effective action at a number of levels can reduce this gap. Ensuring concerted, evidence-based action on health and wellbeing inequalities demands the efforts of government, statutory organisations and the community, voluntary and private sectors. The Good Practice Guides were developed to inform and support joined-up working across these sectors.

It is known that health inequalities are closely linked with degrees of social disadvantage and with the unequal distribution of power, income, goods and services. According to the World Health Organization, there are also powerful social and psychological factors and life circumstances that can serve to compound health and wellbeing inequalities.

The topics included in the Good Practice Guide series reflect the wider determinants of health and the range of approaches necessary to reduce health inequalities.

This first set of guides is designed, in part, to test their usefulness. There are many other issues and areas where evidence of what works may be needed. It is envisaged that further guides will follow on other issues. All of the guides will be kept under review and amended in light of experience.

## Details

Format

A4, 3-4 pages

Target group

Government and statutory organisations, and voluntary and community groups

## Downloads

Attachment	Size
<a href="#">Guide 1 Reducing Young Peoples Drinking.pdf</a>	144.58 KB
<a href="#">Guide 1 Reducing Young Peoples Drinking References.pdf</a>	63.2 KB
<a href="#">Guide 2 Obesity.pdf</a>	150.44 KB
<a href="#">Guide 2 Obesity References.pdf</a>	72.57 KB
<a href="#">Guide 3 Reducing Smoking in Pregnancy.pdf</a>	147.05 KB
<a href="#">Guide 3 Reducing Smoking in Pregnancy References.pdf</a>	72.31 KB
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