## Friday, 01 October 2010

## Health and Social Wellbeing Improvement







This report highlights the barriers that schools in Northern Ireland have experienced in implementing

nutritional standards. In particular, it identifies the potential adverse impact that external sources

of food may have on pupils' healthy eating practices within the school setting. It also illustrates

how the accessibility of food and drinks contradicting the standards, within the school, may limit

the success of the standards. This report further emphasises how practical constraints within the

school meals system, such as queues, can negatively influence pupils' uptake of healthy foods.

The report outlines a number of recommendations to aid the implementation of the School food: top marks programme.

## **Details**

Format
A4, 56 pages, research report
Target group
School-based stakeholders

## **Downloads**

**Attachment** 

Size

<u>Top marks summary report.pdf</u> 1.4 MB <u>Print</u>