### Thursday, 31 May 2012

Health and Social Wellbeing Improvement



The MHFA wallet card supplements the MHFA Northern Ireland Manual and is used by MHFA trainers and instructors.

It has the five actions of the MHFA action plan on the back.

# **Details**

**Format** 

85mm x 55mm card

Target group

Anyone from a voluntary or professional background who comes into contact with the general public

## **Downloads**

#### Attachment

Size

MHFA Credit Card 05\_12.pdf 197.32 KB

## **Tags**

- risk
- suicide
- self harm
- Listen
- non-judgemental
- reassurance
- Information
- professional
- self
- help

## **Print**