



# Mental Health First Aid Northern Ireland wallet card

The MHFA wallet card supplements the MHFA Northern Ireland Manual and is used by MHFA trainers and instructors.

It has the five actions of the MHFA action plan on the back.

Published

31 May 2012

Last reviewed

18 November 2019

## Details

Format

85mm x 55mm card

Target group

Anyone from a voluntary or professional background who comes into contact with the general public

## Downloads

| Attachment                                 | Size      |
|--|-----------|
| <a href="#">MHFA Credit Card 05_12.pdf</a> | 197.32 KB |

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