



# Go for a hearty walk

This poster encourages people to become more active by highlighting the value of walking in reducing the risk of heart disease.

Published

01 March 2010

Last reviewed

20 June 2011

## Details

Format

A3 poster

Target group

General public

## Downloads

**Attachment**

**Size**

[go for a good hearty walk\\_0.pdf](#) 711.7 KB

Share this page

- [Share by email](#)
- [Share on X](#)
- [Share on Facebook](#)
- [Share on LinkedIn](#)

- [Share on WhatsApp](#)
- [Download as PDF](#)

Was this page useful?

Yes  No

Thank you for your feedback.

Sorry to hear that. [Tell us what went wrong.](#)