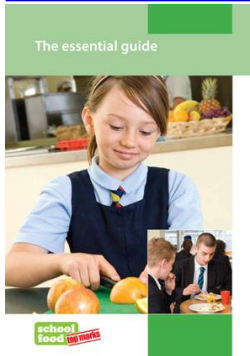


Friday, 30 January 2009

## [Health and Social Wellbeing Improvement](#)



School food: the essential guide contains a series of eight practical guidance booklets designed to help schools improve pupils' nutrition and implement healthier eating and drinking practices. The booklets provide advice and support for the key areas in which food, drinks and nutrition issues affects schools. Mini case studies support the advice given and, where appropriate, the booklets provide details of recommended further resources.

Individual booklets in the series are available as PDF files below:

- The essential guide
- Establishing a school food policy
- Healthier breakfast clubs
- Healthier breaks
- Healthier vending
- Water provision
- Improving the dining experience in schools
- Healthier lunch boxes
- Useful contacts

School food: the essential guide is also available in Irish below.

## Details

Format

A4 ring bound file, eight titles ranging from 12 - 28 pages.

Target group

School principals, teachers, school nutrition action groups, boards of governors

# Downloads

Attachment	Size
<a href="#">The Essential Guide 09_10.pdf</a>	1.28 MB
<a href="#">Establishing School Food Policy 09_10.pdf</a>	1.41 MB
<a href="#">Healthier Breakfast clubs 09_10.pdf</a>	1.33 MB
<a href="#">Healthier breaks 09_10.pdf</a>	1.13 MB
<a href="#">Healthier Vending 09_10.pdf</a>	1.11 MB
<a href="#">Water Provision 09_10.pdf</a>	1.05 MB
<a href="#">Dining Experience 09_10.pdf</a>	1.27 MB
<a href="#">Healthier Lunch Boxes.pdf</a>	1.84 MB
<a href="#">Useful Contacts 09_10.pdf</a>	778.35 KB
<a href="#">Essential Guide 09_10 Irish 0.pdf</a>	1.31 MB
<a href="#">Establishing School Food Policy 09_10 Irish 0.pdf</a>	1.45 MB
<a href="#">Healthier Breakfasts Clubs 09_10 Irish 1.pdf</a>	1.34 MB
<a href="#">Healthier Breaks 09_10 Irish 0.pdf</a>	1.15 MB
<a href="#">Healthier Vending 09_10 Irish 1.pdf</a>	1.12 MB
<a href="#">Water Provision 09_10 Irish 1.pdf</a>	1.06 MB
<a href="#">Dining Room 09_10 Irish 0.pdf</a>	1.28 MB
<a href="#">Healthier Lunch Boxes 09_10 Irish.pdf</a>	1.84 MB
<a href="#">Useful Contacts 09_10 Irish.pdf</a>	783.31 KB
<a href="#">Print</a>	