

Tuesday, 24 March 2026

[Service Development and Screening](#)



This leaflet for pregnant women provides updated information on rubella and how to get vaccinated so it is not passed on during pregnancy.

Rubella, otherwise known as German measles, can be very serious for the unborn baby in the first three months of pregnancy and can cause damage to the sight, hearing, heart and brain, a condition known as congenital rubella syndrome (CRS).

Infection can be prevented by the MMR vaccine, which protects the mother and her unborn baby.

The leaflet details how pregnant women who are not already immune to rubella will be given the MMR vaccine in two doses after the birth of their child. This should give protection in any future pregnancies.

## Details

Format

A5 leaflet 6 pages

Target group

Pregnant women identified as at risk of rubella infection

## Downloads

Attachment	Size
<a href="#">Your rubella (German measles) screening test result English (March 2026)</a>	238.58 KB
<a href="#">Your rubella (German measles) screening test result Arabic</a>	344.01 KB
<a href="#">Your rubella (German measles) screening test result Bengali</a>	339.41 KB
<a href="#">Your rubella (German measles) screening test result Bulgarian</a>	297.83 KB
<a href="#">Your rubella (German measles) screening test result Lithuanian</a>	293.28 KB
<a href="#">Your rubella (German measles) screening test result Polish</a>	297.03 KB
<a href="#">Your rubella (German measles) screening test result Portuguese</a>	291.74 KB
<a href="#">Your rubella (German measles) screening test result Romanian</a>	293.3 KB
<a href="#">Your rubella (German measles) screening test result Somali</a>	295.39 KB
<a href="#">Your rubella (German measles) screening test result Tetum</a>	292.43 KB
<a href="#">Your rubella (German measles) screening test result Ukrainian</a>	298.59 KB
<a href="#">Your rubella (German measles) screening test result Urdu</a>	344.65 KB

## Attachment

## Size

[Your rubella \(German measles\) screening test result Chinese simplified](#)

363.85  
KB

## Tags

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