



Your rubella (German measles) screening test result - What you need to know (English and translations)

This leaflet for pregnant women provides updated information on rubella and how to get vaccinated so it is not passed on during pregnancy.

Rubella, otherwise known as German measles, can be very serious for the unborn baby in the first three months of pregnancy and can cause damage to the sight, hearing, heart and brain, a condition known as congenital rubella syndrome (CRS).

Infection can be prevented by the MMR vaccine, which protects the mother and her unborn baby.

The leaflet details how pregnant women who are not already immune to rubella will be given the MMR vaccine in two doses after the birth of their child. This should give protection in any future pregnancies.

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Details

Format

A5 leaflet 6 pages

Target group

Pregnant women identified as at risk of rubella infection

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Your rubella (German measles) screening test result English (March 2026)	238.58 KB
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