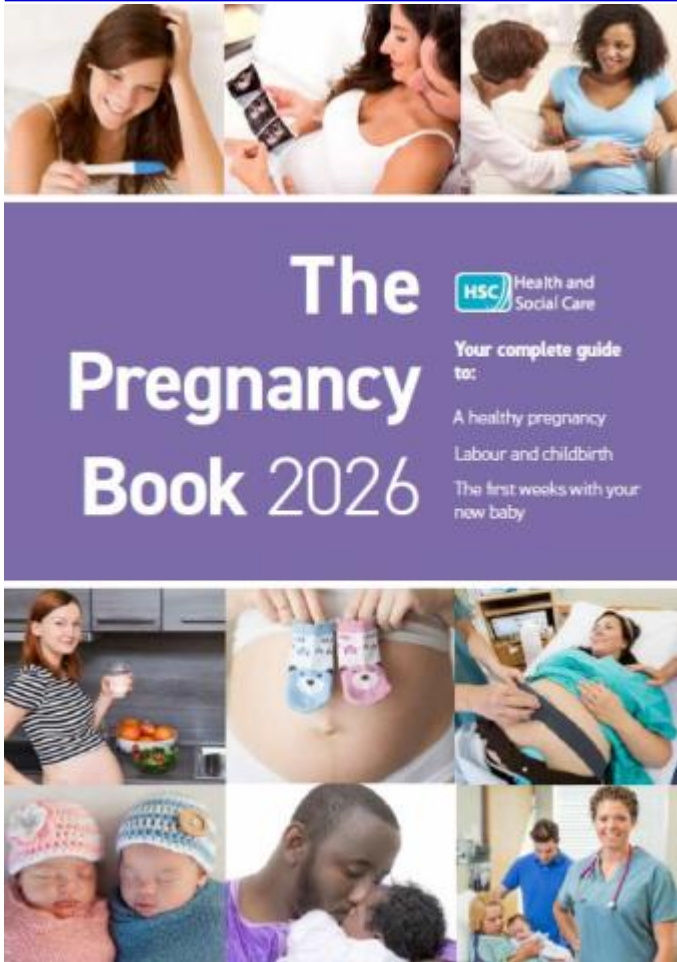


Monday, 30 March 2026

[Health and Social Wellbeing Improvement](#)



This book provides information on many aspects of pregnancy and a list of useful organisations. It is available to expectant mothers resident in Northern Ireland through primary care services (antenatal clinics, GPs or health visitors).

Details

Format

200 pages, A4 book

Target group

Expectant mothers

Downloads

Attachment

Size

[Pregnancy book 2026](#) 16.53 MB

Tags

- [pregnancy](#)
- [feeding](#)
- [breastfeeding](#)
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