Thursday, 17 April 2025 Health and Social Wellbeing Improvement



The The Pregnancy Book 2025

Your complete guide to: A healthy pregnancy

Labour and childbirth The first weeks with your new baby



This book provides information on many aspects of pregnancy and a list of useful organisations. It is available to expectant mothers resident in Northern Ireland through primary care services (antenatal clinics, GPs or health visitors).

Details

Format 200 pages, A4 book Target group Expectant mothers

Downloads

Attachment

Size

Tags

- pregnancy
- feeding
- breastfeeding
- midwifery

<u>Print</u>