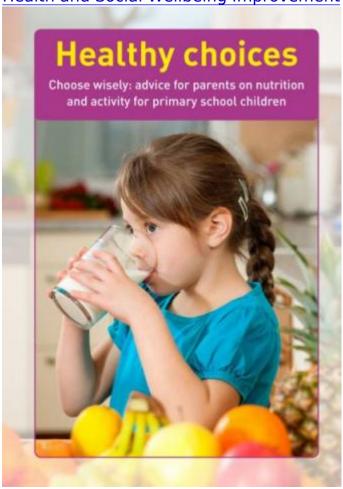
Wednesday, 28 February 2024

Health and Social Wellbeing Improvement



This booklet shows how parents and carers of primary school children can choose food from the different food groups to make sure their family is getting all the nutrients they need to stay healthy.

Details

Format
A4 booklet, 24 pages
Target group
Parents and carers of primary school children

Downloads

Attachment Size

Healthy choices 2024 4.13 MB

Tags

- <u>healthy eatinf</u>
- <u>nutrition</u>

<u>Print</u>