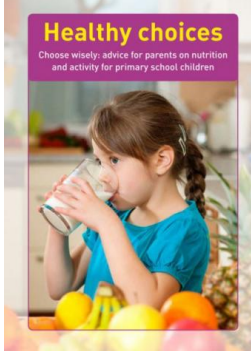


Friday, 14 June 2019

[Health and Social Wellbeing Improvement](#)



This booklet shows how parents and carers of primary school children can choose food from the different food groups to make sure their family is getting all the nutrients they need to stay healthy.

Details

Format

A4 booklet, 24 pages

Target group

Parents and carers of primary school children

Downloads

Attachment	Size
Healthy choices 0619	4.11 MB

Tags

- [healthy eatinf](#)
- [nutrition](#)

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