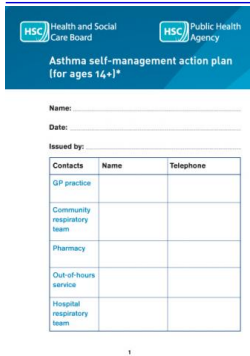


Thursday, 01 March 2012

[Health and Social Wellbeing Improvement](#)



The form is titled 'Asthma self-management action plan (for ages 14+)*'. It includes logos for the Health and Social Care Board and the Public Health Agency. Below the title, there are fields for 'Name:' and 'Date:'. A section labeled 'Issued by:' contains a table with three columns: 'Contacts', 'Name', and 'Telephone'. The table has six rows for different contact types: GP practice, Community respiratory team, Pharmacy, Out-of-hours service, and Hospital respiratory team. The last row is empty.

Contacts	Name	Telephone
GP practice		
Community respiratory team		
Pharmacy		
Out-of-hours service		
Hospital respiratory team		

This self-management action plan allows each patient to record and manage the symptoms of asthma.

Details

Format

A5 double-sided

Target group

People with asthma aged 14+

Downloads

Attachment	Size
asthma.pdf	275.25 KB

Tags

- [chronic illness](#)
- [self management](#)

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