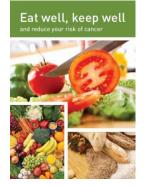
Tuesday, 02 June 2015 Health and Social Wellbeing Improvement



What we eat affects our health. With just a few small changes to what we eat every day, we can help to protect against major illnesses, including some cancers. These changes can also give our health an extra boost.

Details

Format A5 booklet, 8 pages Target group General population

Downloads

Attachment							Size
<u>Eat</u>	Well	Кеер	Well	02	15	2.pdf	527.14 KB

Tags

- <u>nutrition</u>
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