

Friday, 11 September 2020

[Health Protection](#)

**Aged 70 or 78?**

*There's a vaccine to help protect you from the pain of shingles*

HSC Public Health Agency

Shingles can be very painful and tends to affect people more commonly as they get older. And the older you are, the worse it can be. For some, the pain caused by shingles can last for many years. Shingles can really affect your life, stopping you from doing all the things you usually enjoy.

The vaccine is currently offered to people aged 70 and 78 on 1 September 2020.

## Details

Format

12 pages, pdf

Target group

general public

## Downloads

Attachment	Size
<a href="#">Shingles Booklet_08 20 FINAL.pdf</a>	329.95 KB

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