

## Healthy breaks for schools

At this school,  
we are committed  
to healthy eating

At break time we enjoy healthy snacks because they help us grow properly, do our best in school and make us healthy and happy in the future.



# Healthy breaks for schools poster (English and Irish translation)

Guidance on healthy breaks for schoolchildren.

Published

10 September 2025

Last reviewed

11 September 2025

## Details

Format

A3 poster

Target group  
Schools, parents, pupils

## Downloads

Attachment	Size
<a href="#">Healthy Breaks for Schools A3 Poster.pdf</a>	469.87 KB
<a href="#">Healthy Breaks for Schools A3 Poster IRISH_0.pdf</a>	244.75 KB

## Tags

- [healthy break](#)
- [nutrition](#)
- [school food](#)

Share this page

- [Share by email](#)
- [Share on X](#)
- [Share on Facebook](#)
- [Share on LinkedIn](#)
- [Share on WhatsApp](#)
- [Download as PDF](#)

Was this page useful?

Yes  No

Thank you for your feedback.

Sorry to hear that. [Tell us what went wrong.](#)