

Wednesday, 10 September 2025

[Health and Social Wellbeing Improvement](#)



Guidance on healthy breaks for schoolchildren.

Please note the translation is of an earlier version.

## Details

Format

A5 leaflet, 6 pages

Target group

Schools, parents, pupils

## Downloads

**Attachment**

**Size**

[Healthy Breaks for Schools.pdf](#)

597.83 KB

[Healthy Breaks for Schools A5 Leaflet IRISH.pdf](#)

389.95 KB

## Tags

- [healthy break](#)
- [school food](#)
- [children](#)
- [nutrition](#)

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