

Folic acid



Folic acid - one of life's essentials

This leaflet for women of child-bearing age explains what folate and folic acid are, why they are important and how to get enough.

Published

24 March 2026

Last reviewed

24 March 2026

Details

Format

6 page A5 leaflet

Target group

Women of child-bearing age

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Folic acid 2026	289.89 KB

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