Tuesday, 25 February 2025 Health and Social Wellbeing Improvement

## Folic acid



This leaflet for women of child-bearing age explains what folate and folic acid are, why they are important and how to get enough.

## Details

Format 6 page A5 leaflet Target group Women of child-bearing age

## **Downloads**

AttachmentSizeFolic\_Acid\_2025 FINAL.pdf283.75 KB

## Tags

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