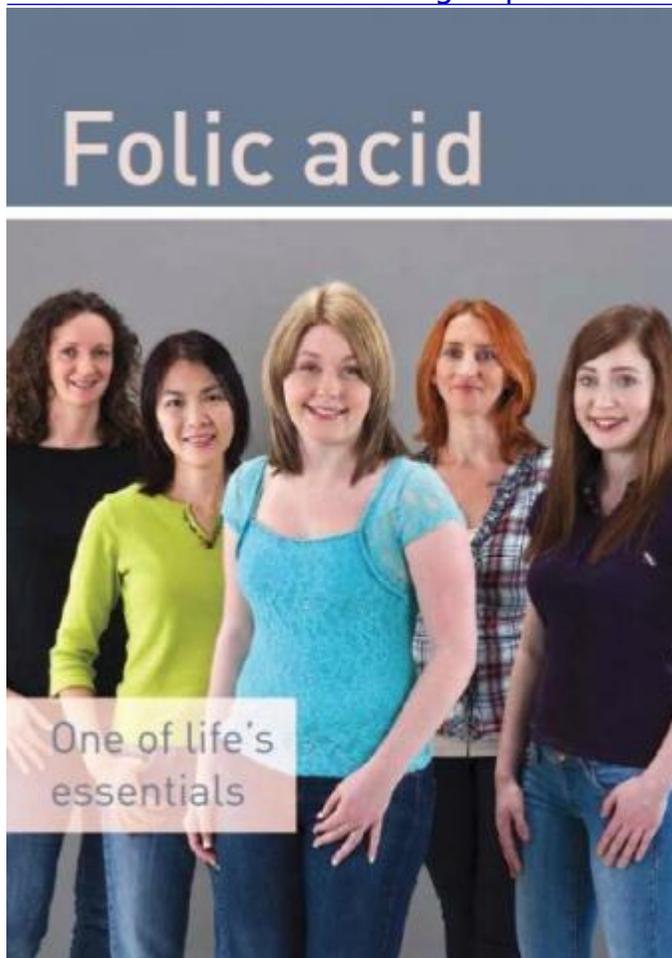


Tuesday, 24 March 2026

[Health and Social Wellbeing Improvement](#)



This leaflet for women of child-bearing age explains what folate and folic acid are, why they are important and how to get enough.

Details

Format

6 page A5 leaflet

Target group

Women of child-bearing age

Downloads

Attachment	Size
Folic acid 2026	289.89 KB

Tags

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