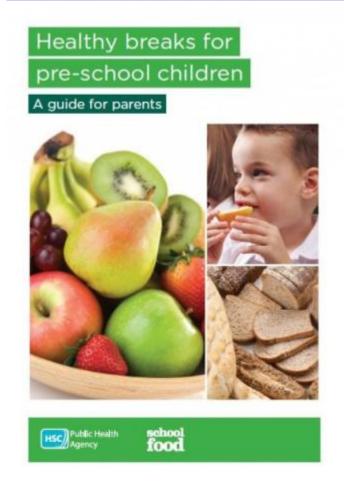
#### Wednesday, 10 September 2025

Health and Social Wellbeing Improvement



Leaflet for parents explaining why a healthy break is so important for pre-school children and some tips and ideas for healthy nutritious breaks.

Please note the translation is of an earlier version.

# **Details**

Format
A5 leaflet
Target group
Parents

## **Downloads**

# Attachment Size Healthy Breaks for Pre-school.pdf 619 KB

Healthy Breaks for Pre-school A5 Leaflet IRISH 07\_18.pdf 408.29 KB

### **Tags**

- nutrition
- healthy break
- school food

### <u>Print</u>