



Promoting positive mental health at work: a guide for employers

This booklet is one in a series aimed at promoting health in the workplace. It outlines to employers the importance of employees' mental health, good practice to support positive mental health at work, the legal requirements with regard to working environments and mental health, and key steps for action.

Published

31 January 2014

Last reviewed

26 March 2014

Details

Format

8 page A5 booklet

Target group

Participating businesses, those working in the field of workplace health, and organisations interested in developing their own workplace health programmes

Downloads

Attachment	Size
Promoting Mental Health At Work LR 01 14 0.pdf	195.75 KB

Share this page

- [Share by email](#)
- [Share on X](#)
- [Share on Facebook](#)
- [Share on LinkedIn](#)
- [Share on WhatsApp](#)
- [Download as PDF](#)

Was this page useful?

Yes No

Thank you for your feedback.

Sorry to hear that. [Tell us what went wrong.](#)