



# Smoking: know the facts

This leaflet outlines the health and financial benefits of stopping smoking. It provides key facts on the health dangers associated with smoking, information on second-hand smoke, information on the dangers of smoking to babies, and contact details for help and support available. It also lists the various forms of nicotine replacement therapy (NRT) and non-nicotine medications available.

This poster highlights some of the main health and financial benefits of stopping smoking. An associated A5 leaflet goes into detail on these areas.

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01 February 2017

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13 September 2018

## Details

Format

6 page A5 leaflet and A3 poster

Target group

Smokers

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[Smoking Know the Facts A5 Leaflet 01 17 FINAL 5.pdf](#) 442.35 KB

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- [financial](#)
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