



# Ethnic Minorities Mental Health Toolkit - a guide for practitioners

This toolkit considers how mental health is viewed in different cultures, barriers to accessing services, cultural competences in mental health, 'dos and don'ts' quick reference guide.

There is also information on interpreting and translation services as well as other support organisations that practitioners can refer clients to.

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## Details

Format

A4 PDF, 49 pages

Target group

Practitioners working with people from ethnic minority backgrounds

## Downloads

Attachment	Size
<a href="#">The practitioner's toolkit Mental health and ethnic minority groups 2025</a>	1.12 MB

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