

Tuesday, 23 December 2025

[Health and Social Wellbeing Improvement](#)



This toolkit considers how mental health is viewed in different cultures, barriers to accessing services, cultural competences in mental health, 'dos and don'ts' quick reference guide.

There is also information on interpreting and translation services as well as other support organisations that practitioners can refer clients to.

Details

Format

A4 pdf, 49 pages

Target group

Practitioners working with BME (Black and Minority Ethnic) individuals and groups

Downloads

Attachment	Size
The practitioner's toolkit Mental health and ethnic minority groups 2025	1.12 MB

Tags

- [mental health](#)
- [ethnic minority groups](#)

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