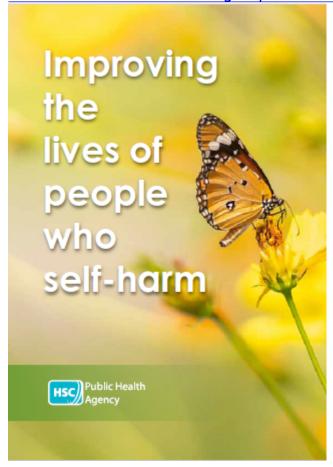
#### Wednesday, 12 March 2025

Health and Social Wellbeing Improvement



This leaflet offers information and advice for people who have self-harmed and their families, carers or friends. It will help people understand more about self harm and how to get support.

## **Details**

**Format** 

A5 12 pages

Target group

This leaflet is aimed at people who self-harm and their familes/carers/friends.

### **Downloads**

**Attachment** 

Size

Improving the lives of people who self-harm 03.25.pdf 494.43 KB

# Tags

- self harm
- self-harm

### <u>Print</u>