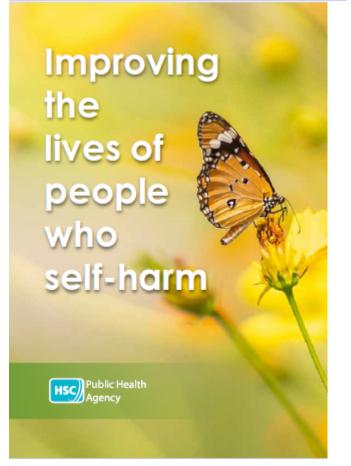
Wednesday, 12 March 2025 Health and Social Wellbeing Improvement



This leaflet offers information and advice for people who have self-harmed and their families, carers or friends. It will help people understand more about self harm and how to get support.

## Details

Format A5 12 pages Target group This leaflet is aimed at people who self-harm and their familes/carers/friends.

## **Downloads**

AttachmentSizeImproving the lives of people who self-harm 03.25.pdf494.43 KB

## Tags

- self harm
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