

Monday, 06 November 2023

[Health and Social Wellbeing Improvement](#)



This leaflet aims to encourage breastfeeding mothers to continue breastfeeding after they have returned to work.

It highlights the benefits of continuing to breastfeed, sets out the options for combining breastfeeding and work, explain the rights breastfeeding mothers have to support from their employer, and outlines what facilities and equipment mothers will need to express milk at work.

Details

Format

A4, 12 pages

Target group

Mothers

Downloads

| Attachment | Size |
|--|-----------|
| Breastfeeding and returning to work leaflet 2023 | 413.81 KB |

Tags

- [breastfeeding mothers](#)
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