Tuesday, 11 November 2025



This leaflet aims to encourage breastfeeding mothers to continue breastfeeding after they have returned to work.

It highlights the benefits of continuing to breastfeed, sets out the options for combining breastfeeding and work, explain the rights breastfeeding mothers have to support from their employer, and outlines what facilities and equipment mothers will need to express milk at work.

Details

Format
A4, 12 pages
Target group
Mothers

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Attachment Size

Breastfeeding return to work.pdf 4.06 MB

Tags

- breastfeeding mothers
- work

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