



Promoting breastfeeding for mothers returning to work: a guide for employers

This booklet is the third in a series of Work Well guides aimed at promoting health in the workplace. It outlines to employers the business benefits of encouraging mothers to continue breastfeeding on return to work, the health benefits of breastfeeding for mums, the legislation affecting mothers at work, and some easy steps that employers can take to support breastfeeding mothers.

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Details

Format

12 page A5 booklet

Target group

Participating Work Well businesses, those working in the field of workplace health, and organisations interested in developing their own workplace health programmes

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