

Individual
healthcare plan for
Type 1 diabetes



for children/young people
with diabetes in schools
and Early Years settings



HSC Health and
Social Care

Individual healthcare plan for Type 1 diabetes

This individual healthcare plan is intended to be completed by the Diabetes Specialist Nurse for any child or young person with Type 1 diabetes in a school or Early Years setting. It is recommended that the plan should be discussed and agreed annually between the Specialist Nurse, parent/carer and the school. It provides a summary of day-to-day care, including regular times for blood glucose monitoring and insulin administration, the level of supervision required, special dietary needs and adaptations required when exercising. It also includes action plans for hypoglycaemia and hyperglycaemia.

The PDF version below can be completed electronically and printed if required.

Published

18 June 2020

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18 June 2020

Details

Format

8 pages, A4 booklet

Target group

Diabetes Specialist Nurses working with children and young people with Type 1 diabetes

Downloads

Attachment	Size
healthcare plan with fields.pdf	2.23 MB

Tags

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- [blood glucose](#)
- [insulin](#)
- [hypoglycaemia](#)
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