



The Culture of Dying Matters

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[#TheCultureOfDyingMatters](#)



Sudden Infant Death

Never, ever fall asleep with your baby on an armchair or sofa.



Never, ever allow anyone who has been smoking, drinking or taking drugs (including medication) to share a bed with your baby.



The safest place for baby to sleep is on their back in a Moses basket or cot in your room for the first six months.







#PositiveAgeingMonth



**Positive
Ageing
Month**
October









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