



**The safest place for your baby is in a Moses basket or cot in the room for the first six months, even during the day.**

**Never, ever fall asleep with your baby on an armchair or sofa.**



**Never, ever allow anyone who is not a trained professional to**



your home this Christmas



Public Health  
Agency



# The Culture of Dying Matters

5-11 May 2025

[#TheCultureOfDyingMatters](#)





# Sudden Infant Death

**Never, ever fall asleep with your baby on an armchair or sofa.**



**Never, ever allow anyone who has been smoking, drinking or taking drugs (including medication) to share a bed with your baby.**



**The safest place for baby to sleep is on their back in a Moses basket or cot in your room for the first six months.**









#PositiveAgeingMonth



**Positive  
Ageing  
Month**  
October





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