HSC) Public Health



HSC Public Health Agency





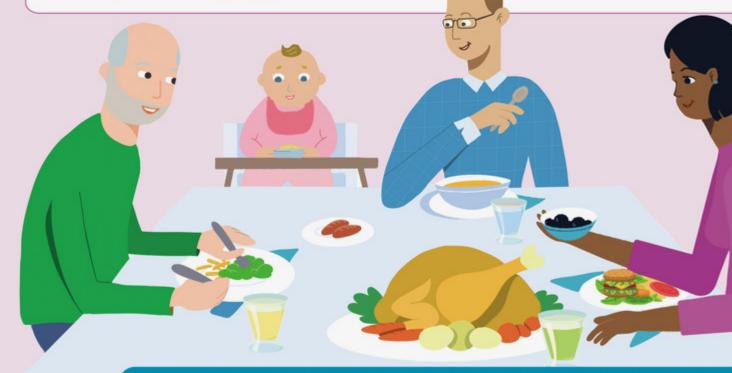
SWALLOW

Difficulties eating, drinking or swallowing can have a huge impact on your quality of life.

Speak to a Healthcare Professional* if you or your loved on ever experience any of the following during or after swallow *A healthcare professional is a GP, Nurse, Speech and Language Therapist or Dietitian.

- Choking
- Chestiness without symptoms of a cold
- Coughing or gagging
- Pain or great effort
- Change in voice quality, e.g. 'wet' or 'gurgly'

- Food left behind in the m
- Changes in breathing, e. breathlessness or gasping
- High risk behaviours, like chewing enough, overfill the mouth, eating or drin too quickly



Follow this link for more information https://tinyurl.com/EDS-animation









The Experience of Re Care Home Residents

Patient and Client Council and you about your experiences

To access the survey visit:

www.surveymo

Or if you would like to receive

0289536286

Swallow Awareness 17 March 2021



PALIATIVE CARE WEEK 9-15 SEPTEMBER







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