

Thursday, 31 October 2019

[Health Protection](#)



Stay Well This Winter encourages people, especially those at most risk of a preventable hospital admission, to take actions that will help them stay well during the winter months.

The leaflet is tailored for each of the HSC Trust areas and provides key advice on the range of services available, with a particular focus on encouraging people to use services appropriately.

It is distributed to participating pharmacies as part of the Living Well campaign, which covers up to six health promotion topics each year. Living Well campaign topics are agreed between the HSCB, Community Pharmacies NI and the PHA.

Details

Format

A5 8 pages

Target group

General public

Downloads

Attachment	Size
Stay well Belfast trust A5.pdf	565.12 KB
Stay well Northern trust A5.pdf	567.8 KB
Stay well South Eastern trust A5.pdf	568.21 KB
Stay well Southern trust A5.pdf	564.22 KB
Stay well Western trust A5.pdf	564.27 KB
Print	