

Wednesday, 15 April 2020

[Health and Social Wellbeing Improvement](#)

## Grief and bereavement during the COVID-19 pandemic

Supporting yourself  
and others

 HSC Public Health  
Agency



These booklets provide advice for people who have experienced a bereavement during the COVID-19 pandemic period. The first two booklets offer advice on dealing with grief and bereavement, and practical advice on dealing with those aspects of a death that may be different during the pandemic period. They were produced by consultant clinical psychologists in conjunction with the HSC Bereavement Network. A small number of copies have been printed and supplied to the Trust bereavement coordinators, and the booklets can also be downloaded as PDFs below.

The third booklet deals with helping children to cope with the death of a loved one, and was prepared by Psychological Services at the Belfast Health and Social Care Trust. It is only available as a PDF download.

## Details

Format

A5, 16 pages, booklet

Target group

General public

## Downloads

Attachment	Size
<a href="#">Covid-19 Grief and bereavement Support A5 Booklet 06_20 final.pdf</a>	757.52 KB
<a href="#">Covid-19 Death Practical Advice A5 Booklet 06_20 final.pdf</a>	667.44 KB
<a href="#">Saying Goodbye workbook for children Final 04_20.pdf</a>	2.8 MB

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