

Tuesday, 18 August 2020

[Health Protection](#)



This booklet for the public gives advice on how to shop more safely during the COVID-19 pandemic in order to protect yourself and others and help prevent the virus spreading. It includes a meal planner and shopping list to help you manage your shopping.

Guidance for testing and tracing for COVID-19 has changed since publication, see [Coronavirus \(COVID-19\): testing | nidirect](#) for details.

Details

Format

A4, 6pp booklet, PDF only

Target group

General public

Downloads

Attachment	Size
Shopping advice during COVID-19 booklet 0820	1.36 MB

Tags

- [covid-19](#)
- [coronavirus](#)
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