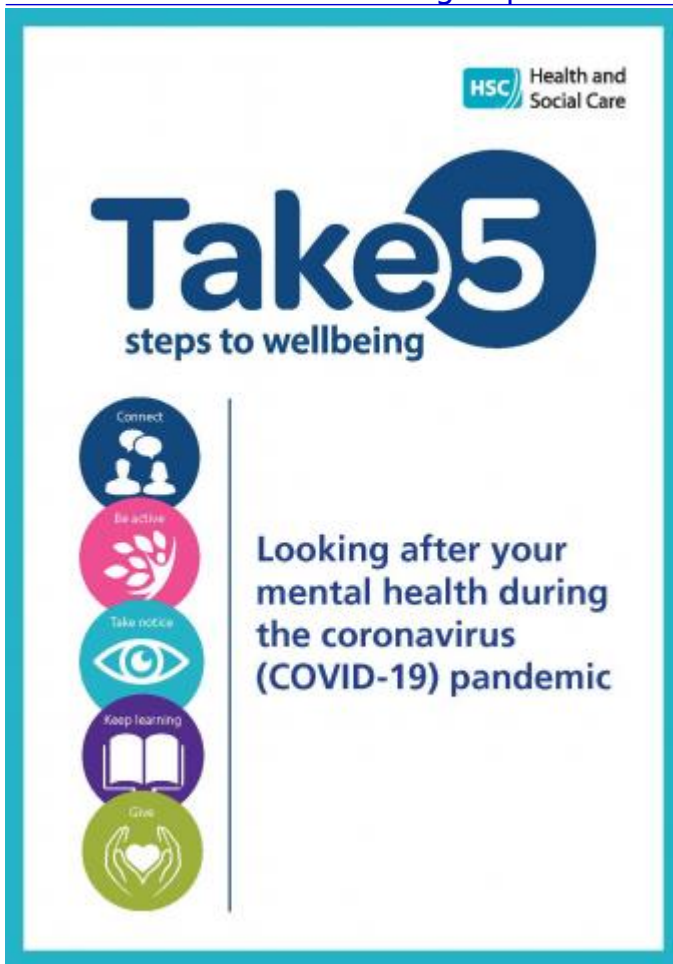


Thursday, 23 July 2020

[Health and Social Wellbeing Improvement](#)



Based on the Take 5 steps to wellbeing, this leaflet offers tips on supporting your mental and emotional wellbeing during the coronavirus pandemic.

Details

Format

A5 4 page leaflet

Target group

General public

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Attachment**Size**

[Coronavirus Take 5 A5 4pp final 07_20.pdf](#) 283.19 KB

Tags

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