

Wednesday, 17 December 2025

## [Health Protection](#)



The Northern Ireland Bowel Cancer Screening Programme introduced quantitative faecal immunochemical testing (FIT) as the primary bowel cancer screening test in January 2021. Quantitative FIT is more sensitive than the existing test, simpler to carry out and requires only one sample rather than three. In other parts of the UK introducing FIT has resulted in an increase in screening uptake.

This leaflet provides easy-to-follow instructions on how to take the test.

Cancer Research UK have developed an animated video explaining how to complete the screening test: <https://youtu.be/hS2Sp2Ex0z4>

Further information on the bowel cancer screening programme is available on NI direct at [Bowel cancer screening | nidirect](#)

## Details

Format

A4

Target group

Prospective Participants in the Northern Ireland Bowel Cancer Screening Programme.

## Downloads

Attachment	Size
<a href="#">Arabic Bowel Screening Instructional A4 10_23_ar-SA.pdf</a>	1009.86 KB
<a href="#">Bulgarian Bowel Screening Instructional A4 10_23_bg-BG.pdf</a>	958.25 KB
<a href="#">Chinese Simplified Bowel Screening Instructional A4 10_23_zh-CN.pdf</a>	987.37 KB
<a href="#">Chinese Traditional Bowel Screening Instructional A4 10_23_zh-HK.pdf</a>	983.82 KB
<a href="#">Irish Bowel Screening Instructional A4 10_23_ga-IE.pdf</a>	1.33 MB
<a href="#">Bowel Screening – Instructional A4 11_25.pdf</a>	804.12 KB
<a href="#">Latvian Bowel Screening Instructional A4 10_23_lv-LV.pdf</a>	1.45 MB
<a href="#">Lithuanian Bowel Screening Instructional A4 10_23_lt-LT.pdf</a>	1.45 MB
<a href="#">Polish Bowel Screening Instructional A4 10_23_pl-PL.pdf</a>	1.48 MB
<a href="#">Portuguese Bowel Screening Instructional A4 10_23_pt-PT.pdf</a>	1.48 MB
<a href="#">Romanian Bowel Screening Instructional A4 10_23_ro-RO.pdf</a>	1.47 MB
<a href="#">Slovak Bowel Screening Instructional A4 10_23_sk-SK.pdf</a>	1.49 MB
<a href="#">Somali Bowel Screening Instructional A4 10_23_so-SO.pdf</a>	1.48 MB
<a href="#">Tetum Bowel Screening Instructional A4 10_23_tm-ID.pdf</a>	1.45 MB

## Tags

- [cancer](#)
- [screening](#)
- [bowel cancer screening](#)

[Print](#)