



The latest Living Well campaign, 'Care in the sun' highlights the importance of protecting yourself from over exposure to UV either from the sun or sunbed use.

The 'Care in the sun' campaign is running in Living Well community pharmacies during April and May 2026.

Living Well is a community-based pharmacy service offered in over 500 pharmacies across Northern Ireland. It is delivered in partnership with the Public Health Agency, Community Pharmacy NI and the Department of Health. The service supports people to improve their health and wellbeing by:

- raising awareness of various public health messages and campaigns;
- sharing of health and wellbeing information;
- signposting to a relevant health professional, service or support in the community;
- using behavioural interventions, if appropriate.

Through the Living Well service, pharmacies help you to address risk factors that contribute to ill health in Northern Ireland.

To find out more about protecting your skin and how to check your skin for any changes, pick up your free [Skin cancer: What you need to know](#) leaflet from your local participating community pharmacy. If you need help and support, speak to a member of the pharmacy team.

Further information on how to be UV aware can be found at [www.careinthesun.org/uv](http://www.careinthesun.org/uv)

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