Thursday, 13 March 2025 Health and Social Wellbeing Improvement



Don't hide your real feelings. Talking really helps. Lifeline 0808 808 8000 Call free, 24 hours a day

Call free, 24 hours a day www.lifelinehelpline.info



This leaflet and set of posters provide brief information on how to contact the Lifeline crisis response helpline and what support Lifeline can provide to those in distress or despair. More information is available on the Lifeline website at <a href="https://www.lifelinehelpline.info">www.lifelinehelpline.info</a>

## Details

Format 2 pages, A5, flyer and 3 A3 posters Target group General public

## Downloads

Attachment	Size
Lifeline_flyer_03_25.pdf	99.98 KB
Lifeline posters_A3_03.25.pdf	18.65 MB

## Tags

- mental health
- support services

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