Thursday, 13 March 2025 Health and Social Wellbeing Improvement



Don't hide your real feelings. Talking really helps. Lifeline 0808 808 8000 Call free, 24 hours a day

Call free, 24 hours a day www.lifelinehelpline.info



This leaflet and set of posters provide brief information on how to contact the Lifeline crisis response helpline and what support Lifeline can provide to those in distress or despair. More information is available on the Lifeline website at www.lifelinehelpline.info

Details

Format 2 pages, A5, flyer and 3 A3 posters Target group General public

Downloads

| Attachment | Size |
|-------------------------------|----------|
| Lifeline_flyer_03_25.pdf | 99.98 KB |
| Lifeline posters_A3_03.25.pdf | 18.65 MB |

Tags

- mental health
- support services

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