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[Health and Social Wellbeing Improvement](#)



Recognising that mental ill health is one of the most significant challenges facing our society and public services, the Department of Health launched the *Mental Health Strategy 2021-2031* in June 2021.

The Strategy outlines 35 key actions across three core themes:

- **Promoting mental wellbeing** – supporting good mental health, resilience, and wellbeing throughout society
- **Providing the right support at the right time** – ensuring timely access to appropriate services
- **Developing new ways of working** – transforming how mental health services are designed and delivered

Implementation of the Strategy is co-ordinated by the Public Health Agency through a collaborative, cross-sectoral approach. This is led by a Steering Group and a number of Sub-Groups with members from government departments, health and social care, the community and voluntary sector, and academia.

To learn more about the programme and stay updated, visit the [Mental health strategy - early intervention and prevention page](#).

Details

Format

38 pages, Word document

Target group

Government departments, arms length bodies, HSCTs, voluntary and community sectors, local government

Downloads

Attachment	Size
Mental Health Strategy - Early Intervention and Prevention Action Plan 2022-2025	1.34 MB

Tags

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