SHIP: self-harm intervention programme. Information for patients and families/carers

This leaflet outlines how people who self-harm can be referred to SHIP (the Self-harm Intervention Programme) for support and counselling. The programme aims to equip them with new ways of coping with problems. The leaflet also outlines how their families or carers can access a short period of education and support.

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Details

Format
4 pages, A5 leaflet
Target group
People who self-harm, and their families or carers

Downloads

Attachment	Size
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