

Tuesday, 30 September 2025

[Health Protection](#)



This leaflet highlights actions you can take to protect your health over the winter months and the support available to you through community pharmacies.

The leaflet was produced and distributed to community pharmacies that deliver the Living Well service. Living Well is a community based pharmacy service offered in over 500 pharmacies across Northern Ireland, delivered in partnership with the Public Health Agency, Community Pharmacy NI and the Department of Health.

Details

Format

A5, 6 pages

Target group

All adults, especially those aged 65 or older, people with an underlying health condition, pregnant women, and parents and guardians.

Downloads

Attachment	Size
A5 6 page leaflet - Stay well this winter.pdf	654.56 KB

Tags

- [Living well](#)
- [Stay well this winter](#)
- [Winter vaccines](#)

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