

Tuesday, 18 March 2025

[Health and Social Wellbeing Improvement](#)



This card provides contact details for the free Lifeline helpline, which is available to support people in distress or despair 24 hours a day, seven days a week.

## Details

Format

Double sided wallet card

Target group

General public

## Downloads

Attachment	Size
<a href="#">Lifeline card 03_25.pdf</a>	70.33 KB

## Tags

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