



Lifeline public information leaflet

This leaflet provides information on the Lifeline crisis response helpline, which is available 24 hours a day, seven days a week to support people in distress or despair. It outlines who the helpline is for, how to contact Lifeline and what sort of support can be provided.

Published

18 March 2025

Last reviewed

18 March 2025

Details

Format

6 pages, A5 leaflet

Target group

General public

Downloads

Attachment	Size
Lifeline Info Leaflet A5 6pp 03_25 final.pdf	480.8 KB

Tags

- [Lifeline](#)
- [mental and emotional health and wellbeing](#)
- [suicide prevention](#)
- [support services](#)

Share this page

- [Share by email](#)
- [Share on X](#)
- [Share on Facebook](#)
- [Share on LinkedIn](#)
- [Share on WhatsApp](#)
- [Download as PDF](#)

Was this page useful?

Yes No

Thank you for your feedback.

Sorry to hear that. [Tell us what went wrong.](#)