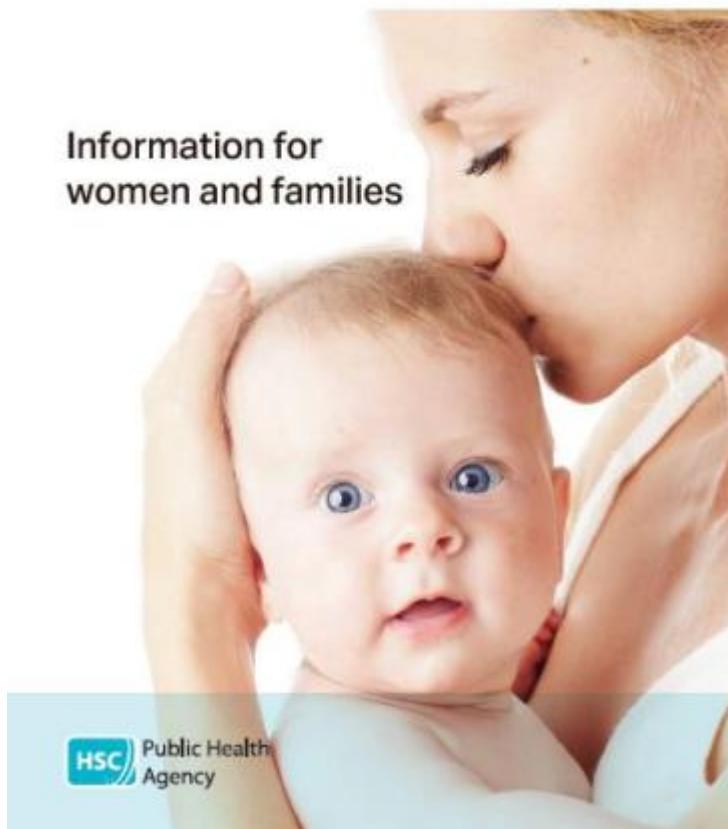


Wednesday, 25 June 2025

Perinatal mental health



This leaflet discusses the help available to women who experience a mental health problem in the perinatal period, the name given to the period during pregnancy and up to one year after birth.

Around one in five women will experience a mental health problem during the perinatal period.

Details

Format

12 page A5

Target group

Pregnant women

Downloads

Attachment	Size
Perinatal Mental Health A5 booklet 05_25.pdf	598.17 KB
Print	