

Wednesday, 13 August 2025

[Health and Social Wellbeing Improvement](#)



These leaflets explain how adults and children may feel after a recent trauma, and provide information on what might help and where to go for support.

Details

Format

6 pages, 1/3 A4

Target group

General public

Downloads

Attachment

Size

Coping After A Traumatic Event - DL leaflet 08_25 final.pdf	436.72 KB
Supporting A Child or Young Person After A Traumatic Event - DL leaflet 08_25 final.pdf	408.04 KB

Tags

- [mental health](#)
- [trauma](#)
- [Adults](#)
- [children and young people](#)

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